AUDIT OF RESEARCH

5th Edition : July 2012
Background to the Audit of Research

As part of the Youth Work Strategy 2005-08, it was agreed that a central directory of research should be maintained, to inform youth work stakeholders. Criteria for inclusion in the directory was that the research should have been conducted in Northern Ireland, should be recent, and should have strategic value to the youth service. The aim of the audit is to inform readers of the availability of relevant research and to give a brief outline of methodology, key findings and conclusions.

How are the publications catalogued?

- Titles referenced SI relate to Social Inclusion
- Titles referenced YW relate to Youth Work practice
- Titles reference PN relate to Participation of young people

How can I get copies of the publications listed?

Contact details are provided for each title, and in most cases the publications are available to download. Many publications listed are available for postal loan (subject to lending conditions) from the resource library at the Curriculum Development Unit (library catalogue can be accessed at www.youthworkni.org.uk) or the Youth Action NI Resource centre (www.youthactionni.org). Some of the older publications may no longer be available -if you have any problems finding a publication, please contact Clare Harvey at the Youth Council.

Where can I find more information on child and youth research?

This directory is limited to publications which have direct relevance to youth work. If you are interested in research on broader child and youth issues, the Child Care Research Forum has published an on-line Book of Research Abstracts. This provides summaries of NI research publications which are relevant to the outcomes of the 10 year Strategy for Children and Young People (www.qub.ac.uk/sites/ccrf). There is also an on-line database of child research at www.ark.ac.uk/orb/child.html

If there are gaps in this directory….

This audit is updated annually. If you are aware of any recent NI-based research publications which would have strategic value to the youth service, please contact the Research unit at the Youth Council NI Tel 02890 643882, or email charvey@ycni.org. Thank you.
<table>
<thead>
<tr>
<th>Ref No.</th>
<th>Date</th>
<th>Title</th>
<th>Publisher</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>SI:01</td>
<td>2004</td>
<td>The importance of being inclusive</td>
<td>Disability Action</td>
<td>Disability</td>
</tr>
<tr>
<td>SI:02</td>
<td>2005</td>
<td>In our sights : reflections on the first 2 years of the Eye Matter young people's project as supported and facilitated by the RNIB NI</td>
<td>Royal National Institute for the Blind NI</td>
<td>Disability (sight)</td>
</tr>
<tr>
<td>SI:03</td>
<td>2001</td>
<td>Big 'D', wee 'd' : The lives of young deaf people in Northern Ireland</td>
<td>NI Deaf Youth Assoc</td>
<td>Disability (hearing)</td>
</tr>
<tr>
<td>SI:04</td>
<td>2003</td>
<td>What about us?</td>
<td>Leonard Cheshire Foundation</td>
<td>Disability</td>
</tr>
<tr>
<td>SI:05</td>
<td>2005</td>
<td>Inclusion Rules OK! Including young people with learning disabilities in mainstream youth provision</td>
<td>Mencap / NEELB [copies Unavailable]</td>
<td>Disability (learning)</td>
</tr>
<tr>
<td>SI:06</td>
<td>2003</td>
<td>Learning to grow up: multiple identities of young lesbians, gay men and bisexual people</td>
<td>NI Human Rights Commission</td>
<td>Sexual orientation</td>
</tr>
<tr>
<td>SI:07</td>
<td>2004</td>
<td>Lifting the limits : an evaluation of the community leadership programme for young mothers</td>
<td>Youth Action NI</td>
<td>Young mothers</td>
</tr>
<tr>
<td>SI:08</td>
<td>2003</td>
<td>Everyday life : Young men, violence and developing youth work practice in Northern Ireland</td>
<td>Youth Action NI</td>
<td>Gender (young men)</td>
</tr>
<tr>
<td>SI:09</td>
<td>2003</td>
<td>Young men and violence – thematic initiative</td>
<td>YouthNet</td>
<td>Gender (young men)</td>
</tr>
<tr>
<td>SI:10</td>
<td>1997</td>
<td>Young men talking : voices from Belfast</td>
<td>Youth Action NI</td>
<td>Gender (young men)</td>
</tr>
<tr>
<td>SI:11</td>
<td>2006</td>
<td>Out on your own : an examination of the mental health of young same sex attracted men</td>
<td>The Rainbow Project</td>
<td>Sexual orientation</td>
</tr>
<tr>
<td>SI:12</td>
<td>2003</td>
<td>Shout! The needs of young people in Northern Ireland who identify as lesbian, gay, bisexual and transgender</td>
<td>YouthNet</td>
<td>Sexual orientation</td>
</tr>
<tr>
<td>SI:13</td>
<td>2000</td>
<td>The excluded adolescent: an exploration of the issues surrounding marginalised young people in Northern Ireland</td>
<td>University of Ulster Jordanstown</td>
<td>Social exclusion</td>
</tr>
<tr>
<td>SI:14</td>
<td>1997</td>
<td>A sense of belonging: young people in rural areas of Northern Ireland speak out about their needs, hopes and aspirations</td>
<td>Youth Action NI</td>
<td>Rural</td>
</tr>
<tr>
<td>SI:15</td>
<td>2003</td>
<td>From strength to strength: the experiences of young people growing up in one parent families in NI</td>
<td>Gingerbread</td>
<td>One parent families</td>
</tr>
<tr>
<td>SI:16</td>
<td>2002</td>
<td>Distant voices: an action research project on young people and rural isolation in the SELB area</td>
<td>SELB/YANI STAY/LYF</td>
<td>Rural</td>
</tr>
<tr>
<td>SI:17</td>
<td>2005</td>
<td>Creating links: an independent evaluation of the rural youth community development programme</td>
<td>Youth Action NI</td>
<td>Rural</td>
</tr>
<tr>
<td>SI:18</td>
<td>2005</td>
<td>Count me in: exploring cultural diversity amongst children and young people</td>
<td>Save the Children</td>
<td>Minority ethnic</td>
</tr>
<tr>
<td>SI:19</td>
<td>2005</td>
<td>Troubled youth? Young people, violence and disorder in Northern Ireland</td>
<td>Institute for Conflict Research</td>
<td>Crime</td>
</tr>
<tr>
<td>SI:20</td>
<td>2007</td>
<td>Still Waiting: The stories behind the statistics of young women growing up in Northern Ireland</td>
<td>Youth Action NI</td>
<td>Gender (young women)</td>
</tr>
<tr>
<td>SI:21</td>
<td>2007</td>
<td>The adequacy and effectiveness of educational provision for traveller children and young people in Northern Ireland</td>
<td>Hamilton, Bloomer, Holohan, Bell Commissioned by NICCY / ECNI</td>
<td>Travellers</td>
</tr>
<tr>
<td>SI: 22</td>
<td>2004</td>
<td>A study of values, attitudes and opinions of young people in the greater Shantallow area</td>
<td>Institute for Conflict Research</td>
<td>Young people</td>
</tr>
<tr>
<td>SI: 24</td>
<td>2008</td>
<td>Segregated Lives – social division, sectarianism and everyday life in Northern Ireland</td>
<td>Institute for Conflict Research</td>
<td>Sectarianism / divided society</td>
</tr>
<tr>
<td>SI:26</td>
<td>2010</td>
<td>Letting me be me: an independent evaluation of Youth Action NI’s Out and About project for young women who identify as other than heterosexual</td>
<td>Youth Action NI</td>
<td>Sexual orientation</td>
</tr>
<tr>
<td>SI: 28</td>
<td>2010</td>
<td>Beyond the Margins : Building Trust in Policing with Young People</td>
<td>Achieve Entreprises &amp; ICR</td>
<td>Young people and policing</td>
</tr>
<tr>
<td>SI: 29</td>
<td>2011</td>
<td>Left out of the equation – a report on the experiences of lesbian, gay and bisexual young people at school</td>
<td>The Rainbow项目 / Cara-friend</td>
<td>Sexual orientation</td>
</tr>
<tr>
<td>SI: 30</td>
<td>2011</td>
<td>A Call to Action – educational disadvantage and the Protestant working class</td>
<td>Dawn Purvis /Working group on educational disadvantage and Protestant working class</td>
<td>Education – Protestant working class</td>
</tr>
<tr>
<td>SI: 31</td>
<td>2010</td>
<td>A Scoping Study of those young people Not in Education, Employment or Training (NEET) in Northern Ireland</td>
<td>Department of Employment and Learning</td>
<td>NEET young people</td>
</tr>
<tr>
<td>SI:32</td>
<td>2007</td>
<td>The impact of poverty on young children’s experience of school</td>
<td>Horgan, G – University of Ulster</td>
<td>Poverty and how it impacts the primary school experience</td>
</tr>
<tr>
<td>SI: 33</td>
<td>2011</td>
<td>Key findings from Primary Research (to inform Review of Youth Justice System in NI)</td>
<td>Queens University Belfast</td>
<td>A review of primary research relating to youth justice / young people’s rights</td>
</tr>
<tr>
<td>YW:01</td>
<td>2003</td>
<td>Worth their weight in gold: an investigation into the career paths and views of community youth work graduates</td>
<td>University of Ulster Jordanstown</td>
<td>Youth workers</td>
</tr>
<tr>
<td>-------</td>
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</tr>
<tr>
<td>YW:02</td>
<td>2005</td>
<td>Detached youth work – Symposium report</td>
<td>Symposium report</td>
<td>Detached Youth work</td>
</tr>
<tr>
<td>YW:03</td>
<td>2003</td>
<td>Upper Shankill area project: a framework for establishing detached youth work projects</td>
<td>Upper Shankill Area Project</td>
<td>Detached Youth work</td>
</tr>
<tr>
<td>YW:04</td>
<td>2005</td>
<td>The nature of youth work in Northern Ireland: purpose, contribution and challenges</td>
<td>University of Ulster / Queens University Belfast</td>
<td>Youth work</td>
</tr>
<tr>
<td>YW:05</td>
<td>2005</td>
<td>In their own words: research on the views of participants of North South school and youth exchange and cooperation</td>
<td>North south Exchange Consortium</td>
<td>Youth Work North/South</td>
</tr>
<tr>
<td>YW:06</td>
<td>2005</td>
<td>Research on the current provision of North South school and youth exchange and cooperative activity 2000-2004</td>
<td>North south Exchange Consortium</td>
<td>Youth Work North/South</td>
</tr>
<tr>
<td>YW:07</td>
<td>2001</td>
<td>JEDI audit: community relations and education for citizenship within the NI youth service</td>
<td>JEDI partnership</td>
<td>Community relations</td>
</tr>
<tr>
<td>YW:08</td>
<td>2004</td>
<td>Acting in good faith: Churches, Change and Regeneration</td>
<td>Churches Community Work Alliance</td>
<td>Role of churches</td>
</tr>
<tr>
<td>YW:09</td>
<td>2003</td>
<td>Windows on Practice</td>
<td>JEDI partnership</td>
<td>Community Relations</td>
</tr>
<tr>
<td>YW:10</td>
<td>2007</td>
<td>Youth work in schools: an investigation of youth work, as a process of informal learning, in formal settings.</td>
<td>University of Ulster</td>
<td>Youth work in schools</td>
</tr>
<tr>
<td>YW:11</td>
<td>2006</td>
<td>Faith based youth work in Northern Ireland</td>
<td>YouthNet Faith based group</td>
<td>Faith based youth work</td>
</tr>
<tr>
<td>Code</td>
<td>Year</td>
<td>Title</td>
<td>Authors/Institutions</td>
<td></td>
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</tr>
<tr>
<td>YW:12</td>
<td>2006</td>
<td>A scoping study on young people volunteering within the youth sector</td>
<td>Volunteering and youth volunteering sub group</td>
<td></td>
</tr>
<tr>
<td>YW:13</td>
<td>2008</td>
<td>Research into the workforce profile of the Youth Work Sector in Northern Ireland</td>
<td>Lifelong Learning UK</td>
<td></td>
</tr>
<tr>
<td>YW:14</td>
<td>2007</td>
<td>A Developmental evaluation of the Spirit of Enniskillen Schools Together Programme 2006-7</td>
<td>University of Ulster</td>
<td></td>
</tr>
<tr>
<td>YW:16</td>
<td>2009</td>
<td>What we want – a consultation on the Priorities for Youth</td>
<td>NI Youth Forum</td>
<td></td>
</tr>
<tr>
<td>YW:17</td>
<td>2009</td>
<td>Priorities for Youth</td>
<td>YouthNet</td>
<td></td>
</tr>
<tr>
<td>YW:18</td>
<td>2009</td>
<td>An independent analysis of responses to DE’s Priorities for Youth consultation</td>
<td>Haydon, D and McAlister, S</td>
<td></td>
</tr>
<tr>
<td>YW:19</td>
<td>2009</td>
<td>Research and Evaluation of Youth Intervention Schemes</td>
<td>OFMDFM</td>
<td></td>
</tr>
<tr>
<td>YW:20</td>
<td>2010</td>
<td>Youth Work in interface areas: Research into the views and opinions of young people and those who work with them</td>
<td>The Terry Enright Foundation</td>
<td></td>
</tr>
<tr>
<td>YW:21</td>
<td>2012</td>
<td>Youth Work Policy and Delivery in Ireland – A North South Context</td>
<td>Youthnet</td>
<td></td>
</tr>
<tr>
<td>PN:01</td>
<td>2004</td>
<td>Beyond the surface: Young people’s views on the draft Youth Work Strategy</td>
<td>NI Youth Forum</td>
<td></td>
</tr>
</tbody>
</table>

Report of a consultation with young people
<table>
<thead>
<tr>
<th>PN:02</th>
<th>2001</th>
<th>Seen and Heard: consulting and involving young people within the public sector</th>
<th>Youth Council for NI</th>
<th>Consultation and participation</th>
</tr>
</thead>
<tbody>
<tr>
<td>PN:03</td>
<td>2006</td>
<td>Young people’s views on NI suicide prevention strategy</td>
<td>Young Citizens in Action: VSB</td>
<td>Report of a consultation with young people</td>
</tr>
<tr>
<td>PN:05</td>
<td>2005</td>
<td>Turning up the Sound: the feasibility of establishing a consortium to support the involvement of children and young people in public decision-making processes</td>
<td>Youth Council NI/NI Youth Forum/YouthNet/Save the Children</td>
<td>Consultation and participation</td>
</tr>
<tr>
<td>PN:06</td>
<td>2004</td>
<td>Regional consultation with young people to assist in the delivery of the NICCY conference on self harm and suicide among young people</td>
<td>Opportunity Youth</td>
<td>Report of a consultation with young people</td>
</tr>
<tr>
<td>PN:07</td>
<td>2006</td>
<td>Youth participation in the democratic process</td>
<td>Institute for Conflict Research</td>
<td>Youth engagement in electoral and democratic processes</td>
</tr>
<tr>
<td>PN:08</td>
<td>2006</td>
<td>Refer 2 Us – safe and happy consultation report</td>
<td>Barnardos</td>
<td>Report of peer research with young people</td>
</tr>
<tr>
<td>PN:09</td>
<td>2007</td>
<td>Evaluation of Young Voices project 2004-2007</td>
<td>Include Youth</td>
<td>Evaluation of a participative initiative</td>
</tr>
<tr>
<td>PN:10</td>
<td>2006</td>
<td>Consultation with young people on the Northern Ireland Network for Youth</td>
<td>Northern Ireland Youth Forum</td>
<td>Report of a consultation with young people</td>
</tr>
<tr>
<td>PN:11</td>
<td>2007</td>
<td>Audit of participative structures for children and young people in Northern Ireland</td>
<td>Northern Ireland Youth Forum – the Big Deal</td>
<td>Mapping current participative structures</td>
</tr>
<tr>
<td>PN:12</td>
<td>2008</td>
<td>Young Life and Times Survey (2007 Dataset)</td>
<td>ARK - QUB</td>
<td>Survey of 627 16 year olds on a range of issues</td>
</tr>
<tr>
<td>PN:13</td>
<td>2008</td>
<td>Young Persons’ Behaviour and Attitudes Survey</td>
<td>Central Survey Unit, NISRA</td>
<td>Survey of over 6000 young people and their behaviour and attitudes</td>
</tr>
<tr>
<td>PN:14</td>
<td>2008</td>
<td>Youth councils in Northern Ireland</td>
<td>Northern Ireland Youth Forum – the Big Deal</td>
<td>Qualitative study of youth councils</td>
</tr>
<tr>
<td>-------</td>
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<td>---------------------------------------------</td>
<td>-----------------------------------</td>
</tr>
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<td>PN:15</td>
<td>2008</td>
<td>What Kids Think. Results of the 2008 Kids Life and Times survey</td>
<td>Kids Life and Times (QUB, UU)</td>
<td>Survey of 3,440 eleven year olds</td>
</tr>
<tr>
<td>PN:16</td>
<td>2007</td>
<td>Working it out – Seminar report</td>
<td>The Big Deal</td>
<td>Report of seminar on participation</td>
</tr>
<tr>
<td>PN:17</td>
<td>2009</td>
<td>Children in Transition Experiencing marginalisation and conflict in Northern Ireland</td>
<td>McAlister, S, Scraton, P, Haydon, D</td>
<td>An in-depth qualitative study of 200 young people aged 8-25 from disadvantaged communities</td>
</tr>
<tr>
<td>PN:18</td>
<td>2010</td>
<td>It’s good to Listen : experiences of pupils with special educational needs</td>
<td>Staff Commission</td>
<td>Survey of 936 pupils with Special Educational needs</td>
</tr>
<tr>
<td>PN:19</td>
<td>N/A</td>
<td>Inventing Adults : a qualitative dataset on young people growing up in England and NI 1996-2006</td>
<td>London South Bank University</td>
<td>Longitudinal study of young people in England and Northern Ireland</td>
</tr>
<tr>
<td>PN:20</td>
<td>2010</td>
<td>Young Life and Times Survey (2009 Dataset)</td>
<td>ARK - QUB</td>
<td>Survey of 857 16 year olds</td>
</tr>
<tr>
<td>PN:21</td>
<td>2011</td>
<td>Young Life and Times Survey (2010 Dataset)</td>
<td>ARK - QUB</td>
<td>Survey of 786 16 year olds</td>
</tr>
<tr>
<td>PN:22</td>
<td>2012</td>
<td>Young Life and Times Survey (2011 Dataset)</td>
<td>ARK - QUB</td>
<td>Survey of 1,435 16 year olds</td>
</tr>
<tr>
<td>PN:23</td>
<td>2011</td>
<td>Young people’s views and experiences of the Youth Justice system</td>
<td>Include Youth/Youth Safety Network</td>
<td>Qualitative responses of 80 young people to inform a submission to the Review of Youth Justice</td>
</tr>
<tr>
<td>PN:25</td>
<td>2009</td>
<td>The rights and entitlements of young people aged 16-17 across Northern Ireland</td>
<td>Northern Ireland Anti-Poverty Network</td>
<td>Focus groups with 34 young people aged 16 or 17, looking at experiences of poverty</td>
</tr>
<tr>
<td>PN:26</td>
<td>2011</td>
<td>Teenage Drinking Cultures</td>
<td>Queens University Belfast, School of sociology, social policy and social work</td>
<td>1x1 interviews with 41 teenagers from 8 friendship groups, studying onset and development of drinking behaviours</td>
</tr>
<tr>
<td>PN:28</td>
<td>2010</td>
<td>What Kids Think. Results of the 2010 Kids Life and Times survey</td>
<td>Kids Life and Times (QUB, UU)</td>
<td>Survey of 5,192 10-11 year olds</td>
</tr>
<tr>
<td>--------</td>
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</tr>
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<td>2011</td>
<td>What Kids Think. Results of the 2011 Kids Life and Times survey</td>
<td>Kids Life and Times (QUB, UU)</td>
<td>Survey of 4,192 10-11 year olds</td>
</tr>
<tr>
<td>PN:30</td>
<td>2011</td>
<td>Young Persons Behaviour and Attitudes Survey</td>
<td>NISRA Central Survey Unit</td>
<td>Survey of 7,616 11-16 year olds</td>
</tr>
<tr>
<td>PN:31</td>
<td>2010</td>
<td>The mental and emotional health of 16 year olds in Northern Ireland</td>
<td>Patient and Client council</td>
<td>Data derived from Young Life and Times surveys 2003-2009</td>
</tr>
</tbody>
</table>
Ref: Si:01

**Title: The Importance of Being Inclusive**

**Theme:** Examples of youth work practice involving young disabled people in Northern Ireland.

**Year of Publication:** 2003/04

**Author:** Hazel Gordon, University of Ulster Jordanstown

**Publishers/Agency:** Commissioned by Disability Action and Disability Interagency Support Group

**Pages:** 89

**Aim of Publication:** To identify and describe good youth work practice and to inform strategic development in the youth service.

**Methodology:** The study was qualitative and indepth in nature. The research sample included five disability organisations which work with young people (Action Mental Health, Blind Centre NI, Mencap, NI Deaf Youth Association, and Phab Inclusion Matters) and five mainstream youth work settings which had been nominated by each of the Education and Library Boards. Semi-structured interviews were conducted with a total of 16 young people with disabilities, and ten youth work practitioners. The interviews were audio recorded and recurrent themes were then extracted from the transcriptions.

**Findings:** 2.5% of the membership of all registered youth groups in Northern Ireland are young people with a disability – a proportion which the report refers to as ‘discouragingly low’. However the report does recognise that some workers show great commitment to delivering inclusive practice, and the research findings highlight some of the methods, barriers and outcomes of such practice. The report notes disability organisations tend to advocate youth provision on a continuum, starting with segregation and moving towards inclusion, based on the capacity of the young person involved. However the five case studies of disability organisations demonstrate that the goal of integration may be hampered by the under-capacity of mainstream youth providers to offer inclusive and accessible opportunities.

The research looks in some detail about the issues involved in promoting inclusive youth work, such as support needs, transport, accessibility, methods used to advertise youth groups, deployment of designated workers, and preparatory work such as induction meetings with parents.

Key issues were identified as resource limitations – including staffing, training and funding – and also attitudinal barriers (which includes attitudes of some parents of disabled young people who may perceive segregated provision as ‘safer’ for their children). The research also studied perceived benefits of inclusive practice, not only for the young people involved but for non disabled young people and for youth organisations.
In terms of the direct impact of inclusive youth provision on young people with disabilities, the report found strong evidence that inclusion enhanced young people’s self confidence and increased their opportunities for skills development.

**Critique:** This research set out to identify and describe good youth work practice involving young disabled people throughout Northern Ireland. Both the workers and the young people involved in the research were highly motivated and enthusiastic about their experiences. There can be no doubt that the research has identified excellent youth work practice, and this was largely attributed to the personal commitment of individual youth workers. These findings could be instrumental in the development and implementation of inclusive strategies in youth provision for both the Education and Library boards and voluntary sector disability organisations. However, the research process also indicated that this excellence is not likely to be typical and widespread.

**Conclusions:**

- Previous studies carried out by statutory and voluntary organisations have consistently shown that there are limited opportunities for young disabled people to attend and benefit from youth provision in NI
- The findings show that there are pockets of excellent youth work practice involving young disabled people in Northern Ireland
- Whilst the research participants were enthusiastic about their experiences the process indicated that inclusive practice might not be widespread
- There is a suggestion that, despite section 75 of NI Act 1998, which places a duty on statutory bodies to develop and implement policies and strategies that will lead to equal opportunities for everyone, there is a reliance on the voluntary disability organisations to meet the needs of young disabled people. Further, the findings clearly show that inclusive youth work takes place in a poorly resourced sector.
- This research demonstrates the need for a comprehensive empirical study into the existing youth provision available. Further research would help facilitate the policy-making process and map the organisations’ activities, locations, funding, resources and number of staff involved.

**Report can be downloaded from:** [www.disabilityaction.org](http://www.disabilityaction.org) following the links Publications….Young People

Disability Action Tel: 02890297880
Aim of Publication: To consider the major issues and concerns of young people with sight difficulties.

Methodology: EYE MATTER is a group of young people with sight difficulties from Northern Ireland which provides a platform for young people to express themselves through a range of self programmed activities.

The two main objectives of the research were to establish a perspective of the impact of the EYE MATTER project on participating members and to determine the major issues and concerns of young people with sight difficulties who live in Northern Ireland.

Research methodology was qualitative and entailed the researcher attending EYE MATTER events and meetings over an eighteen month period to observe, listen to, converse with and interview EYE MATTER members. As a result of this contact the researcher compiled six profiles or case studies of participating members which convey what EYE MATTER has meant to them.

Critique: Whilst the nature and extent of the impact of involvement in EYE MATTER varied between members, a number of positive benefits were discernible amongst core members. There was an increased sense of collective self-confidence and self-esteem which manifested itself through camaraderie, acquiring a voice, being more assured of capabilities and potential and gaining a better understanding of the dynamics of the forces that shape their lives. Members also reported a reduction in feelings of isolation and loneliness. Both ‘hard’ and ‘soft’ skills have also been acquired and developed through ICT, advocacy, decision making and leadership.

However, the study raises important questions about the concerns of EYE MATTER members on issues which impact negatively on their lives. There was a strong conviction that people with physical and sensory difficulties have historically had their needs and interests less well represented than others. Participants felt that attitudes based on a mixture of pity and fear led them to being patronised, excluded and ignored. Current education and youth service provision arrangements were
reported as being grossly inadequate and failing them to fulfil their potential. Employment, accessibility of information, transport and independent living were also major issues of concern for study participants.

Conclusions:
Whilst the immediate future of EYE MATTER was secured through extended funding from the Youth Council of NI, the major difficulty faced was that existing funds did not allow for the employment of a dedicated Development Officer. A dedicated Development Officer could help raise awareness of the major employment, education, health, housing and youth service issues and concerns which were highlighted in the study.

Report available from: (limited copies available)

RNIB NI
40 Linenhall Street, Belfast BT2 8BA
Tel 02890 329373
Title: Big'D’ wee ‘d’: The lives of young deaf people in Northern Ireland

Theme: Young people with hearing difficulties

Year of Publication: 2001

Authors: Barry Campbell, Caroline Doherty, Teresa Geraghty, Pat Henry, Michael Johnston, Elizabeth McArdle

Publishers/Agency: The Northern Ireland Deaf Youth Association (NIDYA)

Pages: 79

Aim of Publication: To present the views of young deaf people in relation to their experiences of living in Northern Ireland

Methodology: The study explored the attitudes and opinions of young deaf people, on existing social, educational and support services which aim to meet their needs. This was achieved through quantitative and qualitative data collection and analysis.

A purposive sampling technique was employed for the study which involved 100 young deaf people who were known to the Northern Ireland Deaf Youth Association (NIDYA) with 60% of survey respondents drawn directly from NIDYA membership. These young deaf people were drawn from different age, religion, gender, geographical background and level of deafness.

Approximately 50 young deaf people participated in semi-structured focus group interviews. One of the most important elements of the qualitative data collection was that the interviews were mainly conducted by at least one of three deaf researchers from NIDYA. The researcher’s identities assumed particular importance because of the increased awareness of deaf issues and the use of sign language contributed to the ease and flow of information. An interpreter assisted by verbalising all the information communicated by sign. The recordings from the interviews were all transcribed and analysed thematically. To corroborate findings and enhance the validity of existing data, three individuals agreed to be interviewed and presented as Case Studies.

The title Big ‘D’, wee ‘d’ was taken from one of the key issues under discussion among deaf people in general – Big ‘D’ representing those people who identify themselves with deaf identity, language, culture and community and wee ‘d’ referring to a wider group, encompassing all deaf people.
Critique: Research which illustrates a life as lived by a member of a community has the advantage of educating others from the 'inside out'. The reader is therefore presented with a deeper insight into the personal, functional and political issues which face young deaf people in Northern Ireland. As a minority group the participants are very clear about the changes necessary to ensure a strongly recognised cultural deaf identity. The participants ultimately expressed the need to be recognised on an equal basis and to be given the right to self-determination, intellectual development and educational achievement.

Conclusions:

- While the perceived proficiency in sign language of study participants did vary, it was very apparent that the majority of these young deaf people had a preference for sign language to meet their communication needs.

- 43% of participants indicate that almost all their friends are deaf. 96% have friends from different religious backgrounds which would suggest that religion/politics does not appear to be an issue for young deaf people.

- The study demonstrated that the education of young deaf people in Northern Ireland is an area of concern. The findings emphasised the pressing need for the Department of Education to carry out an extensive review of the adequacy and standard of education provision for young deaf people in Northern Ireland.

- Within the world of work, research participants identified many barriers including discrimination, negative attitudes, linguistic and cultural isolation, exploitation and under-employment, in spite of legislative protection.

- Mental Health support services are inadequate, and some young deaf people had to access counsellors from England. Others were unaware that such a service existed. The development of specialist counselling and psychiatric services for young deaf people would be of immeasurable importance to them.

- In Northern Ireland the expression of culture and identity consumes the political and religious 'hearing' communities of Protestants and Catholics. But in the deaf community, deaf identity is so strong that it supersedes the religious or political identities. The message is clear, deaf identity is fundamental to self-determination and fulfilment.

Report available from:

The Northern Ireland Deaf Youth Association (NIDYA)
5 College Sq North
Belfast BT1 6AR
Tel: 028 90 438566
Ref: SI:04

**Title: What about us?**

**Theme:** Adequacy of youth service provision for young people with disabilities

**Year of publication:** 2003

**Author:** Hazel Gordon

**Publisher:** Leonard Cheshire Foundation

**Pages:** 49

**Aim of publication:** An exploration of the physical and additional barriers to youth provision facing young people in the South Education and Library Board (SELB) area.

**Methodology:** A research advisory group was established to bring together expertise and to provide support for the researcher. The group's role was to guide, inform and monitor the research process so that best practice was observed.

Fieldwork conducted in 2002 gathered qualitative and quantitative information by means of: i) Focus groups with 36 young people aged 10-25 with a disability; ii) questionnaires completed by 20 youth workers from full time youth service provision; and iii) an access audit of youth club premises. The latter was carried out by Disability Action to obtain an objective view on access in a sample of 6 full time youth centres (3 each from the voluntary and statutory sectors).

**Critique:** In its introduction the report provides details about the incidence of disability in N. Ireland and notes that although 40% of young people in N Ireland attend youth clubs, very few young disabled people are members of mainstream youth clubs. Reference is made to a number of research papers and to the UN Human Rights and disabled persons study. There is also an extensive bibliography which includes details of several Northern Ireland papers with a disability focus.

The Appendices include a brief history of disability; a comprehensive review of the legislative framework which applies; and details of the research methodology.

The research found that only 3 of the 36 respondents attend mainstream youth clubs but 10 attend youth clubs specifically for people with a disability. In addition 2 attend uniformed organisations. The youth workers data indicated that only 102 young people with a disability attend youth clubs out of a membership of 4000 ie 2.6%.

The report contains useful comments from the young people and also notes that youth workers have been trying to address the situation by introducing new initiatives. Physical barriers were not considered to be the only problem relating to...
potential membership, and attitude was seen to be a major barrier. There has been some disability awareness training for youth workers but this had not necessarily resulted in greater participation by young people with a disability.

Conclusions:
The recommendations of the report are made under 2 headings: Practice and Resources.

Practice
- The recommendations relate to policy statements and initiatives
- There should be training strategies, including sign language, to promote inclusion including the development of a shared risk strategy developed by young disabled people, their parents and youth workers
- An active recruitment drive targeted at young disabled people and the introduction of a buddy/peer educator and mentoring system

Resources
- The recommendations included specific recommendations for some of the youth clubs and more general recommendations about improvements which youth groups and organisations could make to improve access.

Report available from:
Leonard Cheshire Regional Office
5 Boucher Plaza
4-6 Boucher Road
Belfast
BT12 6HR

Tel: 02890 246247
Title: Inclusion Rules OK! Including young people with learning disabilities in mainstream youth provision

Theme: Integration of young people with a learning disability

Year of Publication: 2005

Author: North Eastern Education and Library Board / Mencap

Publishers/Agency: North Eastern Education and Library Board / Mencap

Pages: 87

Funders: Department of Education - Children’s Fund

Aim of publication: This is a good practice guide to support youth workers in promoting the inclusion of young people with learning disabilities within mainstream youth groups. The guide draws from a pilot process in seven youth groups in the NEELB area, with data recorded from youth workers, parents and young people (both disabled and non-disabled).

Methodology: This publication is the result of a partnership between Mencap and NEELB, who jointly facilitated a pilot project to recruit and integrate young people with learning disabilities within mainstream youth service provision. This was in response to the current situation where the majority of young people with learning disabilities attend special schools which may be situated outside of their own communities, and therefore lack the ‘natural’ social and friendship networks that draw them into the life in their local community.

The development of the resource materials drew on case study research within seven youth clubs, and the ensuing publication is an example where practice and research are mutually informing. During the pilot process, data was drawn from youth workers, parents and young people. In particular, data was recorded by youth workers by means of structured ‘Nightly’ and ‘Monthly’ recording sheets which were used to capture information on activities, observations, interpretation, and future actions.

Critique: This is primarily a practice guide rather than a research publication. However it includes observations and learning gained through the pilot process. The key message is that the successful integration of young people with a learning disability is not simply a matter of proactive recruitment, but is dependent on establishing a culture of inclusion which needs to be reflected by all staff and non-disabled young people, as well as by the selection of group activities.
The publication highlights that successful integration is a long term process and it may take many years to make a significant impact on the population of young people with learning disabilities. To support a culture of inclusion within mainstream youth groups, the following factors emerged from the case studies:

- Staff time and expertise were central: this includes provision of disability awareness training to staff, and nomination of a key worker to support new members with a learning disability.

- Induction meetings with young people and their parents/carers, to assess needs and risks and to provide reassurance.

- Preparatory work with non-disabled young people. It was found that the establishment of relationships between disabled and non-disabled young people could take considerable time, and in some instances there was a need to address tensions.

- The need to record progress on a nightly basis and to communicate with parents/carers.

- The need to adjust the programme of activities – and to explain to non-disabled young people why this had been done.

Conclusions:
The guide is structured as follows:

Preparation and Training
Recruitment and Induction
Participation
Maintenance
Case studies
Resource materials

Over half of the publication is given to the reproduction of resource materials, eg. sample promotional leaflets, sample letters of introduction, suggestions for training sessions, data recording sheets, ideas for activities, contacts etc.

The publication is a good example of how the evaluation of a relatively small-scale pilot project can be capitalised to provide practical information and a learning resource for a much wider audience.

Report available from:
This publication is no longer in stock. Reference copies are held at the Curriculum Development Unit resource library (see page 2 for contact details).
Title: Learning to Grow Up: Multiple Identities of young lesbians, gay men and bisexual people in Northern Ireland

Theme: sexual orientation

Year of Publication: 2003

Author: Dr. Christine Loudes.

Publisher: Northern Ireland Human Rights Commission

Pages: 38

Aim of publication: This research explores the multiple identities and experience of young lesbian, gay men and bisexual people (LGB people) in Northern Ireland, with a particular focus on access to the Health Care system.

Methodology: Qualitative data was collected by means of 3 focus groups (one in L/Derry and two in the Belfast area) involving a total of 24 young LGB people aged 16-27. In addition, three in-depth interviews were conducted with young LGB people aged 16-24. Data was also collected from health service providers by means of one focus group.

Findings: This report recounts how young LGB people face different or additional issues to those from ‘straight’ young people (eg. invisible identity, homophobic bullying, victimisation in schools). It also differentiates their issues from those of older LGB people (eg. absence of social provision for younger LGB people and the invisibility of a teenage gay culture). The report includes a comprehensive review of literature, noting recurrent issues of the invisibility of young LGB people, the diversity amongst young LGB people, the lack of relevant sex education and access to tailored sexual health services, the high number of suicides, drug abuse, self-harm and mental health issues amongst young LGB people, and in some instances the denial of human rights.

Data from the focus groups with young LGB people corroborates these issues. The research was slanted towards an exploration of multiple identities, wherein personal identity develops through an interactive process between the individual and his or her environment. In terms of young LGB people, the focus groups revealed a number of resistances within the environment towards accepting their identity. It also found that an important aspect of identity was the process of ‘coming out’ which for some respondents had negative repercussions such as rejection by their families.

The report also notes a tendency for some young LGB to have ‘internalised homophobia’ where they feel hostile about their own sexuality due to societal representation of homosexuality. The study also found differentiated experiences among research respondents according to their age, their gender, and the place...
where they live. For example the ‘gay scene’ is largely city-based in Northern Ireland, with no support or meeting points for young LGB people from rural areas. The report noted that many respondents had faced ‘institutionalised heterosexism’ in schools and public services, i.e. a system which discriminates in favour of heterosexual people. Prejudice against LGB people was also experienced in terms of social isolation and homophobic bullying and violence. The report proceeds to outline specific experiences of prejudice in health care services and in the workplace.

Conclusions.
This report encourages Health professionals, schools and decision-makers to give more weight to the multiple identities of young LGB people when designing their Services, particularly in the application of Section 75 of the Northern Ireland Act 1998 and the inclusion and extension of the EU Framework Directive on Equal Treatment in Employment and Occupation in the Single Equality Bill. This research highlights that the experience of young LGB people in Northern Ireland is characterised by four elements:

1. Invisibility,
2. Denial of human rights,
3. Isolation of young LGB people and
4. Diversity amongst young LGB people.

Recommendations.
Many of the research recommendations are specific to the health care sector, to the workplace, and to statutory agencies such as the Human Rights Commission and Equality Commission. There are several recommendations which relate to the education and youth work sector. These include

- Schools should play a proactive role in providing information for LGB people of relevant issues.
- LGB organisations should be properly funded.
- Government should provide adequate information and support to homosexual young people under the UN Committee on the Rights of the Child.

Availability: The report can be downloaded from: www.nihrc.org, using the following links: Resources....Research....Sexual orientation
Title: Lifting the Limits – An evaluation of the Community Leadership Programme for Young Mothers (2001-2003)

Theme: Education and employment for young mothers

Year of Publication: 2004

Author: Dr R Moreland

Publishers / Agency: YouthAction Northern Ireland

Pages: 30

Aim of Publication: An external evaluation of a Community Leadership Programme for Young mothers aimed at addressing the barriers they faced in accessing further and higher education and employment.

Methodology: The Community Leadership Programme targeted eight young mothers aged sixteen to twenty-five from Armagh, Dungannon and surrounding rural areas, and aimed to address the inequalities and barriers facing the young mothers in education and employment. Key features in the success of this programme included paying the participants a salary to allow them to take up employment and move out of benefit dependency, reduced working hours, and payment of childcare and travel allowances. Alongside accredited training, which promoted personal, professional development and ICT skills, the programme sought to encourage participants to become active in their local communities thereby contributing to both collective and individual development.

The programme was evaluated to assess the effectiveness of the Community Leadership Programme in meeting these aims. The evaluator drew information from a number of sources including documentary evidence, programme content and participant’s evaluations, student’s work and an external verifiers report. A focus group was conducted with programme participants and semi-structured interviews were undertaken with the two Peer Educators and the programmes External Verifier. Finally there were discussions held with the Programme Co-ordinator, the internal verifier and a representative from the partner organisation (SELB).

Critique: The evaluation raised the issue that young women, particularly those with child-rearing responsibilities, may experience difficulty accessing employment and/or education. This problem was exacerbated for young lone mothers who were highlighted as having the weakest support infrastructure and similarly, those young mothers living in rural areas due to isolation and poor public transport. The use of peer support workers and peer education were identified as significant factors in developing support to programme participants. Importantly this evaluation highlights
both the psychological barriers facing young mothers accessing employment and training e.g. low confidence, and the physical and social barriers, including isolation, lack of affordable and accessible childcare, limited choice in type of childcare, difficulty in finding flexible, family friendly employment and training opportunities.

**Conclusions:**
The evaluation demonstrates the major positive impact on the lives of the young mothers who participated in the Programme. Gaining confidence in themselves and their abilities was a core theme of participant evaluations. Participants gained a range of skills as well as benefiting personally and enhancing their quality of life and aspirations. All participants successfully completed the programme and had gained either full or part time employment since. The evaluation of the programme clearly indicated that when the appropriate measures are put in place to address the barriers, young mothers can and do access employment. Recommendations included:

- Projects such as the Community Leadership Programme that have a proven ability to meet government strategy should be supported financially by government funds.
- In order to facilitate young mothers to obtain employment, childcare must be affordable and available and young mothers should be allowed to pay this to family and/or friends.
- Childcare provision in further and higher education colleges is inadequate. Mothers need to be able to avail of childcare when attending education and training courses in line with their ability to pay for this.
- Support systems in educational institutions for those from disadvantaged backgrounds need to be adequately resourced and academic staff in institutions should be encouraged to obtain training in an awareness of the specific needs of adult returners and non-traditional students.

Report available from:

YouthAction Northern Ireland
Title: Everyday Life: young men, violence and developing youth work practice in Northern Ireland

Theme: Gender: young men and violence

Year of Publication: 2003

Authors: YouthAction Northern Ireland

Publishers / Agency: YouthAction Northern Ireland

Funders: Funded by YouthNet through the EU Special Support Programme for Peace and Reconciliation

Pages: 30

Aim of Publication: To present young men’s experience and attitudes towards violence as victims and perpetrators, and to explore potential youth work responses to working with young men around the theme of violence.

Methodology: A baseline study was carried out with 135 young men from rural and urban communities throughout Northern Ireland. Consultations encouraged young men aged 14-25 to talk and reflect upon their experience of violence. Consultations were taped and analysed in order that key themes could be identified. Findings from these consultations were used to inform the planning and delivery of six pilot youth work programmes with young men. The final phase of the initiative was to disseminate the findings from the pilot programmes to the wider youth service. The project was externally evaluated.

Critique: The study found that young men experience a wide range of violence – and for many this is encountered on a daily basis. Themes identified by the research participants included the normality of violence; acceptable levels of violence; male powerlessness; violence and gender; excitement of violence; alcohol and drugs related violence; causes of violence and accessing support.

The study also identified important considerations for the delivery of youth work with young men around the theme of violence which is useful for those intending to develop violence related work with young men.

Four key elements were also identified within each pilot project – approach and environment; awareness raising and individual reflection; improving knowledge of alternatives to violence and skills development.
Conclusions:

A number of conclusions / recommendations were drawn from this study.

- Being male significantly increases an individual’s experience of violence both as victim and perpetrator
- The young men were more inclined to see themselves as victims rather than perpetrators of violence
- Despite the fact that the majority of the young men reported living in fear of violence much of the time, they never had the opportunity to discuss this with others
- The majority of the young men would like their communities to be less violent but considered this unrealistic
- The pilot programmes provide the basis for a broad based curriculum of materials for working in a range of environments.
- The skills of the worker are central to the delivery of this work
- The pilot programmes effectively enabled young men to express themselves and reflect upon their lives and experiences of violence
- The young men felt comfortable talking about sensitive issues
- The young men appreciated an approach that was generally supportive and sympathetic to their issues
- The young men reported that sessions involved activity and fun
- The learning from this project was widely disseminated. This included presentations in each of the communities where the young men lived
- Violence related programmes with young men should include – an exploration of masculinity; opportunities for young men to express themselves; interactive exercises that combine energy and reflection; training in skills useful for avoiding violence and confidence building

Report available from:

Unavailable
Aim of Publication: To develop an understanding of the relationship between young men and violence within contested communities in Northern Ireland.

Methodology: In 1999 YouthNet funded three projects under the EU Special Support programme for Peace and Reconciliation (EUSSPPR) focusing on young men and violence. Three projects were selected to carry out a baseline study which documented the experiences of young males, both as perpetrators and victims of violence. There was to be an exploration of the relationship between masculinity and violence and the design and delivery of a programme that addressed the needs of young males. The programme also sought to develop and deliver practice models which demonstrated how youth work processes could effect positive change in violent attitudes and behaviour.

The three selected projects were: YouthAction Northern Ireland, to carry out action research with 135 young men aged 14-25 in urban and rural areas; Queen's University Belfast’s ‘Be a Sport’ programme, through interviews and focus groups with 27 young men and youth workers; and a consortium of Intercom Enterprises, University of Ulster and CTC Associates who supported young men from two schools to conduct 34 one-to-one interviews with other young men. The range of methods included activity, discussion, games and exercises that enabled reflection. All three projects relied on other agencies to identify appropriate young men.

Critique: This innovative programme produced three very different projects and generated a large amount of data in regard to young men and violence. This document is important in that it demonstrates how youth work processes are useful for engaging young men in addressing potentially controversial and contentious issues. Many of the young men who participated in the research were perceived as ‘difficult.’ The style and expectations of the workers were considered more important than the methods. Findings revealed that many of the young men who participated in the study rarely spoke about violence in a reflective way and that
adults seldom engaged them in this type of discussion. While the young men were willing to discuss their attitudes and experience of violence, they were particularly interested in learning skills and strategies that would help them deal with unwanted incidences of violence.

**Recommendations and Conclusions**

- Young men reported that they valued the opportunities the projects offered and they had a positive and stimulating impact upon them.
- Young men reported they rarely talked about violence in a reflective way.
- For the majority of young men violence was neither ‘good nor bad’, but a complex mixture of experiences ranging from extreme excitement to extreme fear.
- There was a strong link between the young men’s perceptions of manhood and their attitudes towards violence.
- In spite of the young men saying they did not think schools would be willing or able to deliver programmes focusing on violence, the project that worked within schools found this was a setting where violence could be discussed.
- Programmes should be developed that appreciate the complexity of violence in young men’s lives.
- Workers should be given the opportunity to develop appropriate skills to work with violence and young men.
- Programmes with less than five sessions were deemed too short.
- A range of skills and curriculum based materials need to be developed in partnership with community based organizations.
- Projects need to be developed within a broader context of community safety.

**Report**: unavailable
Title: Young Men Talking – Voices from Belfast

Theme: Gender: young men’s mental and emotional health

Year of Publication: 1997

Authors: Ken Harland

Publishers / Agency: Working with Men, London / YouthAction Northern Ireland

Pages: 96

Aim of Publication: To increase awareness within the Northern Ireland Youth Service of the absence of a youth work concern in regard to the mental and emotional needs of young men.

Methodology: A needs assessment was carried out with 25 young men aged 14-16 from inner city Belfast. Semi-structured individual interviews questioned the young men about their experiences of school, expectations of work, becoming a man, how they dealt with their feelings, where they received support, and relationships with their fathers. Each interview was taped and transcribed. Consideration was given to the importance of adopting a methodology that encouraged young men to talk and reflect upon their needs and issues from their perspective.

Critique: This booklet is significant as it was the first study to highlight that the needs of young men were not being fully addressed through traditional Youth Service provision. Prior to the publication of this booklet, the needs of young men were typically responded to through recreation and sport. The booklet argued the importance of listening to young men and not assuming their needs. It also stressed the need to support and encourage young men to discuss their feelings, thoughts ideas and vision. The booklet has been influential in helping the Northern Ireland Youth Service clarify the role of youth work with young men and providing pointers for practitioners wishing to engage young men in more creative ways.

Conclusions:

Examples of the conclusions included:

- The need for schools to provide more effective and longer work placements
- The need for young men to influence their own learning
• The need for more consistent health, sex and relationship education and offering parenting skills on courses
• School curriculum to include more focus on life skills
• Approaches to working with young men should be flexible and include opportunities for reflection, sharing of feelings and skills development
• Those working with young men should have an understanding of issues that impact upon young men and their development
• Agencies working with young men need to record, monitor and evaluate the work in order that others may benefit and learn from their experience and contribute to the identification of good practice
• Further research should be carried out into the mental and emotional needs of young men
• Future research should give consideration to finding effective ways to encourage young men to express their views

Report available from:

The University of Ulster Library at Jordanstown
Ref: SI-11

**Title:** Out on your own: An examination of the mental health of young same sex attracted men

**Theme:** sexual orientation

**Year of Publication:** 2006

**Authors:** Helen McNamee

**Publishers / Agency:** The Rainbow Project

**Pages:** 99

**Funders:** The Diana, Princess of Wales Memorial Fund

**Aim of Publication:** To investigate the perceived and expressed mental health needs of young same sex attracted men in Northern Ireland and explore how young same sex attracted men’s health has been affected by society’s attitudes to people of a non-heterosexual orientation.

**Methodology:** Qualitative and quantitative methods were utilised involving a large scale quantitative survey followed by 16 face to face interviews. Interviews were conducted at a mutually agreed venue and lasted from 30 minutes to one hour. Interviews were tape recorded and transcribed by the researcher.

190 questionnaires were completed. Issues that appeared most pertinent were developed into interview questions to find out about the mental health needs of young same sex attracted men and the relationship between mental health and society’s attitudes to people of a non-heterosexual orientation.

**Critique:** This report provides comprehensive insights into the experiences of same sex attracted men. It highlights the need for more local and national materials in regard to the mental and emotional health needs of young gay and bisexual men.

The main findings were that almost one third of respondents had a potential psychiatric disorder and over one third had been diagnosed with a mental illness at some time in their lives. 37.9% of respondents had received professional help.

The negative impact of ‘coming out’, isolation, difficulties in school and work related to sexual orientation and homophobia in society were also analysed. The primary
factor which revealed signs of mental health difficulty was the absence of someone to talk to.

27% of respondents had attempted suicide and 71% had thought of taking their own lives. 80% of the respondents who had suicidal thoughts had indicated that these thoughts were related to their sexuality.

**Conclusions:**
It was clear from the research that homonegative attitudes in Northern Ireland, together with the isolation that being non-heterosexual may bring, play a major part in the incidence of emotional and mental health difficulties, suicidal inclination and self harm in this population.

The education sector provides little positive teaching on LGB people and fails to provide young same sex attracted men with life and relationship skills needed to negotiate often dangerous situations. Also, most same sex attracted men grow up in heterosexual families and may not have the family support experienced by their heterosexual counterparts. Same sex attracted men when entering the gay community can also be exposed to new risks such as alcohol, drug abuse and unsafe sexual behaviour. These collective factors have a bearing upon the mental health of young same sex attracted men.

The report also provides a set of 9 comprehensive recommendations.

**Report available from:**
The Rainbow Project
2-8 Commercial Court
Belfast
BT1 2NB
TEL: 02890 319030
Ref: SI-12

Title: Shout! The needs of young people in Northern Ireland who identify as Lesbian, Gay, Bisexual and Transgender.

Theme: sexual orientation

Year of Publication: 2003

Authors: Sharon Redmond; Fidelma Carolan

Publisher/Agency: YouthNet

Pages: 40

Aim of Publication: This research was commissioned by the Department of Education as part of their statutory duty to promote equality of opportunity under Section 75 of the Northern Ireland Act (1998).

Methodology: The research was carried out on three dimensions:

- Young people who identify as lesbian, gay, bisexual and/or transgender (LGBT), with data collected via questionnaires and focus groups.
- Organisations working with young people.
- Public authorities.

362 young people who identified as LGBT under the age of 25 completed an anonymous questionnaire either online or on paper. This questionnaire was promoted widely through youth, community and gay organisations, as well as online. The researchers were unable to promote the questionnaire in schools, as permission could not be obtained. Approximately 25 young people participated in focus groups.

Findings:

- There were approximately 5 years between a young person knowing they were LGBT and telling someone;
- 78% of the sample ‘came out’ to friends first;
- 63% did not feel they could tell their parents when they first ‘came out’;
- 86% were aware of their sexual orientation while at school;
- 11% received support or information in school;
- 29% of the sample had attempted suicide;
- 44% were bullied at school because of their sexuality;
- Of the 63% who experienced negative attitudes in school around sexual orientation, only 13% sought support;
- 69% of the sample left school earlier than they would have preferred due to bullying;
- Young LGBT people were five times more likely to be medicated for depression;
- 50% of the sample who identified as ‘transgendered’ had self-harmed;
- 50% experienced a negative attitude towards sexual orientation whilst being a member of a youth organisation;
- 91% believed that youth organisations should deal with the needs of young LGBT people;
- 79% of youth organisations would like access to training for staff on issues which affect young LGBT people.

Conclusions.

This research highlights many difficulties for young LGBT people in Northern Ireland, but also some of the good practice which exists. However, the key issue is that all young people deserve to be protected in the school and youth sector environment, and all young people deserve to benefit from the commitment to support them to develop personally, socially and educationally.

Recommendations.

i. Development of support services for young people who identify as LGBT.
ii. Development and delivery of appropriate training.
iii. Production of specific information materials on sexual orientation for young people and the incorporation of LGBT issues into existing youth information strategies.
iv. Curriculum and programme development which will address issues of sexual orientation and recognise the needs of young people who identify as LGBT.
v. Inclusion of sexual orientation matters in all pertinent policies, procedures and guidelines.
vi. Further research.

Report available from: YouthNet Tel : 90331880
A summary report can be downloaded from www.youthnetni.org.uk following the link to ‘Shout’. This link also provides update reports following the publication of Shout.
Title: The Excluded Adolescent - an exploration of the issues surrounding marginalised young people in Northern Ireland

Theme: social exclusion

Year of Publication: undated

Authors: Dr Tony Morgan, Dr Brian O'Hare, Hugh Campbell

Publisher: University of Ulster at Jordanstown

Pages: 114

Aim of Publication: To investigate the notion of marginalisation as a condition that negatively influences the education and development of young people in Northern Ireland.

Methodology: The original proposal for the research identified difficulties reaching an agreed definition of the term “marginalisation”. Therefore the structure for the research was developed as follows:

- To define what marginalisation means theoretically and as a personal social construct
- To incorporate a variety of understandings of the term
- To assess and analyse the implications of marginalisation on individuals and the implications for practice and outcomes within agencies and organisations

A set of questions was developed for use with individuals who work with young people followed by interviews with young people. A pilot study was carried out with qualified youth workers completing their Community Youth Work degree course.

Findings: The interviews with the young people revealed several specific examples of marginalisation and also identified “location” as a major factor in maintaining and creating marginalisation and as an influence on life choices. Other key factors included school, unemployment and family. The pilot study revealed both a general discontent and implicit acceptance of their disadvantage by the young people.

The researchers then developed their work by building on the findings of the pilot study, expanding the sample of respondents and using questions and interviews. The findings of the research are presented under the headings:

- Marginalisation: the concept examined
- Marginalisation: the response of youth work; and
- A concluding comment

The concept of marginalisation is developed under a range of headings including family, behaviours, and education. The response of youth work recognises many practical difficulties in the community and an opportunity for a further specific community based project. The report also recognises that there are two main
groups at risk of exclusion: those on the margins who may respond to positive influences at school or the youth club, and those on the extreme margins whose needs are more complex and who may require more specific interventions and support. It is suggested that issues relating to the latter group could become a major research study.

The report makes 5 recommendations which are expanded in the text. A diagram depicting key influences on young people in Northern Ireland is also included. There are particular references to the education system, the benefits of participation in citizenship education, and basic inequalities which must be addressed to enable young people to have opportunities and to develop.

A very comprehensive literature review includes references to origins and definitions; the nature of social exclusion; current social policy context; and addressing the problem. The roles of both education and youth work are explored.

**Critique:** The comments of youth workers provide a good insight into issues affecting young people and the circumstances in which youth work is currently being delivered in many areas. The report acknowledges that many approaches have been tried, with an emphasis on social education, building social skills and promoting empowerment. It recognises the boundaries and limitations of the various agencies working with young people and the complexity of their problems. The main conclusion of the report is that there must be more practical joint working between agencies and an actual sharing of resources and skills to provide a well structured responsive service for the marginalised adolescent.

**Recommendations:**

- Detailed interagency discussion required about the design and implementation of a long term strategy for the future education of disadvantaged and marginalised adolescents, organised under the auspices of Department of Education (NI) or other lead body
- A new multi disciplinary module on understanding adolescent development, with focus on a holistic methodology and curriculum should be designed and targeted at agencies working with disadvantaged youth
- All agencies should have an integrated approach with young people at the centre of the structure
- Those most at risk in schools and the community should be targeted for special programmes and resources and skills should be shared by agencies for common and co-operative provision
- Communities should be given resources and support to set up neighbourhood demonstration projects to pilot a “total approach” to youth development.

**Report available from:** University of Ulster, Jordanstown
Ref: SI:14

**Title:** A Sense of Belonging: young people in rural areas of Northern Ireland speak about their needs, hopes and aspirations

**Theme:** Rural young people aged 14-25. The areas included in the research were South Mournes, Glens of Antrim and Castelederg.

**Year of Publication:** 1997

**Authors:** Teresa Geraghty, Caroline Breakey & Tricia Keane

**Publishers/Agency:** Youth Action Northern Ireland

**Pages:** 186

**Aim of Publication:** To give voice to the young people, community groups and service providers who live and work in rural communities. It starts from the premise that young people in rural areas have been neglected by youth work and professional training.

**Methodology:** This research adopts an action research approach. This is a task oriented approach to research which allows researchers to adopt a range of flexible, adaptable strategies in data collection. These included questionnaires, case studies (individuals and groups) informal discussions, interviews and participant observation. The report includes a theoretical framework for the use of action research within a youth work context, with guidance on the phases required for this research approach.

**Critique:** This is a significant piece of research for the youth service, not only for the findings on rural young people, but in the utilisation of an action research methodology. This meant that the young people who engaged with the project had a sense of control and ownership of both the process and the final research product.

The report opens with an outline of the work of Youth Action and set against the context of the Youth Service in NI. It lays out very clearly the aims and objectives of the project and the climate in which the work took place.

Chapters 2 & 3 provide the reader with a discussion on rurality and leads into a description of the three research areas (see above). It then describes in detail the research methodology.

Chapter 4 profiles the participants and to present their views on life within rural communities, their experiences of services, and their hopes for the future.
Chapter 5 looks at youth service policy with particular emphasis on the themes of regeneration and community development. The chapter ends with an comprehensive and well-asserted argument for a community development youth work praxis.

Chapter 6 draws out key conclusions of the report

1. Young people as a group are relatively powerless and have difficulty in finding ways to contribute to communities. Despite this, they demonstrate a capacity and willingness to become more involved in their communities and really want to make a difference

2. For many of the adults in these communities young people are seen as a priority but probably because they are seen as a problem, and not an asset, in those communities. There is little evidence that shows young people are viewed as equal citizens or active stakeholders in the development of the communities in which they live.

3. There is a clear need for the development of processes that encourage inter and intra generational dialogue about the role of young people in rural communities.

4. There is a need to build on the enthusiasm and positive energy of the young people who participated in this research and look for ways they could become equal partners in communities.

5. Service providers have been wrongly assuming that young people are able to access their services (e.g. health and housing) as readily as adults are.

6. Localised community development strategies, inclusive of young people, will ensure those unheard voices are at least given a chance to speak out.

The final chapter outlines Recommendations in following areas:
- Re-allocation of Resources;
- Partnerships;
- Training;
- Support and Development;
- Models of Piloting;
- Policy

Whilst the research is now relatively dated, it retains methodological value in constructing a template for data collection with young people. It also demonstrates how a community development youth work praxis can create the climate and circumstances where real change can take place in peoples lives and impact positively on whole communities.

**Report available from**: Youth Action Northern Ireland (nb. Reference copies only)
Ref: SI-15

Title: From strength to strength - The experiences of young people growing up in one parent families in Northern Ireland – Research Report. (2003)

Theme: Teenagers growing up in one parent families

Year of Publication: 2003

Authors: Dr Valerie Bunting, Dr Ann Marie Grey, Ms Lynda Spence

Publisher /Agency: Gingerbread

Pages: 69

Aim of Publication: This research aimed to elicit the views of young people, between the ages of 13 and 18, living in lone parent families. The study also took account of the views of lone parents.

Methodology: A preliminary focus group was held with young people to establish their views on themes identified from literature, key issues in relation to growing up in a lone parent family and appropriate methodology for data collection with young teenagers. As a result, the chosen methodology took the form of multiple-choice questionnaire and vignettes (short stories and scenarios), providing examples of people and their behaviour, on which participants offered comment and opinion. In total the views of 29 teenagers and 24 lone parents were obtained for this study through a combination of completed questionnaires and focus groups. The majority of participants in this study had lived in a two-parent family at some point in their lives. This was in keeping with the fact that the vast majority of families come to lone parenthood as a result of separation or divorce.

Critique: Much research has been completed regarding lone parent families, however little attention has been given to the views or perspectives of the children and young people living in these families. This research highlights and addresses the necessity of listening to the voices of children and young people. One in four families is now a one parent family and are twice as likely to be poor as two parent families. Teenage years can be difficult time for both parents and young people and additional stresses are added when there are limited amounts of time and money. Teenagers expressed a desire to spend more time with their parents. Financial problems were the main source of worry for both parents and teenagers. Research participants felt that schools lacked sensitivity, often assuming that all children had two parent families and schools also appeared to be indifferent to financial circumstances of lone parent families. There was found to be a gap in
services available to both lone parents of teenagers and to the teenagers themselves. However what emerges clearly from this report is a picture of loving and supportive families, finding the strength to overcome the difficulties, barriers and prejudices encountered. Comments throughout illustrated the love teenagers felt for their parent and the fact that they felt loved and secure within the family environment.

Conclusions and recommendations:
For the parents the most difficult aspects of bringing up teenagers alone included financial problems, lack of emotional support and worrying if they were doing enough. For teenagers main issues included the financial problems of their parents, problems due to not having the absent parent around, and problems associated with normal family arguments. Some key recommendations included:

- Increased and more relevant income support and increased minimum wage.
- Improved training and childcare for lone parents entering the labour market.
- Increased availability of mentoring and parent support programmes.
- Schools disseminating information regarding family diversity and change and increasing their sensitivity to lone parent families.
- More support services available to lone parent families regarding financial advice, emotional support and more practical advice on raising teenagers.
- Peer support projects to teenagers for practical advice, emotional support and sharing experiences.
- Access to free counselling services.
Title: Distant Voices: An action research project on young people and rural isolation in the Southern Education and Library area

Theme: Young people and rural isolation

Year of Publication: 2002

Authors: Gerard Doran, Caroline Breakey, Micheal McKenna, Louise McShane, Maureen McGuigan, Louise McBride, Martin McCann.

Publishers/Agency: Rural Isolation Project (Southern Education and Library Board, YouthAction Northern Ireland, South Tyrone Area Youth project and Loughshore Youth Forum)

Aim of Publication: To explore the impact of rural isolation on young people, help young people develop strategies to address their particular needs and to promote greater understanding of these needs within the wider community.

Methodology: The central aims of this project were to enable young people in three separate and distinct geographical area of rural Northern Ireland to explore issues that impact on their lives, to share their experiences as well as to undertake a short piece of developmental work to enable them to directly address some of the issues identified. This was achieved through the use of qualitative data collection and analysis whereby consultations were carried out with 40 young people from Newtownhamilton, Glenanne, The Loup and the wider South Tyrone area.

Inherent in the action research methodology is a community development approach as well as one which is led by the young people themselves through giving them the opportunity to openly share their experiences and identify issues. Issues identified during the consultations were then used as a basis for developing programmes focussed on supporting young people to address issues as well as learning for those working with young people in similar environments.

Critique: A key characteristic of this project was the youth-led approach. The conclusion of the report states that this has had a positive impact on young people’s lives, allowing them to experience real participation and take control of their own development as evidenced in the individual projects carried out by each of the three groups in response to their identified needs. For example, in the Loup area, young people identified the lack of youth provision in their area, in particular a youth club. Following the consultations, the young people were keen to get their voices heard and start planning for a youth facility in their area. This particular approach to this project highlights the importance of coming from a value base that acknowledges
young people as equal stakeholders. Indeed the relevance of this emerging theme is evident in the contribution this project has made to the development of a Model of Practice that details the different stages necessary to support rural young people to address identified needs; the model is detailed with the Report and again highlights the overall youth-led, community-based approach.

Conclusions

- Older young people want to get involved in developing their own projects that are important to them and which address their needs.
- Friendships are very important to young people, and venues to meet with their peers outside of home are needed.
- Young people often feel powerless in rural areas; they want to become more involved in decision-making and in taking responsibility in community development.
- Young people have mixed feeling about living in rural communities, valuing on one hand the closeness that such an environment can bring but, on the other hand, feeling inhibited because everyone knows what they are doing.
- A large amount of time is spent travelling to access services. The need, therefore, to improve physical resources such as transport needs to be addressed.
- In rural areas there are few opportunities to engage with young people from different cultural backgrounds; the young people who were involved in intercultural activity found this to be a positive experience and were willing to engage in future activities. However, some young people found this difficult due to perceptions within their own community.
- The learning from this report has relevance for all those working in similar environments with young people and those making decisions about the allocation of resources to rural areas in general.
- It was concluded that young people have a vital contribution to make to ensure the sustainability of rural communities. Subsequently, more development and training, such as maximising young people’s potential as community leaders, the provision of on-going consultations and the active participation of Community youth Workers to engage young people, were highlighted as necessary actions to be taken.

Report Available from: YouthAction Northern Ireland
Title: Creating links – an independent evaluation of the rural youth community development programme

Theme: Social inclusion in rural communities

Year of Publication: 2005

Author: Nick Mack

Publishers/Agency: Youth Action NI

Pages: 87

Funders: Department of Agriculture and Rural Development, Southern Education and Library Board, Cadbury Trust, Youth Council NI, Garfield Weston Foundation

Aim of publication: The Creating Links Programme operated for over 2 years in rural communities within the Southern Education and Library Board area. The programme sought to demonstrate how community youth work, informed by action research techniques, can support young people to contribute to rural regeneration, both at local community level and at a more strategic policy level.

Methodology: The evaluation report aimed to investigate both the formative dimension of the Programme (ie. evaluation of the process) and the summative (ie. evaluation of the strategic outcome). In terms of the formative dimension, the evaluator adopted a facilitative role, working to assist programme members in self-evaluation through periodic ‘active reflection’ sessions, informed by the use of a structured diary by each team member to record observations and events. The data was hence largely qualitative in nature, and acted as a resource for later collective review. The summative evaluation used two key tools to collect evidence and assess strategic impact, these being: Four Voices Framework and Descriptor Scales.

Critique: This report outlines a comprehensive and sophisticated approach to programme evaluation, and one which can be adapted for use in many youth work contexts. In examining the impact made with young people participating in the Creating Links Programme, the evaluation developed a series of ‘descriptor scales’ as a method to gain an objective view of progress, particularly in areas involving ‘soft skills’ which are traditionally difficult to measure. These scales included measures for the personal development of staff (Personal Confidence, Learning and development of best practice, Support and Teamwork); measures of impact on young people (Trust and Confidence, Knowledge, Connections, Community group confidence); and measures for the strategic impact of the Programme. The Four Voices Framework is a tool drawn from action research, which describe the different areas of information exchange which take place within a project. These
voices include: First Voice (staff, peer workers and Youth Action); Second Voice (the work with beneficiaries, in this case young people and communities); Third Voice (other service providers/activists working with young people); Fourth Voice (influencing policy and wider thinking). The team recorded all activities they had been involved in on a quarterly basis, using this four-dimensional framework.

**Conclusions:**
The report offers a model for working with rural young people in the community, with detailed advice on each stage within the model. The report also makes 22 specific recommendations to ensure the sustainability of young people’s engagement in rural communities. These include:

- The need for strategic resourcing of youth participation structures in the voluntary sector (to complement those within the statutory sector) which are inclusive of rural young people
- The need for partnership arrangements with the Rural Community Network and the youth sector, specifically to link youth participative structures
- The need for creative methodologies to support rural young people’s contribution to rural policy development
- The need for further investment in rural youth participation
- The need for various statutory agencies to work in partnership at a policy level to support young peoples inclusion in rural regeneration
- A number of recommendations concerning training and development for youth workers
- Implications of the research in terms of the employment of rural outreach workers, and for statutory agencies which have an obligation to support rural communities.

**Report available from:**
Youth Action NI [www.youthaction.org](http://www.youthaction.org)
**Title**: Count me in: exploring cultural diversity amongst children and young people

**Theme**: Ethnic minorities and multiple heritage

**Year of Publication**: 2005

**Author**: Dr Katy Radford

**Publishers/Agency**: Save the Children / NICEM

**Funder**: Youth Council NI

**Pages**: 40

**Aim of Publication**: To explore the experiences and expectations of 10-18 year olds from a minority ethnic or multiple heritage background, living in Northern Ireland. The specific research questions were: Are the issues that young people from minority ethnic communities different from those faced by children from the majority communities? What prevents young people from accessing existing social provision? What would young people like to change? What new ways of working can be found to engage more meaningfully with minority ethnic young people? What are the key issues which arise on a recurring basis for minority ethnic young people?

**Methodology**: The research design was qualitative in nature, with data being collected from 50 young people aged 10-18 representing a wide range of ethnic backgrounds. A notable feature of the research was the care and attention paid to the methodological design to ensure that the process was culturally sensitive and that it would enable young people to make a full and considered contribution to the research.

The research project was guided by an advisory panel of representatives from a range of minority ethnic communities, and the young research participants were recruited to the study through nomination by members of the advisory panel. The author notes that the support and co-operation of the advisory panel was central to gaining access to, and the confidence of, young participants. The initial phase of the study used 1x1 interviews and focus group methodologies to elicit the views of 50 young people aged 10-18. On the advice of the advisory panel, parents or parental representatives were present during the interviews – although the author notes that this did not appear to constrain young people’s responses to the research.

Following the interviews a one-day workshop was held to explore the preliminary findings in greater detail. The workshop used participatory methods to assist young people to reflect on issues – methods included photography, arts-based activities, role play and life-story telling in addition to group discussion.
Critique: The report is divided into five sections. The first outlines the aims and context of the research, along with an overview of the methodology. Section two provides a statistical overview of minority communities in Northern Ireland, indicating that young people constitute a large proportion of the population, with the largest single group being in the under-four age-range. Section three explores how the lives of young people from ethnic minority backgrounds diverge from those from the majority population. It discusses the opportunities for young people to interact and integrate with the majority population, the pressures upon them to conform to a set of cultural norms, issues of gender difference, and access to cultural interests. Section four considers the impact of racism, anti-Semitism and Islamophobia on young people. In particular this section explores discrimination with regard to the education and youth service sectors. Section five provides a summary of the key findings, along with a series of recommendations.

Throughout the report, the author highlights the differential experiences of young people, indicating that any mainstreaming of the needs of young people must recognise that groups and individuals from minority ethnic communities are not homogenous. This is supported by the use of direct quotations from the research participants, which poignantly capture a wide range of pressures experienced by those from minority ethnic and multiple heritage backgrounds.

Conclusions: The participants noted a virtual absence of role models from their communities within schools and the youth service. They felt that education providers do not mainstream their interests, nor provide them with adequate opportunities to access their rights to a cultural identity. They were also concerned that racism perpetrated by young people appears to be condoned by adults who do not directly challenge and address such behaviour.

The report includes fifteen recommendations which seek to mainstream the rights and interests of minority ethnic children and young people. In the first instance, the need to accurately quantify and research the range of minority ethnic groups is identified, along with the need for wider anti-racist training throughout government departments. There are also specific recommendations for the Youth Work Strategy, for the Department of Culture Arts and Leisure, for educational bodies such as CCEA and the Education and Library Boards, and for organisations which work directly with children and young people. In terms of education, there are a number of specific recommendations such as the need for peripatetic posts to provide greater support to pupils, the need to explore time-tableing and holidays in terms of cultural concerns, the need for culturally specific training for teachers and youth workers, the need to incorporate anti-racist work into play and learning, and the need for further action within the youth sector to support young people to develop their own strategies for dealing with inter-cultural conflicts.

Report available from: Youth Council NI (charvey@ycni.org)
Ref: SI:19

**Title:** Troubled Youth? Young people, Violence and Disorder in Northern Ireland

**Theme:** Crime and community

**Year of Publication:** 2005

**Author:** Ulf Hansson

**Publishers/Agency:** Institute for Conflict Research (ICR)

**Pages:** 108

**Aim of Publication:** To explore the role of young people in aspects of community disorder, including sectarian conflict, intra-community violence and city centre disorder. In particular the study aims to increase an understanding of the behaviour of young people in these contexts.

**Methodology:** The study was sited in North Belfast (New Lodge, Newington, Tigers Bay, Whitewell, White City, Sunningdale) and Derry/Londonerry (Fountain, Bogside, Galliagh). The study took a multi-method approach, using focus groups, interviews, survey work and analysis of documentary evidence. In total 132 young people (aged 14-17) took part in the formal focus groups, and interviews were held with youth and community workers, local residents, and representatives from education, policing and the criminal justice system.

In addition to these structured forms of data collection, the researcher used observation and participatory approaches to interface with young people in situ, such as attending communal events (parades, bonfires etc.) and local meetings. The decision to include these more free-flowing methods of data collection arose from the recognition that conventional research methods are limited in capturing the complexity of data about young people’s lives.

The researcher notes difficulties in accessing research participants in the older age group (20+) and also the issue of ‘research fatigue’ among both adult and youth participants. To ensure that research participants would feel a degree of ownership over the study, workshops were held with participants to allow them to comment on the research report.

An additional aspect to this research is that it triggered a further eight smaller scale research projects in the specific research locations. These were conducted by local groups, with support from ICR staff. These studies included a survey of 417 school pupils in Galliagh to explore experiences of violence and conflict, a youth-led research study in North Belfast to explore crime, anti-social behaviour and the role of the police, and a further study in North Belfast exploring perceptions of young women to various forms of violence. These separate research reports can be accessed at [www.conflictresearch.org.uk](http://www.conflictresearch.org.uk)

Overall this is a significant piece of research, with great attention paid not only to ensuring that the research methodology would elicit comprehensive and useful
knowledge about young people, but that it would also bring value to the research participants themselves.

**Findings** : The findings are divided into four sections: firstly an exploration of young people’s views, experiences and understandings of various forms of violence in their lives. This is followed by analysis of the gendered aspect of violence, looking specifically at young women’s perceptions. Thirdly, the findings look at youth provision and activities, followed by a section which explores young people’s perceptions of structures of adult authority (including police, restorative justice, and paramilitaries). Interestingly, in terms of youth facilities, the study found that whilst young people complained about boredom and the lack of local facilities, there were in fact a variety of resources targeting young people within each of the areas studied. The issue appears not to be the lack of facilities, but perceptions of the accessibility and relevance of provision to different age groups and to the interests of the research participants. The most successful interventions by youth, community and arts projects appeared to be those that aim to actively involve young people from an early stage and invite them to help design and develop activities.

The study proceeds to explore the range of responses to violence and disorder by different structures of authority. In general, the study found that relations between young people and the police, and young people and paramilitaries, were based on hostility and fear.

**Conclusions** : What emerges from the research is the complexity of issues surrounding young people and their roles in terms of violence, community conflict and disorder. The study also noted the differential nature of crime in the various geographical areas studied, as well as often diverging attitudes by young people towards the local paramilitary presence. The report notes that young people from both communities seemed to be alienated from the police in particular, although the researcher notes that it was difficult to obtain any ideas as to how this situation might be improved from young people. Disturbingly, the study found that the combination of recurrent violence and a lack of any wider social engagement were both cause and effect of a sense of alienation among a significant number of young people. Although the study found that many young people had an optimistic view towards cross-community work, there were also suggestions that sectarian violence had been displaced from interface areas into forms of anti-social behaviour within their own communities. The report concludes that many of the ‘solutions’ to violence, such as ASBOs, could lead to further alienation among some young people. The study re-affirms the importance of a strategic and multi-agency approach to issues of youth violence, involving the voluntary, community and statutory agencies.

**Availability** : Report can be downloaded from [www.conflictresearch.org.uk](http://www.conflictresearch.org.uk) following the link to Documents…Reports.
Aim of Publication: To provide insights into the lives of young women (ages 16-25) in Northern Ireland through in-depth interview data. A parallel aim of the research was to develop and pilot resource materials which would reflect the key themes of the research and could be used to work with young women in informal settings.

Methodology: This was an extensive qualitative study, guided by action research methodology and underpinned by feminist principles. As such, the fieldwork evolved through ongoing consultation with young women who helped to identify the key themes of the research. The components of the methodology included: extended literature review, consultation on the format of focus groups, 7 focus groups with 48 young women (aged 13-25) further consultation to identify interview themes, in-depth interviews with 43 young women (aged 16-25) and engagement of young women in the interpretation and dissemination of the report. YANI also employed a peer researcher for two years to assist with the fieldwork. In parallel to the research process, the Gender Equality team at YouthAction and a young womens working group developed gender-based resource materials which addressed some of the key research themes.

The methodology section of the report provides a particularly useful rationale and exposition of feminist action research, and includes a detailed examination of issues such as research ethics and qualitative data collection methods.

Findings: The findings are presented as a narrative of the young womens stories, and include case studies and direct quotes from those interviewed. Each chapter includes conclusions and specific recommendations. The report chapters and sub-sections are structured as follows:

Home, Family and Relationships: Housing, Violence and Abuse, Caring responsibilities, Experiences of being in care, Motherhood, Gender roles in families, Family life and the conflict

Education, Training and Employment: School experiences and school support, Gender and schooling, Sport and physical education, Equal treatment, Careers advice, Alternative education, Training, further and higher education experiences,
Finances, Attitudes/Aspirations to education, Employment and work, Education, training and the conflict

Leisure: Barriers to participation in youth provision, The value of youth provision, Street culture and alcohol use, The time and leisure squeeze, Leisure and the conflict

Community and Social Capital: Social networks and support, Loss of privacy and external hostility

Sex, Sexuality and Gender: Sexuality, gender and society, Sources of information on sex and sexuality, Barriers to accessing contraception and advice

Health and Well-being: Perception of own health, Emotional well-being

Politics and Participation: Views on voting and local politics, Women and politics, Young women’s voices/participation

Conclusions

In their totality, the report findings suggest that young women’s lives in Northern Ireland are significantly shaped, and in many instances constrained, due to their gender. The findings consistently point to a range of limited opportunities for young women and to the prevalence of structural discrimination. Many of the research informants either accepted this discrimination as inevitable, or tended to individualise their problems rather than identify the source as external. The report also highlights the inter-connectedness between problems within the family and career trajectories and overall well-being. On a more optimistic note however, the report does provide evidence of the positive contribution of some support services, of the impact of stable family and community bonding on young women's development, and on the emotional resilience of young women. The report also concludes that the cessation of conflict in Northern Ireland may enable a policy shift away from constitutional issues and onto equality issues.

For report availability and price, contact: Youth Action Northern Ireland, 14 College Square North, Belfast BT1 6AR Tel: 02890 240551
www.youthaction.org

Copies of resource materials which were developed during the course of the research are also available from the Gender Equality Unit at Youth Action NI.
Title: The adequacy and effectiveness of educational provision for Traveller children and young people in Northern Ireland

Theme: Travellers

Year of Publication: 2007

Authors: Hamilton, J and Bell, J (both INCORE), Holohan, J. (An Munia Tober), Bloomer, F (Trademark)


Pages: 118

Aim of Publication: To provide insights into the educational experiences of Traveller children and young people, assessing the adequacy and effectiveness of provision. The report sought to supplement the primary research findings with an overview of demographic data, literature review, and evaluation of existing educational practice.

Methodology: The fieldwork was conducted by the Institute for Conflict Research, Trademark and An Munia Tober between May and December 2006. Data collection methods were primarily qualitative. ICR and Trademark conducted focus group discussions and interviews with Traveller parents and key figures within the statutory and voluntary sectors, whilst An Munia Tober was responsible for data collection among young Travellers.

Young Travellers: Based on previous experiences, AMT adopted participative processes to engage with the young Traveller respondents, using methods such as artwork, paintings, story telling, music and drama. AMT ensured that all children and young people who took part in the study had provided informed consent to participate, and parental consent was also required for those participants under the age of 14. In total, 63 young Travellers took part in the group-based data collection sessions – 16 from BELB in school, 9 from BELB out of school, 14 from SELB in school, 3 from SELB out of school, 12 from WELB in school and 9 from WELB out of school. 48 of the sample (76%) were aged 11 or under, and the remaining 24% were aged 12 or above.

Traveller Parents: In total 28 parents were interviewed, either in groups or in one to one situations. It is notable that all responding parents were women, as men were either unavailable or unwilling to take part. It is also noted that access to interviews were only possible in those geographical areas which had Traveller support groups – the researchers were unable to collect data from the SEELB or NEELB areas.

Professionals: A further 29 semi structured interviews were carried out with representatives in the statutory sector (17) and voluntary sector (12). These
included ELBs, DE officials, CCMS, ETI, schools, Save the Children, Barnardos, and NIPPA. The researchers noted resistance by some schools to participate in the study.

**Findings**: In addition to the primary research findings, the report includes a useful 30 page review of existing literature, which includes an outline of demographics, issues facing Travellers, an overview of educational provision, parental concerns, barriers to education, distance learning and ICT, and issues in educational provision in NI.

Whilst the primary research findings relate primarily to formal education, it is likely that many of the findings have relevance to other contexts including non formal education. The data provides insights into the complexities of Traveller culture and beliefs and the desire to preserve these, against a backdrop of racial discrimination and perceived low prioritisation of Traveller rights within education. The data also indicates significant variation between individual Traveller’s experiences and perceptions, highlighting the importance of parental support in determining a child’s experience in education as well as the negative impact which some teaching methods and/or racial stereotyping can have in the lives of the children and young people.

The researchers found very mixed views about the value of mainstreaming or segregating Traveller children within schools, with some respondents feeling that segregation preserved cultural identity and ensured child safety, and others feeling it perpetuates social exclusion. The research also found inconsistencies in practice among the Education and Library Boards, differing levels of interagency work, and a failure by the Department of Education to ensure full implementation of educational policy. Erratic school attendance, pupils leaving school before the age of 16, as well as a curriculum which was regarded by many pupils and parents as irrelevant, emerged as major challenges to those within the formal system. On a positive note, the researchers found that Traveller Support Teachers, interagency work, and voluntary sector initiatives were playing an important role in supporting educational provision and the uptake of educational opportunities.

**Conclusions** The report contains a number of Recommendations to improve formal educational provision for young Travellers. Whilst most recommendations are aimed at the formal education sector, many are applicable to non formal contexts. The researchers suggest that there are weaknesses in curriculum provision in terms of being reflective of cultural and racial diversity within society, and recommends that curricula should bear relevance to the Traveller community, including in schools where no Traveller attends. Additional recommendations address the need to challenge negative stereotyping and promote racial equality, to monitor and minimise bullying against Traveller children, to build on and promote greater interagency working, to ensure fuller consultation with the Traveller community, to provide diversity training for all teachers, to develop more robust methods of statistical data collection, and to update and implement educational policy.

Report available to download at www.niccy.org following link to Publications.
A study of values, attitudes and opinions of young people in the greater Shantallow area

Theme: Young people

Year of Publication: 2004

Authors: Off the Streets Community Youth Initiative, St Brigids College, ICR

Publishers/Agency: Institute for Conflict Research (ICR)

Pages: 24

Aim of Publication: To study the key issues and lifestyles of young people within the Galliagh area, and to determine how their choose to spend their leisure time. The specific aim of the study was to collect evidence to inform the strategic development of the 'Off the Streets' voluntary youth project, which operates in the North West.

Methodology: Self-completion questionnaires were completed by 417 young people aged 11-19 attending St Brigids College in Galliagh. The sample constituted 44% of the school population.

Findings: Asked to indicate levels of concern about 15 issues, the main areas of concern identified by respondents were family, health and bullying. The number of young people concerned about drugs and alcohol was relatively low. The findings reveal that females generally had more concerns than males, eg. about bullying, eating disorders, peer pressure, being alone, and self-confidence. Nearly 70% said they would turn to parents if they had a problem. Youth workers were generally not viewed as sources of help to turn to by those with problems.

When asked about community life and facilities, the most popular places to go were the Bowling Alley, followed by the shopping centre and sports complex. Relatively few (31%) referred to youth clubs as facilities they would currently use. 68% felt there were not enough facilities for young people in the Greater Shantallow Area.

Asked to indicate preferences for a new facility for the area, the most popular choices were an Ice Rink (particularly females) whilst male respondents favoured either an outdoor activity centre or a soccer/GAA pitch. Only 8% felt that a youth facility open for 24 hours would be a preferred local facility. Going into the city centre provided an outlet for the majority of respondents, with the most popular reasons for this being to shop, meet friends and go the cinema.

Asked about safety, 82% said they felt safe walking in the area during the day, which reduced to 48% feeling safe walking at night, and fewer feeling safe walking during weekend nights.
93% of males and 96% of females said that ‘some’ or ‘a lot’ of violence had taken place in their area. Over two thirds of respondents said they knew someone who had been involved in graffiti writing, and half knew someone who had been involved in fighting. Overall, only 19% said they didn’t know anyone who had not been involved in any form of local disorder. The majority of respondents felt that that main age group to perpetrate disorder within the area was the 15-17 age group.

Respondents were asked what types of people they felt were supportive to young people. Parents/adults and friends were the most commonly cited. Interestingly, community /youth workers ranked high in this list (34%) which was twice the proportion who felt teachers were supportive to young people (17%). Few saw the police (7%), paramilitaries (6%) or clergy (5%) as being the type of people who are supportive to young people. This high rating for community/youth workers somewhat contradicts the earlier finding that few respondents said they would approach a youth worker if they had a problem.

In terms of attitudes to school, 60% of respondents felt that it was ‘always’ or ‘sometimes’ OK to lie to a teacher, and 24% felt it was ‘always’ or ‘sometimes’ OK to truant from school. 10% felt it was ‘Never OK’ to tell a teacher that they have been bullied. 95% felt it was ‘Never OK’ to bully others in school.

In terms of attitudes to drugs and alcohol, the majority of respondents felt drinking alcohol was OK, but this contrasted with attitudes against the use of illicit drugs, where 87% felt it was ‘Never OK’ to use cannabis, and 97% felt it was ‘Never OK’ to use heroin, ecstasy or aerosols. Similarly, respondents disapproved of various forms of criminal activity, where 97% felt it was ‘Never OK’ to steal and 94% said it was ‘Never OK’ to go joy-riding. 83% said it was ‘Never OK’ to break the law. However respondents showed different reactions to forms of violence, where 77% felt using violence was OK as self defence, 55% said taking revenge was acceptable, and 53% said fighting was OK. 30% of respondents believed that carrying a weapon was OK.

**Conclusion**: Although this was a local survey and so the findings cannot be generalised to the youth population, the study is a valuable reminder of the need to engage with young people before developing local services. Some findings may make uncomfortable reading for those involved in youth services, notably the preferences expressed for commercial activities and public spaces rather than youth service provision, and the contradictory perceptions towards youth workers as providers of personal support. The findings relating to crime and disorder are also interesting – whilst the young respondents demonstrated disapproval for illicit drug-taking, racism, and crime, the majority claimed to know someone who had engaged in crime or disorder, and a worrying proportion also felt it acceptable to carry weapons for self defence.

The report concludes with a useful list of ‘Questions for Consideration’ which demonstrates the need for further exploration of the issues raised within the report, and questions which need to be addressed by those aiming to develop more responsive youth facilities in the area.

**Availability**: Report can be downloaded from [www.conflictresearch.org.uk](http://www.conflictresearch.org.uk) following the link to Documents….Reports.
Title: NICCY Rights Review

Theme: A comprehensive review of research, legislation, literature and policy relating to children's rights in Northern Ireland

Year of Publication: 2008

Authors: Mc Mahon, L, Keenan, P

Publishers/Agency: NICCY

Pages: 246

Aim of Publication: In 2004 the NI Commissioner for Children and Young people published a review of the state of children's rights in NI. This lengthy report provides an update of research, policy, legislation and literature pertaining to children's rights in NI in the intervening years. It is noted that the term 'children' refers to those aged 0-18.

Methodology: The report is based on a secondary analysis of NI literature, research and policy, using the Child Rights Programming model to frame the presentation of the review. It is noted that the report is the first in a trilogy of reports by NICCY, with two further publications due in early 2009 which will reflect on direct consultations between NICCY researchers and children/young people and professional stakeholders. Taken together, the three reports aim to provide a comprehensive review of the state of children's rights in Northern Ireland.

Findings: The report is structured into six chapters, each covering government policy, legislation, and summaries of relevant research publications where they exist. Each chapter proceeds to assess the available evidence in respect of the extent to which children's rights are being met or denied, followed by a summary of key issues and series of recommendations relating to that chapter.

The six chapters are:

1. Implementation of the UN Convention on the Rights of the Child (includes Bill of Rights for NI, NI case law, General principles of UNCRC, Monitoring, government initiatives, Data collection, Training and Funding);

2. Marginalisation and Vulnerability (includes Impact of the NI conflict, Children in alternative care, Children in the Traveller community, Children from black and minority ethnic communities and children of migrant workers, Hate crime, Children with disabilities, Children who identify as lesbian, gay or bisexual, Children in the justice system, Age of criminal responsibility, Vulnerability in respect of drugs, alcohol, sexual activity and suicide);
3. **Protection** (includes Child abuse, Crimes against children, Child deaths, Age of consent and mandatory reporting, Physical punishment of children, Bullying, Safety of children in their own communities, Children and domestic violence, Road safety, Police technologies);

4. **Poverty and Material Deprivation** (includes Measuring poverty, Extent of Poverty, Poverty and rights to education, health, an adequate standard of living, to play, Poverty relating to asylum seekers and refugees, Childcare, Poverty and Lone parenthood);

5. **Participation and Advocacy** (includes Duties of Public authorities, Initiatives to promote participation in public decision making, voice of children in the care system, in the education system, and in the justice system);


The report is also appendixed by a summary of the UN Committee General comments, and a Bibliography of approximately 200 publications which are referenced in the report.

**Conclusions**: The report provides a comprehensive account of the implementation, or otherwise, of the UN Convention of the Rights of the Child in Northern Ireland. Whilst there are relatively few direct references to the youth services, the report provides valuable contextual information to all those working with children and young people. As reflected by the Chapter headings and sub-headings, the report highlights the range of issues which are specific to different groups of children and young people, as well as providing a snap-shot of the universal status of children’s rights.

**Availability**: Can be downloaded from [www.niccy.org](http://www.niccy.org) (nb please note that this is a very lengthy document. Pages 8-20 of the report present a summary of the key findings and the 66 Recommendations made by the authors).
Title: Segregated Lives – social division, sectarianism and everyday life in Northern Ireland

Theme: An analysis of the social processes by which sectarianism and social division are sustained, based on qualitative research in six locations across Northern Ireland.

Year of Publication: 2008

Authors: Hamilton, J, Hansson, U, Bell, J and Toucas, S

Publishers/Agency: Institute for Conflict Research

Pages: 160

Aim of Publication: Funded by the Community Relations Council, the research examines everyday processes by which people sustain sectarianism and segregation. The research also looks at the range of social and personal factors which affect patterns of behaviour and beliefs.

Methodology: The research used qualitative and anthropological approaches in six areas of Northern Ireland, these being: Castlederg/Newtownstewart, Kilrea, Dubclug estate (Ballymena), Shandown Park (Newry), Stranmillis (Belfast), and New Lodge/Tigers Bay. Date was collected through 170 semi-structured interviews with residents of these areas. Some research participants also completed journals of their daily activities for a week, and researchers accompanied some participants on a walk around their area in order to ‘gain a sense of how subjective perceptions are translated into daily routines of shopping, work and accessing services and other facilities’.

Findings: It is noted that the research participants were not of youth-service age, and that the primary focus of this report is therefore not specifically youth-focused. However the report does make reference to perceptions about young people and to their role in sustaining division. In particular, the report highlights that sectarianism and segregation impact most heavily on young males. ‘Sectarian attitudes appear more deeply entrenched among young males and young males were perceived as more of a threat and generally perceived to be more involved in and affected by violence and sectarian attacks’.

The report also includes a useful review of the policy context, as well as a review of key literature on the subjects of segregation and sectarianism. The report is structured to provide accounts of the six locations of study, indicating how factors such as age, gender, class and location coloured the experience and perceptions of the research participants.

Availability: Report can be downloaded from www.conflictresearch.org.uk following the link to Documents….Reports
Title: Children’s Rights in Northern Ireland: Rhetoric or Reality?

Theme: A comprehensive review of children’s rights, including analysis of stakeholder views and secondary data.

Year of Publication: 2009

Authors: Beckett, H et al

Publishers/Agency: NICCY

Pages: 438

Aim of Publication: This provides an update to the 2004 NICCY review of the state of children’s rights using the framework of the United Nations Convention on the Rights of the Child (UNCRC).

Methodology: There were two strands to the review: an indepth review of secondary data sources (this is also available as a separate publication, and referenced in this audit as SI:23), and primary data collection with children and young people, their carers, and professionals working in the field. Fieldwork for the latter was conducted in 2007 and used a number of methodologies. This included i) professional stakeholder workshops which were attended by a total of 87 delegates from across the statutory, voluntary and community sectors ii) semi-structured questionnaires which were completed by a total of 63 agencies iii) questionnaires completed by a total of 101 parents and carers iv) on-line questionnaires completed by a total of 160 young people, and v) a total of 2,054 children and young people participated in small group sessions which were run in schools and other settings. The sessions with children and young people were structured by eight different themes, these being Play/Leisure, Education, Having your say, Health, Home, Wellbeing, Protection and Discrimination. The sessions were adapted according to age groups, with pictorial aids being used for younger children or those with additional learning needs.

Findings: The findings are too numerous to report, and extend to over 400 pages. The report is structured to include an overview of General Measures of Implementation (of the UNCRC), Civil Rights and Personal Protections, Family Life and Alternative Care, Health and Welfare, Education, Leisure, Play and Culture, Children in conflict with the Law and the Administration of Juvenile Justice. Each chapter follows a similar structure, which outlines the rights that should be afforded children within the chapter theme, followed by an examination of the empirical evidence relating to these rights. Each chapter concludes with the identification of priority areas for action.

Availability: Chapters of the report can be separately downloaded from www.niccy.org following the link to Research
Title: Letting me be me: An independent evaluation of Youth Action Northern Ireland’s Out and About project for young women who identify as other than heterosexual

Theme: Young women who identify as other than heterosexual

Year of Publication: 2010

Authors: Keenan, P

Publishers/Agency: YouthAction Northern Ireland

Pages: 38

Aim of Publication: An evaluation of the Out and About project, operated by Youth Action NI for young women aged 16-25 who identify as other than heterosexual.

Methodology
An independent evaluator conducted a literature review, a review of Out and About documentation, interviews with a range of professionals, and analysis of a small number of questionnaires and interviews with Out and About participants.

Findings:
Whilst most of the findings are specific to the project evaluation, the report does contribute to knowledge of this area. The literature review summarises relevant reports from Northern Ireland, with a particular focus on sexual and mental health issues. Notably, the literature review and primary data suggests that the issues encountered within what is often considered to be a homogenous ‘gay community’ are diverse, and that the concerns of women who identify as other than heterosexual can be overlooked. The author states ‘The necessity of viewing lesbians as having distinct issues and needs, separate to those of gay men, is gaining increasing attention. There is a growing literature predicated on the notion of a ‘gay’ or ‘homo patriarchy’. This suggests the need for a more sophisticated and focused approach to work with young women who identify as other than heterosexual.

The literature review also contains a useful outline of the NI policy and legislative context, including the UNCRC, Review of Mental Health and Learning Disability, Suicide Prevention Strategy for NI, Gender Orientation Strategy, 10 Year Strategy for Children and Young People, Youth Work Strategy 05-08, and forthcoming Priorities for Youth policy (which will replace the Youth Work Strategy).

The report also proposes that the Out and About project offers a distinct model of youth work practice, underpinned with clear principles, and incorporating a dynamic group based process whereby group members are supported as they progress through a number of stages.

Availability: Contact: Youth Action Northern Ireland, Gender Equality Unit, 14 College Square North, Belfast BT1 6AR Tel: 02890 240551 www.youthaction.org
Title: Moving On programme. A report on the model of practice – 15 years on

Theme: Young mothers

Year of Publication: 2009

Authors: Mack, N (author), McArdle, E (editor)

Publishers/Agency: YouthAction Northern Ireland

Pages: 22

Aim of Publication: To review the structure, content and impact of the Moving On programme delivered by Youth Action NI. The programme works to provide a range of support to young mothers, ultimately to enhance their future choices in terms of education and/or employment.

Methodology: Although the publication refers to the Moving On programme since its inception in 1994, the main focus of the review is 2004-09 (during which time a total of 97 young mothers participated in the programme). There is no detail on methodology, although the use of quotes from workers and programme participants imply the data was collected through qualitative methods.

Findings: Many of the findings are specific to the programme. However several of the findings about the model of practice are transferable to other organisations which work with young mothers. The report reflects that supporting young mothers to pursue employment or educational choices requires a number of approaches, rather than simply the provision of training opportunities. These approaches include practical support measures and also emotional support (provided in this instance by a Project co-ordinator and Peer Support Worker). The report outlines how young mothers were identified for the programme, and how their involvement was sustained. Drawing on quotes from young mothers who had been involved in Moving On, the report also highlights the importance of a person-centred youth work approach when interacting with young mothers. It also stresses the need to provide post-programme support to former participants.

Conclusions: The report contains nine conclusions, which characterise the programme’s approach to work with young mothers. It also provides recommendations to relevant policies such as the DE Strategic Plan and Priorities for Youth, DHSSPS Mental health strategy, DEL Skills policy, and OFMDFM Gender Equality strategy.

Availability: Contact: Youth Action Northern Ireland, Gender Equality Unit, 14 College Square North, Belfast BT1 6AR Tel: 02890 240551 www.youthaction.org
Title: Beyond the Margins – Building Trust in policing with young people

Theme: Young people and the police

Year of Publication: 2010

Authors: Nelson, E, McBride, R-S, O’Riordan, O, Smyth, P

Publishers/Agency: Achieve Enterprises & Institute for Conflict Research (ICR)

Pages: 46 plus DVD

Aim of Publication: To explore the relationship between young people and the police, and interventions by statutory and voluntary/community groups which address issues of young people and policing.

Methodology: The report contains a literature review, a landscape review of relevant projects, and survey data from 212 young people, mainly aged 13-18. It also includes a film DVD, featuring focus groups and interviews with a selection of these 212 young people, as well as interviews with key policing officials. The sample was intentionally drawn to target young people ‘from tougher social realities’. This included those from areas of social deprivation, and young people from a variety of communities of interest. The findings, therefore, do not claim to reflect a representative sample. The questionnaire used to collect quantitative data from young people was an adaptation of a questionnaire previously used in a study by the Institute of Conflict Research in 2003 (although given differences in sampling methods the findings are not comparable). The landscape review entailed interviews with 14 relevant organisations, the majority based within the Greater Belfast area, but also extending to Bangor, Derry/Londonderry and Fermanagh.

Findings:
Seventy per cent of the young respondents (78% of the male respondents, 58% of females) reported some form of contact with the police: this included being told to move on by the police (33%) being stopped and searched (29%), being a victim of a crime (28%), engagement activities e.g., within school/youth club (27%), committed a crime (21%), witness of a crime (18%), and 21% stating additional reasons. As to be expected, young people’s opinions on the treatment they received was influenced by the positive/negative context of their engagement with the police. Opinions ranged from the police behaviour being perceived as ‘disrespectful’ (38%) to ‘professional’ (28%). The study also suggests that community background was a factor in shaping young peoples views, with Protestants more commonly stating they felt comfortable in the presence of police compared to Catholics. Similarly, male respondents were more likely to report negative feelings in their interactions with police than females.
Opinions were also mixed in terms of whether the police were thought to be ‘too visible within the community’ (29%) or ‘not visible enough’ (22%). Again, there was a high level of variance in how young people viewed the police overall as an organisation, for example whether the police were viewed as ‘honest’ (42%) or not honest (33%). Opinions were similarly divided in response to a number of other statements about the police, including their perceived understanding of young people.

Additional findings relate to young people’s views on which crimes should be the main focus for policing, whether young people would consider joining the police, and their future willingness to meet with the police.

With the caveat of different sampling methods between the ICR study of young people and police published in 2003 and this current study, the report suggests that there have been significant improvements in young people’s experiences of policing, with clear benefits to positive interactions between young people and the police outside of policing activities. However the report states that more remains to be done, particularly in changing police attitudes to young people and building the confidence of young people in the police.

The landscape review within the report provides an outline of several projects which relate to young people and policing. Key challenges for these projects include the negative portrayal and stereotyping of young people, the sensitive nature of the work, scarce resources and sustainability, and the nature and structure of policing itself.

Conclusions:

Whilst little of the report relates directly to youth service interventions, the findings have importance in the development of inter-agency work between the sector and the police. In particular, the report concludes that ‘there is a need to increase the level of engagement between the police and young people in non-confrontational settings such as schools, youth clubs and workplaces’.

Among the twelve report recommendations, there are also explicit references to the potential role of the youth service, including:

- An independent network should be established (and resourced) to bring together youth workers, community workers, teachers and others doing work on young people and policing. It’s purpose should be to help develop good practice, and it should be independent of the police but include members of the PSNI.
- Community officers should receive training in youth work and youth engagement – including direct training carried out by young people. The PSNI should have dedicated youth work trained staff as well as building stronger relationships with local agencies.

Availability: For copies of the report contact Achieve Enterprises c/o Public Achievement, 7 Donegall Street Place, Belfast BT 12FN Tel 028 90442813 or email info@publicachievement.com (www.publicachievement.com) or alternatively Institute for Conflict Research www.conflictresearch.org.uk
Title: Left out of the equation

Theme: A report on the experiences of lesbian, gay and bisexual (LGB) young people at school

Year of Publication: 2011

Authors: Boyd, G

Publishers/Agency: The Rainbow Project and Cara-Friend

Pages: 25

Aim of Publication: To assess the barriers which young LGB people face in school.

Methodology: The report includes findings of an on-line survey of LGB young people which was hosted at Survey Monkey and promoted through Facebook and other social networking sites. 133 LGB respondents completed the questionnaire (aged between 14 and 25, comprising 74 male and 59 female). The survey questions focused on experiences of homophobia whilst at school, on teacher and school responses to homophobic incidents, and to the teaching they had received on sexuality and LGB rights. The report also cites a number of secondary sources to support the findings, as well as outlining a Freedom of Information request made by the researchers to the Department of Education.

Findings: The report assesses the barriers which young LGB people face in school, including homophobic bullying, school staff not adequately trained to tackle homophobia, a curriculum which does not recognise the existence of LGB young people, and education structures which are not empowering of young people. 133 LGB young people responded to the survey. It is noted that only 14% of the survey respondents were still at school at the time of completing the survey, and hence most findings reflect past rather than current experiences. The survey findings included:

98% had heard homophobic language whilst at school. Of these, 81% heard such language most days, 17% heard it sometimes, and 3% heard it rarely.

Whilst virtually all respondents had heard pupils using homophobic language, a further 26% had heard teachers using it, 20% had heard non-teaching staff, and 19% had heard visitors to the school using homophobic language. 84% had heard homophobic language in the classroom, 93% in the corridors, 94% at lunchtimes, 72% in the toilets, and 84% in the playground/sports pitches.

88% of respondents said that staff had overheard homophobic language. Of this group, 22% said that staff had either intervened or disciplined the perpetrator, whilst
72% said staff had ignored the incident, and 6% said staff had joined in or laughed along with the homophobic language.

Only 14% of respondents had not experienced a negative incident of bullying at school. 30% had suffered physical assault, 64% verbal abuse, 56% feeling excluded 47% intimidation 34% threats of violence, 5% death threats, 19% stolen property, 70% rumours spread about their sexual orientation, and 23% had been threatened with being 'outed'. The vast majority felt that these incidents had been motivated by their perceived sexual orientation.

Only 25% of the victims of homophobic incidents had reported being victim of a homophobic incident to school authorities. Reasons for not reporting incidents were given as: Didn’t trust teachers (10%), Fear of it getting back to the perpetrators (8%) Didn’t think the school would do anything about it (38%) Fear of being outed (19%). Of those who had reported homophobic incidents to the school authorities, only 10% felt the school dealt well with the issue.

Very few respondents said they had been able to access LGB resources at school. 24% believed they had been taught something about LGB which they now know to be untrue. Only 6% felt that they learnt anything relevant about LGB in sex education classes.

In addition to the survey findings, the report contains a review of literature, an analysis of the NI school curriculum with an indication of how diversity and sexual orientation issues could be discussed across a range of Key Stages and subjects, an analysis of the shortcomings of education staff training and appropriate complaints procedures, and a discussion on the impact of schools being exempt from Section 75 statutory duties.

Conclusions:
Citing the primary and secondary data, the authors conclude that the persistence of homophobic bullying within schools is connected to the attitudes associated with sexuality, and suggest that the rights, needs and aspirations of LGB young people are not considered by most education providers in Northern Ireland. The report states that shortfalls in the curriculum, in appropriate teacher training, and governance arrangements in schools combine to prejudicially discriminate against young people who are LGB.

Availability: Report can be downloaded from www.rainbow-project.org following link to About Us and then to Publications.
The Rainbow Project, 9-13 Waring Street, Belfast BT1 Tel 02890319030
Cara-Friend, 9-13 Waring Street, Belfast BT1 Tel 02890890202

Nb. This report is a supporting document to a comprehensive resource pack published by the Rainbow Project and Cara-Friend entitled ‘The Education Equality Curriculum guide – supporting teachers in tackling homophobia in school’ (Cowley, J) The Education Equality Project is funded by the Tudor trust.
**Title:** A Call to Action – Educational disadvantage and the Protestant working class

**Theme:** Educational underperformance of Protestant working class young people, and in particular Protestant working class males

**Year of Publication:** 2011

**Authors:** Dawn Purvis MLA and the Working group on Educational disadvantage and the Protestant working class

**Publishers/Agency:** Dawn Purvis MLA and the Working group on Educational disadvantage and the Protestant working class

**Pages:** 41

**Aim of Publication:** To consider research and evidence on the issue of underperformance of Protestant working class young people in schools in Northern Ireland, by gathering feedback from a range of experts and by investigating UK, EU and international good practice. The ultimate aim was to provide evidence based policy recommendations.

**Methodology:** The Working Group comprised educationalists and interested individuals from the statutory and community sectors. In the process of developing the report, the group issued a consultative document and received 43 written submissions. They also held a series of individual meetings with a range of stakeholders, compiled 9 case studies, considered existing research, and investigated UK, EU and international experiences of tackling communal, ethnic or racial underperformance.

**Findings:** The Summary of Findings is reproduced below:

1. Differentials in educational performance lie largely outside schools and the classroom. Therefore, systemic educational improvement will require comprehensive, long-term responses to inequality.
2. Funding priorities are ‘back to front’. Accumulated evidence suggests that the more we invest in young people early, the better the outcome. Proportionately too little is invested in the early years during key stages of a child’s development.
3. Community and cultural factors affect how Protestant families perceive education and participation in schools.
4. Insufficient flexibility in the curriculum and funding of schools weakens the ability of educators to respond creatively to the needs of students who are not achieving, and to adapt to different learning styles.
5. Even though external factors play the primary role in the academic success of a child, exceptional teaching and leadership in a school can make a tremendous difference.
6. The lack of coordination and cooperation among government departments and agencies wastes resources and potential.
7. The lack of social balance in many schools leads to an unequal distribution of resources and an unfair burden on non-selective schools.
8. Academic selection does not cause social division, but it does accentuate it.

The report also includes 9 case studies reflecting a range of approaches to tackling the barriers to underachievement. These were 1) The Effects of Stress on Attainment—The Safe Place Project 2) Flexibility in the Curriculum—Engaging Boys from the University of Ulster and Ashfield Boys’ School 3) The Impact of Leadership—Future Leaders 4) The Importance of Parental and Community Involvement in Schools—Home Learning Environments 5) The Importance of Parental and Community Involvement in Schools—Extended Schools and Community Access from Boys’ Model School 6) Flexibility in the Curriculum—Academic Performance and School Holidays from Black Mountain Primary School 7) The Importance of the Early Years—Early Years, Sure Start and Family Learning 8) Flexibility in the Curriculum—Alternative Education Provision 9) Socially Balanced Intakes and Exceptional Teaching—Montgomery County Public School System

Recommendations: The Summary of Recommendations is reproduced below:
1. The Northern Ireland Executive should, even within current resources, agree a timebound, measurable, resourced, Child Poverty Strategy.
2. Serious movement towards front-loading investment should take place, within existing resources, aimed at equalizing funding for all pupil age groups within a short timeframe.
3. Parents and local communities should be pro-actively encouraged to become more involved in education and schools. Initiatives which seek their involvement must also seek to understand parents’ values and motivations.
4. The manner in which schools and educational programmes are managed and funded must be amended to provide greater flexibility for individual schools to respond to the changing needs of student populations and differences in learning styles.
5. More must be done to support, encourage and reward exceptional teaching and leadership in schools.
6. Government departments and agencies must make cooperation and coordination an immediate priority. The establishment of a single education authority is a critical first step towards this objective.
7. The education system should move towards socially balanced intakes.
8. Understanding that the legal position on academic selection is unlikely to change, places to grammar school intake should be capped and the compromise solution of transfer at the age of 14 should be revisited.
9. More research may be required in select areas.

Availability: Report and associated consultation responses available to download from www.dawnpurvis.com
A response by the Department of Education available to download from www.deni.gov.uk
A Call to Action was discussed by the Education Committee of the Northern Ireland Assembly on 14.12.11. The minutes of evidence can be downloaded from www.niassembly.gov.uk/Assembly-Business/Committees/Education/Minutes-of-Evidence-Hansard
A Scoping Study of those young people Not in Education, Employment or Training (NEET) in Northern Ireland

NEET young people

2010

Department of Employment and Learning (DEL)

DEL

125

Aim of Publication:
This report outlines the findings of a scoping study of those young people not in Education, Employment or Training (NEET) in Northern Ireland. The report was commissioned following a debate held in the Northern Ireland Assembly in recognition of the issues faced by these young people and the implications of their disengagement for the economy and society as a whole.

Methodology:
The report presents a range of secondary data on NEET young people, including an overview of available statistics, characteristics of NEET young people, and an outline of NEET policies in Scotland, Wales, England and the Republic of Ireland. Direct interviews were held with departmental officials and representatives from the voluntary and community sectors in Northern Ireland to provide information on relevant policies and initiatives.

Findings:
At the time of the report publication (2010) the NI Labour Force Survey indicated the proportion of 16-24 year olds classed as NEET was 18%. However the report emphasises the inadequacy of robust and comprehensive data sources for Northern Ireland.

The report draws on statistics from England and Wales to estimate the proportions of NEET young adults in different categories: ‘Out of Scope’ (undertaking voluntary work or gap year) 22%, ‘Identifiable Barrier’ (e.g., young parents, those with a disability) 23%, and ‘No identifiable barrier’ 55%. An alternative categorisation is also given as Transitional or Gap NEET, Floating NEET and Core NEET.

The report draws on existing research to identify groups of children and young people who are vulnerable to becoming Not in Education, Employment or Training, including those in care/care leavers, young parents, educational underachievers, young carers, those with experience of drug or alcohol abuse, young offenders, young people with mental illness, homeless, those with disabilities/learning disabilities, and those who grow up in economic disadvantage.

An outline is provided of existing NEET strategies in England (‘Reducing the number of Young People Not in Education, Employment or Training’, DCSF 2007), Scotland
('More choices, more chances', Scottish Executive 2006), Wales ('Reach the Heights' 2009) and relevant policies from the Republic of Ireland. Whilst Northern Ireland did not have a NEET strategy, the report outlines initiatives to address social and economic exclusion, including the Children and Young People’s Strategy, Anti Poverty and Social Inclusion strategy, Ministerial sub committee on Children and Young People, and a range of policies developed by education, health, employment and justice Departments.

Notably, the value of the youth service is acknowledged as supporting children and young people to develop knowledge, skills and experience and to overcome barriers to learning. The report states ‘Non formal and informal learning are important elements in the learning process and are effective instruments for making learning attractive, developing lifelong learning and promoting the social integration of young people. They are of practical relevance to the labour market by helping young people back into education to acquire knowledge, qualifications and other key skills’. The report notes the particular success of youth work in reaching marginalised young people, as well as its adaptability to rural, urban and interface areas, and its ability to address young peoples issues and support them to re-engage.

A number of existing initiatives are outlined, including the Youth Works programme, Action for Children, Barnardos, Crossroads, Include Youth, Opportunity Youth, Princes Trust and Rathbone.

**Conclusions:**
The Scoping study recommends that an overarching Strategy for NEET should be taken forward by a cross departmental mechanism, taking account of the large amount of work already undertaken with the statutory and voluntary sectors.

Nb. Subsequent to the publication of this report, the Department of Employment and Learning consulted on a draft NEET strategy (Pathways to Success) which can also be downloaded at the website below.

**Availability :**
Report available to download from [www.delni.gov.uk/es/neet-scoping-study](http://www.delni.gov.uk/es/neet-scoping-study)
Ref: SI:32

Title: The impact of poverty on young children’s experience of school

Theme: Primary school children (from a range of socio-economic backgrounds)

Year of Publication: 2007

Authors: Horgan, G

Publishers/Agency: University of Ulster (funded by the Joseph Rowntree Foundation and Save the Children)

Pages: 67

Aim of Publication: To examine the extent to which poverty impacts on young children’s experiences of school, using a child-centred perspective

Methodology: 220 children aged 5 to 11 took part in group interviews in 15 schools across Northern Ireland, and from a range of contexts - Catholic, Protestant and integrated, urban and rural, advantaged and disadvantaged. ‘Disadvantaged’ schools were defined as those with at least half of pupils eligible for Free School Meals (FSMs) whilst ‘advantaged’ schools had between 3 and 14% of pupils eligible for FSMs. Interviews were also held with parents and head teachers. There was an average of 4 children within each focus group session, with a total of 56 group sessions held. The research was designed to be child-centred and the methodology was adapted to suit different age groups. For 5-8 year olds, a cartoon character asked questions about the experiences of education for children generally. For 9-11 year olds, open-ended questions and a series of vignettes using photographs were used. A full paper detailing the methodology used is available at www.ulster.ac.uk/staff/g.horgan.html

Findings: The findings indicate that how children experience school is determined by the level of disadvantage they face, with poorer children in the study believing that they were not going to get the same quality of schooling or educational outcomes as better-off children. Children and parents identified the main costs of school as uniforms, lunches and school trips. Despite subsidies, costs often prohibited uptake of activities such as trips. The study found that boys from disadvantaged schools were sensitive to being shouted at by teachers, and boys across the range of schools- but particularly those in disadvantaged areas – complained about the length of the school day and overly short break times. A significant number of boys in the most disadvantaged schools were already starting to disengage from school at the age of nine or ten, and these boys were the only pupils in the sample to talk positively about truanting. Girls in the study complained about not having enough time to eat lunch and play, but not about the length of the school day generally. Girls from disadvantaged schools also complained about being shouted at by teachers, but tended to make excuses for the teachers or blame themselves to some degree for being shouted at.
The study looked at a range of perceptions on education, including motivation, long term aspirations, meals, uniforms, structure of the school day, pressure of homework and academic testing. The report has particular relevance to the youth service in its references to after-school activities. These can include youth services, but also encompass a range of after-school music, sports, cultural and creative activities. The report cites a number of previous studies which highlight the importance of out of school activities and their correlation with improved educational outcomes, including a meta-analysis by Lauer et al which found that all students, but particularly those at-risk students, benefited academically from inclusion in out of school social and academic interventions. Citing previous research, the report notes that children from families in receipt of Free School Meals, who could potentially benefit the most from out of school activities, tend to have the lowest participation rates. The reasons for this include costs, access, limited knowledge about how to become involved, and self-perceptions. With respect to the current study, it was found that children in the more disadvantaged schools did not mention after-school activities, although some of the schools did offer them. The study found that scarcity of free after-school provision, plus inflexible transport, excluded some pupils from participation.

**Conclusions:** The report concludes with an analysis of implications for educational policies. Whilst the study did not directly explore perceptions of youth service provision, the references to out of school activities are valuable in connecting non-formal interventions with improved educational outcomes. These findings have policy implications for both the Extended Schools programme and the youth service. The finding that some boys from disadvantaged schools appeared to be disengaging from education during their late primary school years is also relevant to the provision of youth work programmes which are responsive to this grouping.

**Availability:** Full and summary reports available to download from [www.jrf.org.uk](http://www.jrf.org.uk) following links to Publications…..Education
Ref: SI:33

**Title:** Key findings from primary research (related to Review of Youth Justice system in Northern Ireland)

**Theme:** Youth Justice / young people’s rights

**Year of Publication:** 2011

**Authors:** Childhood, Transition and Social Justice Initiative

**Publishers/Agency:** Queens University Belfast

**Pages:** 32

**Aim of Publication:** Submitted to NI Review of Youth Justice (2011) as an overview of recent research of relevance to the Review

**Methodology:** The Childhood, Transition and Social Justice Initiative is an interdisciplinary team of researchers based in Queens University Belfast. This report summarises primary research data from 9 reports, deemed to be of relevance to the Review of Youth Justice which took place in 2011. The reports were:

- Childhood in Transition: Experiencing marginalisation and conflict in NI
- Developing a manifesto for youth justice in NI
- Response to Together, Stronger, Safer – a consultation on community safety in NI
- Independent analysis of responses to DE’s ‘Priorities for Youth’
- NI NGO Alternative report: submission to the UN committee on the Rights of the Child for consideration during the committee’s scrutiny of the UK Government report
- The Prison Within – the imprisonment of women at Hydebank Wood 2004-6
- The Hurt Inside – The imprisonment of women and girls in NI
- Children’s Rights in NI

**Conclusion:** This report is a useful compilation of research-based evidence looking at issues of youth justice and young people’s rights in Northern Ireland. Whilst not all research summaries relate to youth services, there are several references to the value of youth work and to perceived gaps in youth service provision.

**Availability:** Report available to download from [www.qub.ac.uk/ctsji](http://www.qub.ac.uk/ctsji)
Title: Worth their Weight in Gold (an investigation into the career paths and views of Community Youth Work graduates in Northern Ireland 1972 – 2001)

Theme: Youth work graduates in Northern Ireland - their career paths and views of the youth work service

Year of Publication: 2003

Authors: Ken Harland, Clare Harvey, Tony Morgan, Sam McCready

Publishers/Agency: Youth Council Northern Ireland

Pages: 80

Aim of Publication: To map the career paths of individuals from Northern Ireland who had graduated in youth work, and to collect qualitative data on their perspectives of the profession.

Methodology: The target population for the research was primarily individuals from NI who had graduated from youth work courses at the University of Ulster (formerly Ulster Polytechnic) but also included those workers who had trained in other colleges and universities in UK and Ireland. A postal questionnaire targeting 540 individuals was the primary means of data collection. This was supplemented by a number of focus groups across NI as well as 6 individual interviews with qualified youth workers. The questionnaire had a 49% return rate.

Critique: The findings from the research are presented in 6 separate but interrelated areas Youth Work `career`; Management Issues; Training; Ideological/Paradigm shift; External Influences and The Future.

1. Youth Work `Career` - Key points from this category include how youth workers felt that their profession was not always seen by other professionals as a serious career. Workers also commented negatively about the uncertainty created by the fixed term contract culture in the profession. For example only 47% of those working in the voluntary sector had permanent contracts. Interesting this section highlights the main reasons for people leaving the profession. These are: i) domestic reasons (ii) lack of support from their employer (iii) unsociable hours (iv) the stress of the job

2. Management Issues – The first issue that arises here is the gender and religious imbalance of the NI workforce. The early demography of youth workers up to mid 1980’s was male and protestant, whilst from mid 80’s onwards the balance shifts towards Catholics and females. The age balance of the workforce is interesting in that, for example, 25% of the workforce over 50 years of age are male and only 6% female. Statistics in relation to this area are interesting and highlight some potential gaps in the workforce in the near future.
3. Training - This section draws attention to the lack of people taking up post qualifying training, despite options, but also highlights the appetite workers say they have for more training. This would appear to be a contradiction. There was a worrying trend from those that did take up post qualifying training that these were not always in areas directly related to youth work.

4. Ideological/paradigm shifts – The researchers drew attention to the lack of clarity from respondents in how they defined youth work. The findings also suggested that there had been a change in the focus of the work over the years, with an increased tendency toward youth work which is driven by government policy and finance-led. There was a distinct lack of evidence pointing to youth workers engaging in ideological debates on the ground about the purpose and practice of youth work. There was also a trend away from youth centre work and a ‘falling away’ of young people in the older age group (i.e. 14+) using this facility.

5. External Influences – The study found divergent perceptions of the impact of temporary employment contracts in the youth sector. On the one hand it creates a diverse and wide ranging workforce and service, but the drawback is that there is the inevitable funding precipice ahead and an inability to plan strategically.

6. The Future – The report advocates for a more youth-led service underpinned by a partnership between the voluntary and statutory sectors, with a more coherent and participative culture of delivery.

The Recommendations are far reaching and include comments about encouraging more movement (in employment terms) between voluntary and statutory sectors and encouraging the development of a culture of supportive management. Noticeably one recommendation encourages employers to be more pro-active in encouraging women to apply for senior management positions. This is balanced with a concern that men are not applying for training in recent years in the same way they had been in the early years of the service (i.e. 1970 – 1985).

This was a major piece of work and provides insight to the profession by tracking career paths and listening to the views of those in the profession (past and present) about its past, current state and future direction. It covers 30 years of different vintages of youth workers.

Report available from: Youth Council NI and University of Ulster (Community Youth Work team)
Title: Symposium Report

Theme: Detached street based youth work/participation

Year of Publication: 2005

Authors /Speakers:
Graham Tiffany, Eamonn Keenan, David Gardiner, Steve Carr

Pages : 25

Aim of Publication: Report of Symposium

Methodology: The report consists of 3 main papers and an Introduction by the Department of Education. Graham Tiffany, Vice President of the National Federation of Detached Youth Workers, gave an Overview of detached street based youth work. Eamonn Keenan, Director of the Centre for Social Action, de Montfort University, spoke on Consulting Young People. David Gardiner, Chief Executive of Challenge for Youth, and Steve Carr, Area Officer at BELB, spoke on Street based youth work in Belfast City centre. The Symposium also had a session on group discussions.

Critique: The second keynote Address by Eamonn Keenan focussed on youth participation and defined consultation as follows: “Consultation… means to take notice and act on what is being said in a two way process that means talking, listening and debating”. He referred to Article 12 of the UNCRC, Government policy, legislation and said that consultation with young people is a key element of youth service curriculum themes. He referred to a model of approach by Sherry Arnstein, details of which are contained in the report and noted that a one way communication system, which does not involve sharing responsibilities for action, is a form of tokenism.

Eamonn Keenan gave details of a youth consultation exercise carried out in 2004 for Belfast City Council in which 320 young people's organisations and organisations supporting youth participation for 11-20 year olds were contacted. Meetings were also held with over 80 young people. Quotes of what they said are included in the report. The young people identified some ways for agencies to engage with them; comment on what would make consultation work; and how young people want to be treated by adults and agencies.
**Recommendations:**

The paper lists 8 lessons learned from this consultation:
- credibility, ownership and partnership were all considered very important
- there has to be consideration of the type of model to be used
- there has to be commitment
- resource issues
- young people’s rights
- policies and procedures

**Report available from:**

Unavailable
Title: Upper Shankill Area Project - Levels of engagement model – a framework for establishing detached youth work projects

Theme: Detached Youth Work

Authors: Mc Bride M., West M., Mitchell W.

Publisher/Agency: Upper Shankill Area Project

Year of Publication: 2003

Pages: 24

Aim of Publication: To provide guidelines for other communities or agencies wishing to establish an outreach or detached programme.

Methodology:
The report is based on 2 years research by the Upper Shankill Area Project Team which appointed 4 workers in March 2000.

Critique: In the introduction the report defines the difference between outreach and detached work and describes the features of detached work. Section 1 describes the “cycle of progress” which has 4 phases:- design phase 1 identifies key issues – support, staff, mapping, network, observation, compiling information; design phase 2 relates to implementation – code of conduct, making contact, confidentiality; phase 3 reflects on action and includes a diagram of the process; phase 4 is evaluation. Section 2 of the report describes 'The Gear Stick Model' - moving from a standing start in first gear, to picking up speed in second gear, accelerating in third gear and cruising in fourth gear. The model outlines programme methods and potential outcomes and includes a timeframe for the different stages. Examples of how the workers engaged with young people are included. The report also includes a number of useful references for further reading.

Conclusions:
The summary describes the working model:
• The cycle of progress demonstrates the grounding of policies and procedures needed to operate and develop a detached youth work project
• The gear stick model is an example of detached youth work interventions with young people and demonstrates, in theory, how detached youth work practice can be used effectively.
• The summary explains how the cycle and model are interlinked

Report available from: Available to download from www.belb.org.uk following link to Youth and then to Est Detached Work
Title: The Nature of Youth Work in Northern Ireland: Purpose, Contribution and Challenges

Theme: Youth work and social exclusion

Year of Publication: 2005

Authors: Ken Harland, Tony Morgan, Orla Muldoon

Publishers / Agency: University of Ulster & Queens University Belfast

Pages: 66

Aim of Publication: Investigating the role of youth work in Northern Ireland in addressing social exclusion.

Methodology: The central aim of the research process was to investigate, using qualitative analysis and appropriate research methods, the nature of youth work practice as it applies to and addresses social exclusion. The sample was chosen from 44 youth workers who were both experienced and currently practising in the field of community youth work. This sample included students enrolled on the postgraduate diploma in Community Youth Work at the University of Ulster. The sample included both professionally qualified and non-professionally qualified indigenous workers. They represented a diverse range of agencies; from a rural and urban background; gender balance; and from the statutory and voluntary sectors. Respondents were interested in exploring the multiple meanings and perspectives of youth work and were willing to discuss their own understanding of youth work practice. This narrative approach was then scrutinised for themes and patterns emerging from the transcripts. The loose exploratory hypothesis allowed the researchers to conceptualise emerging youth work theory as understood by practitioners.

Critique: This study investigated the role of youth work in Northern Ireland in addressing social exclusion. Four focus groups and two in-depth interviews were carried out with 44 practicing youth workers. Findings revealed that youth workers are dedicated and committed to working with young people they primarily perceive as marginalised, socially excluded or experiencing difficulties that mainstream youth provision struggles to deal with effectively. Findings also revealed that youth workers place huge significance on the nature of relationship building between a youth worker and a young person. While this is fundamentally important, youth workers appear to experience difficulty measuring social progression or identifying concrete outcomes from their work with young people.
The study raises important questions about ‘levels’ of youth work expertise, practice and training that impact upon the status of youth work as a profession. Finally, the research findings challenge the Youth Service in Northern Ireland to comprehend and clarify the implications of delivering youth work outside its perceived traditional context, for example youth work in formal settings and in areas of community tension.

Conclusions:

- Youth workers engage and build relationships with young people irrespective of their academic capability, their social position, and even their behaviour. In this capacity, youth work can be perceived as addressing social exclusion.
- The relationship between the youth worker and a young person was considered by all participants as the central plank of youth work. Unlike the relationships between young people and teachers in formal education settings, the quality of this relationship and its person-centred focus were seen as of paramount importance.
- While formal education is focused on a prescriptive curriculum, youth work is much more diverse, leaving the outcomes nebulous and difficult to measure. Although there is a danger of being too specific about measurable outcomes, youth workers experience increasing demands from funders and policy makers for youth work to produce more tangible forms of measurement and accountability.
- Unqualified youth workers should carry titles such as ‘associate youth workers’ that clearly denote they are not qualified to carry out certain duties unsupervised and that differentiate them from professionally qualified youth workers.
- Further research should be carried out to help clarify the role, purpose and contribution of youth work in a society emerging from a period of prolonged conflict.
- While there are important challenges presented within this study, the findings reflect a profession where its workers are passionate, dedicated and committed to young people and their issues.

Report available from:
The University of Ulster Library at Jordanstown and Magee.
Title: ‘In their own words’ : research on the views of participants of North South school and youth exchange and cooperation

Theme: Youth Work - North/ South

Year of Publication: 2005

Author: RG Consultants

Publisher/Agency: North South Education Forum

Pages: 60

Aim of Publication: To explore the views and experiences of those who had participated in North/South exchange and cooperative activities from 1996-2003, including the personal impact of their participation.

Methodology: The sample for the study included teachers, youth workers, and young people who had been involved in North/South exchange in either a school or youth work context. The sample sought a balance of Northern and Southern participants, as well as balances of age, gender, religion and formal/non formal contexts.

In total 11 focus groups and 21 1x1 interviews were held. In terms of the focus groups with young people, the researcher incorporated a number of age-appropriate participatory exercises to encourage responses, and these methods are outlined in the report Appendices. The report also draws heavily on use of direct quotations to illustrate the range of respondents’ feedback.

Findings: The research found that the impact of participation in North/South exchange and cooperation was multi-dimensional, including the following key outcomes:

- It has a significant impact on individual personal and social development
- It provides opportunities to discover and explore religious, cultural and national similarities and differences
- It challenges stereotypes and prejudices and builds tolerance, respect and understanding
- It often results in the development of cross cultural relationships, friendships and understanding
- It can result in ongoing networking by the participants, outside of the structured programmes
- ICT is used effectively as a way of maintaining communication
- It provides added value to the curriculum, both formal and non-formal
Critique: This report was commissioned in tandem with a separate yet interlinked study (Research on the current provision of North South School and Youth Exchange and cooperative activity 2000-2004) and is an important guide to decision makers tasked with the development of future North South exchange and cooperative activities. Beyond that, however, the report makes an important contribution to capturing the thoughts and experiences of individuals who are engaged in this work – in both formal and non formal education contexts. It notes areas of methodological difficulty, for example in terms of the difficulties which respondents had in articulating impact in local communities. Whilst the report ultimately affirms the value of North South work, it does not underestimate the challenges which accompany this work, including logistical issues, resource limitations, and attitudinal barriers.

Conclusions: The researcher identified the following common themes as important to the development of future North South activities:

- A need for more sustained contact and co-operation
- A need for the effective development of a whole school or organisation approach
- A need for stronger efforts to maintain a balance between the theme/curriculum and the North/South dimension
- A need for the development of measures to generate greater impact at local community and group/school levels
- Exploration of measures to overcome structural and practical barriers to participation
- A need to address particular barriers to participation from within the Protestant community
- Support for the work of structurally cross border organisations.

The report re-affirms the value of North South exchange and cooperation, and concludes that consideration must be given to the development of more sustained and progressive approaches and opportunities to roll out the benefits and impact to a wider audience at a local community level.

Report can be downloaded from: www.ycni.org following the link to Publications, or alternatively from www.nsec.info
Ref: YW:06

Title: Research on the current provision of North South School and Youth Exchange and cooperative activity 2000-2004

Theme: Youth work – North South

Year of Publication: 2005

Author: RG Consultants

Publisher/Agency: North South Education Forum

Pages: 103

Aim of Publication: To identify the complete range of current programmes within the education sector (formal and non-formal) that provide for North/South exchange and/or cooperation.

Methodology: The first stage of this study entailed collating baseline information on each school and youth exchange and cooperation programme in Ireland, north and south, from the year 2000 until 2007 (including anticipated activity). The consultants used a specially designed database to map a sample of 686 such groups, which comprises an estimated 40% of the overall total. Statistical data was then supplemented through 1x1 interviews with a wide range of key stakeholders. The report provides comprehensive background information on a spectrum of strategic organisations and initiatives which support cross border cooperation.

Findings: The study found that North South exchange and cooperation (for the formal and non formal education sectors) is supported by thirty different programmes administered by 18 different organisations. Key organisations include the Departments of Education (north and south), major organisations set up specifically to support cross-border activity (such as Co-operation Ireland, International Fund for Ireland, Centre for Cross Border Studies, North South Education Forum), cross border partnerships involving statutory and voluntary organisations, all-island organisations (such as the National Council of YMCAs, unformed youth groups, church-based youth work) and organisations that contribute to cross-border and reconciliation work (such as St Columb’s Park House, Glencree, Training Trust, Irish Peace Institute and Corrymeela).

The report also calculates the extent of cross border exchange and cooperation across the formal and non formal education sectors. It states that approximately 3000 school and youth groups were supported, involving over 55000 participants in cross-border exchange and cooperation. Around two thirds of these groups originated from the formal education sector, and one third from the non-formal.
The report also calculates the nature and scale of funding available in this area. In excess of 69M euro was invested in cross-border exchange and cooperation between 2000-2004, i.e., almost 14M euros per annum. It found that 80% of such funding originated from non-exchequer funds, with the International Fund for Ireland and the European Union being the two most significant external sources. However, the report notes that whilst the funding environment appears reasonably stable in the short term up to 2007, the situation from 2007 onwards is less clear.

**Conclusions:**

This report was commissioned in tandem with a separate yet interlinked study (‘In their own words’: research on the views of participants of North-South school and youth exchange and cooperation) which provides qualitative insight from the participants of exchange and cooperative activities.

The report was commissioned by the North-South Exchange Consortium, and makes two main recommendations specifically to guide the future direction of the Consortium. These are:

1. The existing North-South Exchange Consortium should be developed further and established as a Trust;

2. The North-South Exchange Trust should coordinate and manage the North-South programme framework by identifying priority areas for funding, delivering programmes through tenders, developing an overarching monitoring and evaluation framework and developing a corporate plan.

Report can be downloaded from: [www.ycni.org](http://www.ycni.org) following the link to Publications, or alternatively from [www.nsec.info](http://www.nsec.info)
Title: JEDI Audit: Community Relations and Education for Citizenship within the Northern Ireland Youth Service.

Theme:
Youth work and community relations/citizenship.

Year of Publication: 2001

Authors: Regional Development Partnership

Publishers / Agency: Joined in Equity, Diversity and Interdependence partnership (JEDI)

Pages: 106

Aim of Publication: To audit community relations and education for citizenship practice within the youth sector.

Methodology: Quantitative and qualitative research techniques were used in the form of a self-completion questionnaire in order to gauge the level of activity and views of youth organizations. Stage one involved sending thirty questionnaires as a pilot exercise to a random sample of youth practitioners. After the pilot exercise, a total of 2,589 self-completion questionnaires were sent to statutory, community and voluntary local youth work units, identified by JEDI through each of the Education and Library Boards. These questionnaires examined issues around community relations policy, CR training, meaning and importance of community relations work, meaning, purpose and training in education for citizenship. Qualitative data was then gathered through a series of key-informant interviews. Nineteen semi-structured interviews were carried out with stakeholders who impact upon the youth sector at a strategic level.

Critique:
The research aimed to examine the baseline data from youth work practitioners of all sectors and key personnel within the youth sector, as to the extent to which community relations and education for citizenship practice and training are being delivered within the youth sector. Findings revealed that a high percentage of practitioners felt that community relations (89%) and citizenship (80%) are very important aspects of youth work, and that there existed a high level of commitment to these principles across the two main communities within Northern Ireland and across differing dimensions of the youth sector. Findings also revealed lower levels of understanding of the themes of community relations (71%) and citizenship (51%) amongst practitioners. Despite this over half of the respondents had delivered community relations activities/programmes during the preceding year. Whilst this factor is encouraging what is of more concern is the high number of practitioners whom identified that they needed assistance in developing community relations
(55%) and education for citizenship (61%) work. Given this factor the need to examine the impact of current training in these disciplines is important.

This study raises important questions about the delivery of community relations and education for citizenship programmes within the youth service. Practitioners require additional training, resources, funding and clear policies to assist them, but most importantly unambiguous guidelines in measuring the true impact of these programmes with the young people involved in such programmes.

Conclusions:

- Youth workers identify that community relations and education for citizenship activities are a very important part of their youth programmes and that they are contributing to peace and reconciliation.
- A large number of youth work practitioners however still appear unclear about the full meanings of community relations and citizenship, and the importance and delivery of work in these areas.
- Some workers felt that that community relations and education for citizenship work is frequently superficial, does not address contentious issues, is often of questionable and inconsistent in quality, and is sometimes counterproductive.
- Practitioners are not being equipped with proper training to deal confidently with community relations and education for citizenship issues. There is a clear need to investigate the content of community relations training.
- Over half of practitioners continue to have difficulties in measuring the true impact of their community relations work. Barriers to embedding EDI into the work of the youth service may be symptomatic of wider issues of concern in terms of policy, resources and co-ordination.
- There should be greater co-ordination and collaboration in addressing issues 'on the ground' between practitioners.
- JEDI should be the driving force in developing a strategy for embedding the EDI principles into the structures, policy and practice of youth work in NI.
- The content of current training in community relations and education for citizenship needs to be examined so as to ensure appropriate levels of quantity and quality involving accreditation at all levels.
- Additional research with young people involved within the youth sector, and the training needs of practitioners are important to shape future strategic developments and action.

Report available from: JEDI. Forestview, Purdy’s Lane, Belfast Tel 02890643882
Ref: YW:08

**Title:** Acting in Good Faith: Churches, Change and Regeneration

**Theme:** Church Community Youth Work

**Year of Publication:** 2004

**Authors:** Bacon, D., Groves, K., McDowell, E., and Robinson, J.

**Publishers / Agency:** Churches Community Work Alliance

**Pages:** 45

**Aim of Publication:** The report aims to describe and critically discuss some of the faith based community development work that is currently being undertaken in both urban and rural areas across Northern Ireland. The intention is to identify some of the key themes, activities and day-to-day practices that make church related community development distinctive.

**Methodology:** The report profiles church related community development in action throughout Northern Ireland. Examples include:

- Mornington Community Project, South Belfast offering employment training and provision of work experience for young people in the lower Ormeau Road.
- St. Peter’s Cathedral, West Belfast, offering a day centre, six beds and a nightly outreach programme for homeless people.
- Fortwilliam Presbyterian Church, Belfast dealing with community transitions from familiar and traditional ways to changes in the patterns of home, work and social life as presented in a community audit.
- The Link Family and Community Centre, Newtownards promoting equal opportunity and community relations through interdenominational projects.
- Derry and Raphoe Action actively supports and encourages the engagement of marginalised protestant people in counties Tyrone, Derry and Donegal.
- The Society of St. Vincent de Paul active since 1844 has been engaged in service provision of emergency need.
- The Oasis centre, East Belfast operates a range of projects aimed at providing opportunities for the long term unemployed and supporting and strengthening the life of local families.
**Critique:** The relevance of this publication is not simply to recognise the “good work” of the churches and faith communities but also to pose some key questions for the churches at this particular point of time.

Some of the questions are:
- In the changing structures of governance in Northern Ireland does church-related community development have a distinctive contribution to offer?
- How prepared is church-related community development for this challenge?
- In the emerging patterns of public service provision what does the church have to offer?
- Is the contribution of church-related community development well understood and supported by the churches, church structures and instruments?
- How will different Christian groups and interfaith groups work with each other?
- How can learning and development for community development work best be structured and resourced in the churches and faith communities?

**Conclusions:**
The case studies presented in this publication suggest that churches are more involved in responding to social needs than is sometimes assumed. They illustrate different kinds of community provision and community development work. They give some insight into the orientation of churches toward mission and Christian obligation. The case studies provide evidence of people ‘acting in good faith’ and involved in a variety of community based activities. The case studies are informative and provide a signpost for those who are searching for a distinctive role for their churches and faith witness. The intention of this publication is to illustrate the potential of church-related community development in responses to communities needs issues and concerns.

**Report available from:**
Churches Community Work Alliance
St. Chads College
North Bailey
Durham
DH1 3RH
Tel: +44 (0) 191 334 3346

Price £5.
Title: Windows on Practice

Theme: Illustration of Equity Diversity and Interdependence in five different youth work settings through the use of in-depth case studies.

Year of Publication: 2003

Authors: Andrea Duncan and Joanne Sweeney, in collaboration with staff, volunteers and participants of the youth groups involved.

Publisher / Agency: Joined in Equity, Diversity and Interdependence partnership (JEDI)

Pages: 76

Aim of publication: Using a case study approach, to document five examples of equity, diversity and interdependence within youth work contexts.

Methodology: The case study approach was facilitated by two youth workers acting as 'critical friends' who supported youth groups to critically reflect on their own youth work setting. As the title suggests, the publication aims to provide a snapshot of practice, which involved both internal and external exploration of EDI within five organisations. The cases studies were: i) St Teresa’s Youth centre in Belfast ii) the Church of the Nativity guide unit iii) Carrickfergus Mencap club iv) the Xtreme FM radio project in Craigavon, and v) the Education for Peace programme developed by YouthLink.

The text of the case studies reflects different ‘voices’ – these being the staff and volunteers of each group, the critical friends, and the young participants.

Critique: Each case study is unique in terms of narrating the process of youth work in each context and in the learning points attached to the programmes. Although primarily a guide to good practice, this publication also offers guidance on the process of critical reflection in youth work which can be replicated in other contexts. In this respect, the Appendices are useful in providing examples of audit tools used, the fundamentals of a reflective action research proposal, methods of recording critical reflection, and evaluation tools to explore equity, diversity and interdependence within different youth work settings.

Report available from: JEDI c/o Youth Council NI, Foreview, Purdy’s Lane, BT8 7AR Tel: 02890643882 or www.jedini.org.uk
Title: Youth work in Schools – an investigation of youth work, as a process of informal learning, in formal settings

Theme: Youth work in schools

Year of Publication: 2007

Authors: Dr T Morgan, P Morgan, B O'Kelly

Publishers/Agency: University of Ulster, Jordanstown

Funder: Department of Education

Pages: 210

Aim of Publication: To investigate the application of youth work methodology and the involvement of youth workers within the context of post primary schools in Northern Ireland.

Methodology: The research objectives were:
- To seek clarification on the outcomes of youth work in schools, Youthreach and informal education settings
- To ascertain if the profiling web could be developed and integrated within school based work in Northern Ireland
- To assess the delivery mechanism of youth work in schools
- To investigate the ecology of the learning environments in terms of youth work approaches to learning in schools
- To understand the curriculum around youth work for marginalised/disaffected/disengaged young people in formal settings

The study used qualitative methods to collect data from a range of key informants. These included: in-depth interviews with 9 teachers familiar with informal or youth work practices in schools; interviews with 8 youth workers based in schools and 11 informal educators working in Youthreach; 5 focus groups of young people; and a questionnaire completed by 117 school pupils. The researchers also conducted overt observation within the school settings, as well as a study of all related documentary evidence. Sampled schools were based around Northern Ireland, and were all secondary schools.

The study also entailed an extensive literature review, incorporating theories on youth work, formal education, and the measurement of outcomes of youth work.

Findings: In the context of extended schools and the drive towards a learner-led curriculum, the report found that youth workers are well placed as effective partners within formal education. Youth work approaches were found to be effective in re-engaging pupils who had, for various reasons, become marginalised or disaffected from the formal education processes. The study also found that schools principals and teachers generally responded positively to the interventions of youth work.
workers, as did school pupils. However pupils were not always able to differentiate between youth workers and other 'visiting adults' within their schools, and the report suggests that some informal educational inputs may not need to be carried out by youth workers. Hence the report distinguishes between the role of actual youth workers within schools, and the application of youth work methodologies by other professions within schools.

The report notes that a lack of strategic planning and/or short-term funding has led most youth work providers to offer short-term programmes, and that this is a limitation to the potential of youth work within schools. The findings also note a number of practical and administrative barriers which reflect the differences in the ethos and delivery of formal and informal education. In spite of these, the findings are overwhelmingly positive in terms of the contribution made by youth work approaches in maximising the learning potential of pupils.

Based on the findings, the report identifies a number of evolving models of practice. These include Youth workers coming 'into' the school model; school instigated model; informal intervention model; youth centre 'in' the school model; Youthreach model; supplementary model; complementary model; alternative model' localised contextual model' funding led model; and client led model.

Conclusions: The following points are made in the report's Conclusions:

- The agenda followed by most youth workers in schools is one of personal and social development - however further work needs to be done in terms of identifying and measuring the outcomes from this approach.
- The report indicates that there is no singular delivery mechanism, but that youth workers use the groupwork process and traditional youth work principles as a vehicle for their programmes.
- The school based environment however did, at times, compromise these youth work principles, and the report notes that a number of practical measures should be taken to ensure that youth work in schools maximises its potential.
- The report also concludes that further debate is needed on the potential for a curriculum for youth work in schools.
- The report also refers to the Youthreach programme which operates in the Republic of Ireland, and suggests that the profiling web could be adapted for use in Northern Ireland in the future.

The report contains a number of recommendations for youth workers and schools, and for training and future research.

Report available from:
The University of Ulster at Jordanstown : Community Youth Work Department
Title: Faith based youth work in Northern Ireland

Theme: Faith based

Year of Publication: 2006

Authors: Macauley Associates

Publishers/Agency: YouthNet Faith Based Interest Group

Pages: 60

Aim of Publication: To scope the range of faith based youth work provision within the membership of the YouthNet Faith Based Interest Group and its contribution to social capital in Northern Ireland. A further aim of the research was to scope faith based youth work within the wider youth services in Northern Ireland.

Methodology: Primary data collection included eleven semi structured individual and group interviews with a sample of relevant organisations, as well as a series of telephone consultations with groups beyond the membership of the YouthNet Faith Based Interest Group. A focus group was held with seven youth workers, and two focus groups were hold with a sample of 15 young people who had accessed faith based youth work. Interpretation of the findings was discussed at a workshop with the steering group of the project. Secondary data collection entailed a statistical analysis of data held by the Youth Council NI’s ‘geomapping project’ which relates to all registered youth service provision.

Findings: Statistical data relating to all registered youth provision in Northern Ireland found a significant majority of youth groups are linked to churches. In 2005 there were 1,405 registered faith / church based groups in NI with a total of 98,902 members, 16,457 volunteer leaders and 160 full time youth workers. In total, 68% of all youth groups in Northern Ireland in 2005 were faith / church based, and 58% of the membership of youth groups were participants in faith /church based groups. The statistical analysis also outlines the significant proportions of youth workers and volunteers working with faith/church based youth work provision, and the particularly close connection between many uniformed youth groups and their location in church settings. However the report notes that the terms ‘church based’ and ‘faith based’ are not synonymous, and that some uniformed groups such as Girl Guiding Ulster and Scouts NI do not define their youth work as ‘faith based’ although provision may be delivered at church halls. The report notes that there is currently no form of data collection to audit all faith based youth work, as many groups are not registered with Education and Library Boards and hence do not contribute to centralised data collection.
The report provides qualitative data in terms of the nature of youth work provided by the member groups of the YouthNet Faith Based Interest Group. The members of the group are Baptist youth, Boys Brigade, Catholic Guides of Ireland, Church of Ireland Youth Department, Frontier Youth Trust, Girls Brigade, Methodist Department of Youth and Children’s Work, Presbyterian Church Youth Department, Youthcom, Youth Initiatives, Youthlink, and YMCA.

The findings which relate to provision by these groups include:

- The main outcomes for individual participants are personal and social development, community participation, faith development, local and global citizenship, international service and new practical skills.
- There are good models of faith based youth work targeting social need, and church based youth work has the potential to target social need in a more strategic way.
- There is evidence of the contribution of faith based youth groups to social capital within communities, including citizenship, leadership development, community participation, networks, volunteering, trust and social cohesion.
- There is evidence of faith based youth work bridging the sectarian divide, with good practice in cross community integration and co-operation.
- There is equality of access for all young people to participate in groups represented in the Faith Based Interest Group.
- Barriers to young people accessing this provision include ‘negative perception’ and ‘low profile’

Conclusions
Although the report has some limitations due to the absence of comprehensive statistics on ‘faith based’ provision, the report has indicated the substantial contribution of faith based youth work in Northern Ireland. The qualitative dimension of the report also suggests how faith based youth work contributes to the concept of social capital, to the equality agenda, to targeting social need, and to the Shared Future policy.

The report concludes with ten recommendations for the Faith Based Interest Group. This includes the need to raise awareness of the outcomes of this provision, to counteract negative perceptions of the work held by young people, in increase recognition of the work among a range of partners, to liaise with the Equality Commission in respect of perceived unfair treatment of faith based groups in relation to Section 75, to ensure mechanisms are in place to collect more comprehensive statistics, to generate discussion on segregated provision, to develop a more strategic focus on Targeting Social Need, to stimulate debate within the wider youth service on approaches to spiritual development, and to pursue specific training qualifications for full time faith based youth workers.

Availability:
Report and summary are available from www.youthnetni.org.uk
A scoping study on young people volunteering within the youth sector

Theme: Young people as volunteers in the youth sector

Year of Publication: 2006

Authors: Volunteer Development Agency

Publishers/Agency: Volunteering and Youth volunteering sub group of the Youth Service Liaison Forum

Pages: 69

Aim of Publication: To audit and study young people aged 14-25 involved as volunteers in the youth sector.

Methodology: Both qualitative and quantitative data was sought from a variety of informants as follows:

- A postal questionnaire to all youth service groups which yielded 209 responses (10% response rate)
- A postal questionnaire to all Volunteer Centres which yielded 9 responses (60% response rate)
- Four organisational focus groups, involving 31 respondents
- One Volunteer Centre focus group, involving 10 of the 15 Volunteer Centres
- A total of 43 responses from young people, including 17 young people involved in focus groups, and a further 26 who completed questionnaires.

Findings: The low response rate of 209 from the population-sample of 2165 youth service organisations meant that the research could not provide a definitive number of young volunteers in the youth service, and the results from this part of the study may not necessarily be representative of the youth sector overall. The findings showed that each responding youth group had an average of 15 young volunteers per organisation. The most popular volunteer role for young people was as youth club leader/helper (83%). The majority of young volunteers were in the 16-18 age range, but there were also significant numbers in the 19-21 and 22-25 age ranges. 62% of the young volunteers were female, 32% male, and 6% not specified. Organisations responding to the survey perceived that significant barriers to involving young volunteers appeared to be lack of spare time, lack of confidence, the same young people being asked too frequently, lack of awareness of benefits, never being asked, negative peer pressure, and lack of information. The organisations had a range of support needs in relation to volunteer management and child protection.

Data collected from the Volunteer Centres showed that there was a wide range of roles available to young people through Volunteer Centres, the most popular being
youth club leader/helper and summer schemes. The majority of young volunteers registered with Volunteer Centres were female (69%) and most were in the 16-18 age range. Volunteer Centres felt that a lack of awareness of the benefits of volunteering was a key barrier to involving young people as volunteers.

Focus group data highlighted the benefits of young people as volunteers, both to young people themselves and to the vitality they bring to the work. However some organisations felt that young people have a negative image of volunteering, and within some areas there was also a perceived lack of suitable volunteering opportunities for young people.

Data from young people – collected through questionnaires and focus groups – found that 60% had a very good understanding of volunteering. Failure to get involved in volunteering was linked to negative peer perceptions (47%) as well as a lack of information (26%) and insufficient time (23%). Young people emphasised that the option of volunteering should be promoted through young people themselves.

Conclusions: The report provides a discussion on the findings, and their implications for young volunteers, organisations, the youth service, and government/society. The report notes the changing youth service landscape and the impact of the Youth Work Strategy and the Review of Public Administration. In this environment, the report emphasises the need to maintain and improve levels of support to young volunteers.

The report concludes with a number of action-based recommendations, including:

- Improvements to the management of volunteering processes, to enhance the experience for young people. This includes a support framework, training, youth-led volunteering, recognition and application of the Investing in Volunteers Framework.
- Improvements to the levels and processes of volunteer recruitment. This includes development on an appropriate value base, provision of flexible volunteering opportunities, promotion which involves young volunteers and clarity of information.
- Improvements to the support for youth service organisations. This includes resource implications for sustaining volunteer involvement, a plan to support the role of young people in governance, and support mechanisms for youth sector organisations.
- Recognition from government and society of the contribution made by young volunteers. This includes a volunteering promotion strategy, regular data collection on young volunteers, and a more proactive approach to enabling access to volunteering through the school environment.

Availability: For information on availability contact

Volunteer Development Agency, 4th floor, 58 Howard Street, Belfast BT 1 6PG
Tel: 02890 236100

www.volunteering-ni.org
Aim of Publication: To provide quantitative data for a workforce profile of the Youth Work Sector in NI. This study contributed towards a larger profile of the Skills Needs Assessment of LLUK, which would ultimately support the Department of Employment and Learning in addressing the key themes identified in the Skills Strategy for Northern Ireland.

Methodology: The research drew on a number of data sources:
- Sub-analysis of the ‘geomapping data’ which is collated by the Youth Council NI and which relates to all registered youth groups in NI.
- Stakeholder consultations, which led to surveys within the statutory and voluntary youth sectors to determine ethnic background and qualification levels within the workforce. These surveys captured data on 1,279 youth workers from the statutory sector, and 4,042 paid and voluntary youth work staff from the voluntary sector.
- A survey of 111 Community Youth Work students from University of Ulster, Jordanstown.

Findings:

The findings provide an overview of human resources within the youth work sector. A workforce of over 23,305 people consists of 91.3% volunteers, and 8.7% paid. Of the paid workers, 378 were full time, and 1,650 were part time. However the findings also illustrate that the data collected through the YSI forms and analysed by the ‘geomapping’ project at the Youth Council does not depict the totality of the youth service. The surveys of the statutory and voluntary sectors revealed additional staff numbers, such as regional, field, project, residential centre and training staff.

The findings provide further detail on the qualification levels of those within the youth work sector, providing numbers of JNC Fully Qualified, Accredited, Recognised, Trainee, and Volunteer.
The data also provides detail on the gender breakdown, age categories of workers, numbers who are registered disabled, and ethnicity of workers, differentiating between the voluntary and statutory sectors. The findings also reveal routes of entry into the sector – highlighting the trend for personnel to undergo a progression through part time leadership and youth work courses, from basic to more advanced levels. This trend was evidenced in the analysis of data from the survey of Community Youth Work students, where the common route into the sector was from youth group member, to volunteer, to undertaking basic and then more advanced part time leadership courses, through to becoming a fully qualified full time worker.

**Conclusions:**
The report was commissioned by LLUK who had identified a gap in workforce data in the NI Youth Work Sector as part of its comprehensive study of Skills Needs Assessment within the UK. The findings are therefore primarily intended to fill this gap in knowledge. The author highlights that the route of entry into the Youth Work Sector is a unique characteristic of the sector, and that progression routes may require recognition, support and resourcing in future workforce development skills strategies for the youth sector.
The report also identifies a shortfall with the coverage of the data currently collated by the Youth Council’s ‘geomapping’ project, insofar as certain youth work activities and personnel are not covered within the YS1 data collection forms. The report also provides a useful picture of current Community Youth Work students, and includes qualitative data on their motivation for entering youth work.

**Availability:** Report can be downloaded from LLUK website: reference [www.lluk.org/documents/YW_Profile_NI_FINAL.pdf](http://www.lluk.org/documents/YW_Profile_NI_FINAL.pdf)
Title: A Developmental evaluation of the Spirit of Enniskillen Schools Together Programme 2006-7

Theme: School-based youth work

Year of Publication: 2007

Authors: O'Connor, U, UNESCO Centre, University of Ulster

Publishers/Agency: Spirit of Enniskillen

Pages: 35

Aim of Publication: The Together programme is a partnership between SOE and schools, supporting the local and global citizenship curriculum and vision of a shared future. Since 2004, Together has operated in over 30 schools across Northern Ireland. The programme is delivered by young peer facilitators, leading ‘Dealing with Difference’ dialogue and workshops, residential and conferences. The principal aims of the evaluation were to review impact to date, to consider future direction of the programme, and to assess how non-formal programmes of this nature could operate within the revised school curriculum which was introduced in 2007.

Methodology: The methodology was exclusively qualitative, comprising documentary analysis, interviews with schools, SOE staff and key stakeholders, focus groups with cohorts of pupils from each participating school, and observation of preparation days and inter-school seminars.

Findings: The findings are preceded by a useful and concise review of current educational policy, outlining developments such as the revised curriculum, the Entitlement Framework and the introduction of Learning for Life and Work. Based on stakeholder feedback, the findings are overwhelmingly affirmative about the design and impact of the Together programme, citing it as a unique and innovative approach to diversity and good relations within the formal education sector. Whilst many of the findings are programme-specific, there are issues which can inform and support wider youth services. Overall, the evaluation is encouraging in highlighting the potential value of informal methodologies within formal settings. The findings also emphasise the validity of peer-led learning approaches for subjects such as diversity and good relations. The author also reflects that the evolving policy landscape within schools provides greater opportunities for innovative interventions of this nature.

Conclusions: Although this report is primarily of value to the SOE organisation, it raises many points of relevance to youth services, and particularly to school-based interventions.
Firstly, it highlights the feasibility and potential impact of a peer-based programme of dialogue when dealing with concepts such as diversity, and secondly it highlights an openness within schools to embrace non-formal methodologies. However the report notes certain conditions which are needed to support and sustain such interventions. The report underlines the importance of commitment from senior management and teaching staff, and particularly the co-ordinating teacher. The report also suggests that certain measures need to be taken to embed the programme within the school culture, and to avoid perceptions that the programme is an isolated or external aspect of school life. The report suggests that a process of teacher involvement and teacher development is needed to sustain the project and to lead to a sense of ownership by the school. The report also suggests that, whilst a core agenda is essential to the programme, there must be flexibility to accommodate the individual contexts within each participating school.

The report proposes that several procedural elements are important to the programme, such as development of a mutually agreed contract with schools, informative promotions materials, and shared clarity about the developmental aspect of the programme.

The report also looks at the potential strategic opportunities of the programme, such as the feasibility of enhancing inter-school co-operation through work with clusters of schools, the potential for linkage with Initial Teacher Education (ITE), and the potential to position the programme as a whole-school or school improvement initiative.

In terms of youth service applications, this report is valuable in highlighting the processes by which youth work programmes can develop long term synergy within the formal sector, as opposed to being perceived as short-term or externally-led initiatives.

**Availability**: Can be downloaded from [www.soetrust.co.uk](http://www.soetrust.co.uk)
Title: Cross-community Schemes: Participation, motivation, mandate

Theme: Cross-community

Year of Publication: 2008

Authors: Schubotz, D, and McCartan, C

Publishers/Agency: ARK / QUB

Aim of Publication: To explore the content and process of cross-community schemes, the motivation of participants and youth leaders, and levels of perceived support for the schemes within communities.

Methodology: Data was collected in three strands: i) A set of questions in the 2007 Young Life and Times survey (which had 627 respondents, aged 16), ii) focus groups with participants of four cross-community schemes, and iii) interviews with youth leaders and scheme organisers. The focus group and interview phases of the research were co-designed and co-facilitated by eight young peer researchers with personal experience of cross-community schemes.

Findings: 40% of the respondents to the Young Life and Times survey (ie 627 sixteen year olds) had participated in cross community projects outside of school. The majority (88%) of these described their most recent contact with people from different religious or ethnic backgrounds during such a scheme as positive or very positive, while only 4% indicated that their contact had been negative or very negative. Those who had participated in out-of-school schemes were slightly more likely to be from a Catholic background and/or from less well off households.

82% of respondents agreed or strongly agreed that relations between different religions would improve if there were more community relations projects. Support for this view was strongest among those who had participated in cross-community schemes outside of school and among pupils from integrated schools. Despite this support for schemes, 71% of respondents also felt that cross-community projects can create awkward feelings among participants.

49% of respondents felt that people lack the opportunities to make friends with peers from other religions, with Catholics being significantly more likely to agree to this view. The survey confirmed the findings from previous Young Life and Times surveys, that integration and socio-religious mixing results in more cross-community friendships for 16 year olds. The proportion of respondents who said they had more than ten friends from other religious backgrounds was significantly higher among those who attended cross-community projects (51%) at the time the survey was undertaken. Only 7% of respondents who said they currently attended cross-community schemes had no friends from other religious backgrounds, compared to
32% of respondents who had never attended a cross-community project, and this is a statistically significant difference.

Participation in cross-community projects was similarly related to the proportion of friends which respondents had from other ethnic or racial backgrounds. Respondents who had never attended such projects were most likely to say that all their friends were from the same background as they were themselves. Furthermore, there was a statistical relationship between attending cross-community schemes and the proportion of disabled friends that respondents had. The report suggests that these findings may infer that cross-community projects are good platforms for young people to consider their attitudes and perceptions towards people that are different to them in general, and not just with regard to their socio-religious background.

Focus groups were held with four projects, these being Culture Crosslinks (Belfast), R.E.A.C.H Across (Derry), Ulster Project (Belfast), Voice project (Armagh city and Keady). These were held to determine what motivates young people to attend cross-community schemes outside of the school curriculum. The motives given for participation included having something to do, and meeting people. Those from single-identity schools and/or from segregated neighbourhoods were especially attracted to the opportunity of meeting people from other backgrounds. Most young people described talking about their background and community relations as a bonus rather than the main feature of the projects, and others noted that the projects offered a safe environment in which to discuss community relations. Participants overwhelmingly reported positive experiences in taking part in cross-community projects, including meeting people, confidence building, greater understanding of other cultures, gaining skills, and making long-lasting friendships. However some negative outcomes were also reported, such as being teased, transport being targeted for attack by local youths, general hostility, and losing friends.

The interviews with youth workers found strong commitment to supporting young peoples personal development through facilitating cross-community contact, with workers describing the great sense of personal achievement to witness the positive outcomes among young people. There was strong evidence that youth workers facilitated and encouraged young peoples active participation in their projects. Workers also felt that there is an ongoing need for such projects, as division and bigotry remain within society.

Conclusions: This is an important research report which reaffirms the value of cross-community schemes in non-formal education, and illustrates the contribution made by these projects to community cohesion among young people. The methods used to deliver cross-community projects differed, but more often than not the cross-community focus of the project was wrapped in fun activities to bring people together. The study found that these fun activities were the ‘hook’ to attract more young people into the projects. However once involved in the projects, young people appreciated the opportunities to challenge their views and make friends with peers from other backgrounds.

Availability: Summary report downloadable from www.ark.ac.uk
Aim of Publication: To reflect the views of young people who are not involved in youth services and/or who may be considered socially excluded, with reference to the Department of Education's consultation on the ‘Priorities for Youth’.

Methodology:
In 2009, the Department of Education held a public consultation on ‘Priorities for Youth’ to inform future youth work policy and strategy within Northern Ireland. As part of the consultation, the Northern Ireland Youth Forum were commissioned by DE to elicit the views of young people who were not involved in youth services and/or who may be considered to be socially excluded.

An advisory group of young people was established by NIYF to support an independent Consultation Co-ordinator in designing and conducting the consultation.

Consultation methods included street based consultations using a youth friendly questionnaire, questionnaires distributed during an Opportunity Europe event, an on-line questionnaire, focus groups with young people in participation projects; and focus groups with young people who may be considered marginalised or socially excluded.

In total 939 young people took part, with an average age of 15. This included 129 young people who had attended an Opportunity Europe event, 464 from a series of ten street based consultations (across Northern Ireland) 173 who responded to the on-line survey, and another 173 who participated in focus groups. In total there were 16 focus group sessions, with the target categories of young people being from rural areas, with dependents, offenders/at risk of offending, at risk of educational underachievement, minority ethnic communities, with disabilities, from interface or disadvantaged communities, with cancer or family members with cancer. There were also two focus groups with young people involved in participative structures, which involved 25 young people.

The analysis of the findings was discussed by the advisory group of young people, which helped to generate recommendations for the Department of Education.
Findings:

Local area: Young people identified the need for more ‘places to go’ and ‘things to do’ in terms of improving their life experience. They wanted affordable activities, available in the evenings and weekends, and more opportunity to socialise with other young people. The majority of those consulted were not aware of local projects or groups they could get involved in.

Those at risk of offending noted that there was nowhere in their communities where they could ‘hang out’ and feel safe. They also felt that having nothing to do made them vulnerable to experimenting with criminal activity. Similarly, young people linked the lack of local facilities to the use of alcohol.

Self perceptions: The report notes that young people generally had a positive view of themselves as ‘happy’ and ‘outgoing’. However a small minority described themselves as ‘sad’ or ‘alone’. Young people from some rural communities, focus groups, and urban areas of disadvantage had relatively lower aspirations with regards to their education and future job prospects.

Issues: The issues which were consistently mentioned by young respondents across all parts of the consultation were:
- Creating and maintaining positive networks of friends and family
- Health – both physical and mental
- Alcohol use and misuse
- Availability of finances both for themselves and their families
- Access to reliable and affordable transport

Information and Support: The primary source of information was cited as the internet, followed by school or college. However young people raised concerns that the information from the latter was not always good quality.

Perceptions: The vast majority considered adults to have a negative view of them. They felt that their views are not valued or listened to. Some young people felt that their lives were excessively controlled by adults.

Conclusions: The report makes 21 recommendations – some are relevant to the Priorities for Youth / DE, and some are directed at other government departments. The recommendations are grouped under the headings: Safe Spaces; Future Prospects; Health; Transport; Information and Support; Changing negative perceptions; voice of young people.

Availability: The report can be downloaded from www.niyf.org following the link to Publications, or from www.deni.gov.uk following the link to Youth…Priorities. Alternatively contact the NI Youth Forum at Tel: 028 9033 1990
Aim of Publication: To reflect responses from the voluntary youth sector to the Department of Education's consultation on the 'Priorities for Youth'. Responses were gained from children and young people within YouthNet member organisations and beyond, youth leaders and workers, and senior managers of voluntary youth organisations.

Methodology: In conjunction with a working group of voluntary sector representatives, YouthNet amended the DE consultation questionnaires to provide more focus for voluntary sector respondents. They also developed a framework for focus group consultations with children and young people. The questionnaires were circulated to YouthNet members. In addition, four voluntary sector organisations (Face Inclusion Matters, NI Childrens Enterprise, Public Achievement and Playboard) were appointed to carry out a range of consultations within their constituent groups. The uniformed sector also received a small amount of resources to distribute questionnaires to their local units and provide freepost for returns.

Responses were received from:
- 30 group questionnaires which reflected the collective input of 1122 children and young people;
- 142 responses from individual children and young people;
- 89 questionnaires from youth groups which reflected the collective input of 109 youth workers, leaders or volunteers;
- 42 managers (via written questionnaires and focus groups).

In addition, 97 volunteers gave verbal feedback to YouthNet staff. The report provides both quantitative and qualitative analysis. In terms of responses which draw upon collective inputs, the analysis assumes unanimity within group responses (e.g., it reports findings based on 1000+ children and young people, rather than on 30 groups).

Findings:
The findings are presented in three sections – responses from children and young people; responses from workers, leaders and volunteers; and responses from managers.

Key findings from Children and Young people include:

Recruitment to youth provision is predominantly through word of mouth or friendship groups. A high number indicate they are also involved in sports. Those
who do not get involved in youth activities are deterred due to lack of facilities, no access to transport, or because activities are too expensive. More children and young people would become involved if there were more/improved facilities, and if programmes were more relevant and developed through consultation. The main issue for children and young people was ‘having something to do and somewhere safe to go’. Parents and family were cited as the main source of help and access to information. The majority felt adults listened to them, although they believed in the main that adults have a negative view of them. Transport was cited as a major issue particularly for those with disabilities and those from rural areas. Minority groups all identified the need for integrated provision and greater awareness raising of their specific needs or issues.

Key findings from youth workers, leaders and volunteers include:
Alcohol, drug abuse, and family problems were identified as key issues for young people by those who work with them. Securing adequate resources, less short term funding, and recruitment/retention of volunteers, were cited as the greatest pressures on youth groups. The main types of youth work used were group work and personal, social and spiritual development – primarily within the community. The majority agreed that the current youth service age range of 4-25 was appropriate, and identified that the priorities for the service should be greater investment, recognition and support for volunteers, and tackling prejudices and sectarianism. The majority had been aware of the 2005-08 youth work strategy but were not familiar with the detail of it. Findings also covered evaluation approaches, participation of young people in programme development, and collaborative work with schools.

Key findings from managers include:
Managers believed that the previous youth work strategy 2005-08 had a limited impact on delivery at local level, but had led to greater collaboration between the voluntary and statutory sectors. Local planning and stakeholder engagement were viewed as key to the development of youth priorities. It was also felt that youth service providers could contribute to the community planning process. The importance of reviewing the global youth work budget and of embedding the principles of the Compact within the forthcoming Education and Skills Authority was highlighted. It was felt that neither youth work, nor the contribution of volunteers, were sufficiently valued by government. Findings also covered views on the youth service age range, inclusion, and the primary focus of youth work as personal and social development.

Conclusions:
The report is a collation of the views of a range of youth service stakeholders in terms of the DE Priorities for Youth consultation, and does not include Recommendations.

Availability: The report can be downloaded from www.youthnetni.org.uk following the link to Policy papers and Briefings, or from www.deni.gov.uk following the link to Youth…Priorities.
**Title:** An independent analysis of responses to the Department of Education’s Priorities for Youth consultation

**Theme:** Strategy for youth work in Northern Ireland

**Year of Publication:** 2009

**Authors:** Haydon, D & McAlister, S

**Publishers/Agency:** Department of Education

**Pages:** 240

**Aim of Publication:** To reflect responses to the Department of Education’s consultation on the ‘Priorities for Youth’. Responses were gained from children and young people, youth work practitioners, youth service managers, and other stakeholders.

**Methodology:** As part of the Priorities for Youth consultation, the Department of Education devised three questionnaires to target a) children and young people b) youth workers, leaders and volunteers, and c) managers in youth or relevant children’s services. In addition to this, DE commissioned NI Youth Forum and YouthNet to consult with stakeholders (their separate reports are summarised at YW: 16 and YW:17 above).

This independent report focuses exclusively on the consultation responses returned directly to DE, and not to the NIYF and YouthNet surveys.

In total, the report analyses responses from 1728 children and young people, 135 youth workers, leaders and volunteers, and 64 managers in youth or relevant children’s services. The questionnaires included both qualitative and quantitative questions, and hence data analysis included both thematic qualitative analysis and statistical data analysis.

**Findings:** The report is divided into three main sections – responses from children and young people, responses from youth workers, volunteers and those from managers. Given the volume of questionnaires received and the complexity of the data, the report runs to 240 pages and provides an extremely comprehensive insight into the views of a range of youth service stakeholders. The findings are too numerous to list, but key findings for each section include:

**Children and Young People**

**Reasons for attending youth provision:** Multiple reasons were given for why they attend youth provision. It provides children and young people with something to do in their free time, social opportunities, the chance to learn new skills, and the opportunity to have a voice. Overall the study confirms that young people are primarily attracted to the social, activity and fun aspects of youth provision, with relatively small numbers getting involved for skills development or qualifications. Those who got involved in youth provision in an effort to boost self-confidence and enhance social skills were primarily in the older age groups (16-18). Youth provision...
also provides an important social outlet for a range of marginalised children and young people, and enhances a sense of belonging.

**Barriers to involvement in youth provision**: Reasons for not getting involved varied, and included lack of awareness of provision, lack of confidence, fear of being judged negatively, lack of appropriate provision, transport issues, or the perception that provision was poor, is too adult-led or does not meet needs. By corollary, it was suggested that more young people would attend if there was a better range of provision, greater diversity of activities available, peer recruitment, and greater opportunities for young people to input into the design and running of provision.

**Issues**: The main issues for respondents were schoolwork, peer pressure, having something to do, alcohol/drug abuse and bullying. However the study found that issues are often dictated by age, locality and personal circumstance.

**Help, information and support**: A variety of sources of help were identified by young respondents – notably, youth workers were frequently identified by those from marginalised groups as a source of help.

**Children and young people’s voices**: Half the sample felt they were listened to by adults (though not all adults). Very few of those in the marginalised groups felt that adults listened to them.

**Perceptions**: The vast majority felt that adults view children and young people negatively, as troublemakers, irresponsible or unimportant.

**Youth workers, volunteers and managers**

Respondents felt that whilst the sector is valued by its direct stakeholders, it is generally not valued in wider society, and this is reflected in under-resourcing, relatively low professional status, and an underestimation of the social and educational contribution of youth work.

In terms of the focus of youth work, there was a lack of consensus about retaining the existing 4-25 age range, but agreement that youth work should be provided in a range of contexts and should continue to offer a range of approaches. Asked whether provision should be universally available or should focus on the most disadvantaged children and young people, there was firm agreement that it should be universal.

In terms of perceived priority issues for youth work, responses included skills development, emotional well-being and alcohol/drug abuse, although respondents emphasised the need to retain flexibility to respond to local factors. Some felt that there should be minimal determination of priority youth issues within a regional strategy. The majority felt that the four themes of the 05-08 Youth Work Strategy were still pertinent and should be retained. There were further ideas and comments on how to progress the themes of Inclusion and Participation.

Respondents provided detailed feedback on how to support youth workers, and the range of training needs among youth work staff and volunteers.

Finally, there was also a range of suggestions relating to the structure and format of future youth work strategies.

**Conclusions**: Based on the consultation responses, the report contains a substantial number of recommendations, primarily for DE in respect of the Priorities for Youth, but also for those involved in wider youth provision.

**Availability**: The report can be downloaded from www.deni.gov.uk following the link to Youth…Priorities. Please note that this is a lengthy report (240 pages) – an executive summary is also available to download.
Title: Research and Evaluation of Youth Intervention Schemes

Theme: Crime prevention and diversion

Year of Publication: 2009

Authors: KPMG

Publishers/Agency: Office of the First Minister and Deputy First Minister (OFMDFM)

Pages: 168

Aim of Publication: Evaluating the impact of 7 youth intervention schemes in the context of crime prevention

Methodology: The fieldwork focused on seven youth intervention schemes, which were operated by:
- Artillery Youth Centre (Belfast),
- Building Bridges Forum (Belfast),
- Boys Model and Girls Model Extended Schools project (Belfast)
- Brownlow Area Youth project (Craigavon),
- Cathedral youth club (Derry),
- Child and Parent Support run by NIACRO (Armagh, Banbridge, Craigavon, Dungannon, Newry) and
- Lisburn YMCA Youth Justice project

Each ‘case study’ is separately reported, and includes analysis of documentary data and socio-demographic area profiles as well as an account of primary data. Primary data was collected by interview or focus group with a total of 54 young people who were involved with the seven schemes, 32 young people from the areas who were not involved with the schemes, 17 youth workers from the schemes, telephone calls to 4 parents of young people involved with the schemes, interviews with a total of 10 community stakeholders and 20 ‘strategic stakeholders’. This latter group included representatives of PSNI, government departments and agencies, and local government.

The report also includes a review of existing evaluations of youth intervention schemes based elsewhere in the UK and in Ireland.

Findings: The report is structured into a review of literature, a detailed case study of each of the seven schemes, and a concluding chapter with recommendations. The seven case studies provide substantial detail about each scheme, including statistical area profiles, an overview of the service provision and activities offered, evidence of the impact of schemes in terms of reducing crime and antisocial behaviour, benefits to young people, an assessment of per capita costs, and feedback from staff, young
people and stakeholders. Each case study concludes with an assessment of ‘what works’ within that particular context.

The actual case studies themselves indicate the range of situations in which intervention takes place within the youth service, from community based youth centres in interface areas of high social deprivation (eg. Artillery, Cathedral), individual referrals for tailored family support (NIACRO) to intensive training to young people referred by the Youth Justice Agency (YMCA) As such, the study does not seek to evaluate ‘like with like’ but focuses on the particular characteristics and strengths of each intervention.

Whilst few of the seven intervention schemes are primarily aimed at crime prevention or rehabilitation, the study finds evidence of the significant positive benefits which each project offers to young people and to their wider communities. This is substantiated by overwhelmingly positive feedback from participants and from the range of strategic stakeholders. The authors are careful to highlight however that youth interventions alone are insufficient to counter the range of social, environmental and familial factors that impact of the likelihood of young people becoming involved in crime and antisocial behaviour. The report stresses that a range of measures addressing the underlying factors that are associated with crime need to be taken in order to maximise the positive impact of youth interventions.

Conclusions: The report concludes that, given the very different characteristics of each case study in terms of their geography, demographic setting, structure, links and activities, no single model exists on which to base all diversionary work. However the findings point to a combination of factors which contribute to the success of schemes in the context of crime prevention/rehabilitation. These include:

- Year round schemes supplemented by additional summer only interventions
- A co-ordinated approach to service delivery
- Schemes that provide a combination of diversionary and developmental activities
- Very early intervention
- Comprehensive, flexible and responsive youth provision
- Inclusiveness (such as user involvement, reaching out to include all young people, and young people from specific minority groups)
- Schemes that support and empower families to encourage young people in positive activities and behaviour
- Inspirational, dedicated, dynamic, suitably qualified and experienced youth workers who are cognisant of the issues facing the local community

By contrast, among the approaches which do not work in terms of crime prevention, are i) youth interventions alone ii) activities that are not age appropriate iii)stigmatising young people iv) short term approaches and v)short term funding for youth worker posts.

This is a comprehensive report, which has both practical application to youth workers and value to policymakers in demonstrating the impact and cost-effectiveness of youth work. Whilst the prime focus of the study is crime prevention rather than the core aims of youth work, the findings do point to the range of personal and social benefits created by youth work interventions.

Availability: Available to download from www.ofmdfmni.gov.uk - search under ‘Youth Intervention’.
Ref: YW: 20

Title: Youth work in Interface communities

Theme: Young people and youth work in interface communities - Greater Belfast

Year of Publication: 2010

Authors: Mc Kevitt, B, Armstrong, H

Publishers/Agency: The Terry Enright Foundation

Pages: 12 (summary report)

Aim of Publication: Research into the views and opinions of young people from interface communities and the views of youth workers and interface workers, with a focus on intervention programmes, youth work and best practice

Methodology: The research comprised a questionnaire survey of 506 young people between the ages of 12 and 25 from the Greater Belfast area, along with five workshops involving young people and youth workers. The latter were facilitated by academics from UUJ and QUB in conjunction with staff from the Belfast Interface Project and the Terry Enright Foundation.

Findings:
Survey responses:
44% of survey respondents had been involved in intervention programmes, 53% had been involved in cross community programmes, and 70% had participated in some sort of summer scheme.

When asked about their knowledge of locally available services, most respondents knew about youth centres, sports teams and leisure centres, whilst there was less awareness of restorative justice programmes, BELB programmes and local interface workers.

When asked to rate the most useful programmes for young people living in interface communities, there was high interest in late night programmes at youth clubs and sports centres, youth centres open at weekends and at times of potential trouble on interfaces, cross community programmes, and sports and residential opportunities.

44% of those questioned admitted to being involved in some form of rioting or stone throwing at interfaces, and 33% had engaged in vandalism. Just under 10% had been involved with either youth justice or the probation service.

When asked to prioritise the most important issue of concern facing young people, by far the most popular response was ‘drugs and alcohol’. The next most frequent responses were ‘peer pressure’ and ‘unemployment’ (although these were identified by significantly fewer respondents than those who cited drugs and alcohol).
Workshop responses:
Young people identified alcohol and boredom as key contributors to risk taking behaviour, with links made between alcohol, violence and rioting at interfaces. Youth workers and interface workers voiced concern about the lack of strategic and targeted investment in interface areas. Short term, sporadic and ‘last minute’ funding was viewed as limiting the impact of their work. Interface workers were also frustrated at expectations of their role as ‘pseudo policing.’ Youth workers felt that their preventative work with young people went unrecognised and undervalued.

Conclusions
The summary report concludes that:

- In the main, young people had some experience of youth programmes. Interventions in interface areas tended to be concentrated during the summer months, and ranged between one or two day initiatives to summer-long programmes.
- The key issues around a lack of appropriate provision included criticism that; the youth service closed down during summer (a time of potential inter-community tension); provision closes at weekends; a lack of provision for the 14+ age group; lack of meaningful consultation with young people; and a perception among young people that they were excluded from communities.
- Both youth workers and young people perceived a lack of planning and preparedness for summer intervention programmes. Failure to consult with children and young people during programme design led to a perception that some initiatives were irrelevant.
- The report identified a need for year round initiatives, based upon need. These should include youth-led work and cross community ventures.
- Initiatives should involve partnership working and be resourced and supported by all arms of government with interdepartmental co-operation and planning. The report notes that currently intervention is seen as the preserve of DE, Belfast city council, and OFMDFM, and it recommends that Health, Culture and Arts, Justice, Social Development and employment should also play a role in intervention work with young people.
- The report proposes that professional youth work, when resourced effectively, can play a vital role in strategic initiatives with young people in interface communities, and that there is also an important role to be played by sports providers who create opportunities for positive relationships, healthy lifestyles and volunteerism.
- The report also recommends that there should be a sharing of best practice in youth intervention work.

Availability: Summary report and statistical tables can be downloaded from www.theterryenrightfoundation.org following link to ‘Interfaces’.

The Terry Enright Foundation, 181 Donegall Street, Belfast BT1 2FJ
Tel: 028 90312831
Title: Youth work Policy and Delivery in Ireland: a North South context

Theme: An overview of youth service policy and delivery

Year of Publication: 2012

Authors: Youthnet, Mc Cready, S, Devlin, M

Publishers/Agency: North South Working group (Youthnet, National Youth Council of Ireland, Education and Library Board Interboard panel, Vocational Education committee, Youth Council for Northern Ireland)

Pages: 45

Aim of Publication: To inform the youth sectors, North and South, on existing and emerging youth service policy and delivery structures in both jurisdictions, in order to identify potential areas for co-operation

Methodology: The report draws on secondary data and a review of policy initiatives in the youth sectors within each jurisdiction. It also contains references to key statistical and financial information. Whilst not a primary research document, the report provides a useful overview to youth work policy and some of the current challenges within the sector, as well as areas for potential North South co-operation.

Findings:
Section 1 outlines existing North/South initiatives, including the NS Exchange Consortium, Causeway, NS Youth Work Alliance, NS Education and Training Standards (NSETS) and structures relating to the EU Peace programme.
Section 2 outlines the policy and delivery context in Northern Ireland, including the structure of the youth service, functions of its component parts, the role of the Youth service liaison forum and Sectoral Partnership group, an outline of Departmental and other streams of funding, statistics on the youth service workforce and participation of young people, and an overview of key youth work and education policy.
Section 3 outlines the policy and delivery context in the Republic of Ireland, including an outline of the service structure, the role of Vocational Education Committees, the Youth Work Act (2001), national voluntary organisations, funding streams, and recent policy developments. It concludes with an overview of current challenges, such as differentiating work with ‘children’ and ‘young people’, the need to assess outcomes, the question of targeted vs universal provision, and workforce issues.

Conclusions: The publication of this report is part of a process which aims to develop future North South co-operation. It will inform the working group in the development of an action plan, for agreement by stakeholders.

Availability: Available to download from www.youthnetni.org.uk
Title: The youth service in Northern Ireland – a statistical and geographic profile of the registered youth service in NI

Theme: Key statistics on the NI youth service

Year of Publication: 2011

Authors: Lowe, H : Youth Council for Northern Ireland

Pages : 50

Aim of Publication : To provide a statistical profile of registered youth groups

Methodology : Youth groups and projects registered with Education and Library boards (ELB) provide a range of data to the ELBs on an annual basis, by completing a ‘YS1’ form. Statistical data from these forms is analysed by the Youth Council NI (YCNI) using Geographic Information Systems (GIS). This report refers to data which was collected in the 2010 data cycle. Headline statistics for 2010 included:

Findings:
- There were 1898 youth facilities, of which over half (54%) were uniformed.
- 152,020 young people attended registered youth groups in 2010 (nb. This figure relates only to registered facilities - additional young people attended non-unit based provision such as summer schemes, area projects etc. When the numbers attending non-unit based provision are added to the unit based, the total attendance is 188,225)
- The distribution of membership within unit based facilities was uniformed 37%, church based 25%, community/vol 27%, controlled 10% and other 1%.
- The majority of youth service members are aged between 4 and 9 years (59%), with 25% aged 13-15, 12% aged 16-18 and 4% aged 19-25.
- In terms of membership as a proportion of the population in NI, it was found that 36.8% of all 4-9 years olds attend youth provision, 55.4% of all 10-12 year olds, 50.5% of all 13-15 year olds, falling to 24% of all 16-18 year olds and 3.2% of all 19-25 year olds. Overall, 40.7% of all 4-18 year olds attend registered youth provision, and 28.9% of all 4-25 year olds.
- Membership of registered youth groups was analysed by gender, community background, ethnicity, disability, and district council area.
- In terms of staffing, 92.7% of staff were volunteers, 5.6% were paid part time, 1.1% were full time workers, and 0.5% youth tutors. Statistics for staffing were analysed according to qualifications, hours worked, weekly contact hours, gender and age of staff.
- Additional statistics were provided for non unit based provision, including Duke of Edinburgh, community relations, summer schemes, courses, outreach work and area projects.

Availability : The detailed NI report is available to download from www.ycni.org following link to Publications
Title: Beyond the Surface

Theme: Young peoples’ responses to the draft Youth Work Strategy

Year of Publication: 2004

Author: Louisa Ward

Publishers/Agency: Northern Ireland Youth Forum

Pages: 35

Aim of Publication: To ascertain the responses of young people to the themes outlined in the draft Youth Work Strategy

Methodology: The main aim was to investigate the views of young people on the Draft Youth Work Strategy (2005-08). Data was collected through focus groups and self completed questionnaires. The participants in the research were aged between 12-25 and came from a broad spectrum from within this age band i.e. gender, religious affiliation and political opinion, rural/urban, disability, race, ethnicity and sexual preference. The young people were contacted with the co-operation of the five Education and Library boards. As well as the co-operation from the boards, regional and voluntary organisations assisted with the recruitment of participants. In total 106 young people were involved in the consultation. Focus groups were seen to be the most effective approach to involving young people and each group was co-facilitated by 2 professionally qualified workers who had research experience. Each focus group lasted approximately 2 hours.

Critique: The four main themes of the draft Youth Work Strategy provided the framework for discussion.

The Findings

- Delivering Effective, Inclusive Youth Work – Respondents felt that accessibility to youth provision should not be determined by the behaviour of the young person, but should instead reflect equality of access. Participants suggested there should be more youth workers going into schools and explaining their work to young people and teachers.

- Participation – Most young people talked of positive experiences in using youth services. They encouraged the youth service to be consistent in its approach to all young people and be more up to date, relevant and accurate with their information. Participants also felt it was important to consult them on all matters and not just the ones adults felt they needed to consult young
people on. A need was identified for more youth workers and detached youth workers to target those not currently involved with the service.

- **Resources and Funding** – Participants felt that training needed to be consistent and accessible to all youth work staff including volunteers. It was expressed that young people in certain areas appeared to have less services than others and they felt strongly discriminated against. When asked about funding the answer was virtually unanimous with all groups believing more money was needed from government sources.

- **Implementation** – Findings revealed that most young people were resolute that they should not only have a role in shaping the vision and future of the service as they were the key stakeholders but they wanted to be involved on all aspects of the youth work strategy. They gave a clear message to current youth organisations about working together with young people to help meet the aims of the strategy.

It was clear from the research that young people found it hard to define *youth work*. It was felt that the final strategy should be easy to read, de-jargonised and with bureaucratic terms avoided.

**Conclusions:**
- Young people want and deserve a strategy and youth service that is inclusive, innovative and meaningful.
- The Youth Service must give consideration to the opinions and take action on the recommendations noted in this report and to ensure that young people are central in any final youth work strategy that emerges. The strategy has to reflect their needs.
- Organisations and agencies in the youth service must work in partnership to deliver a strategy that maintains a good working relationship with other education providers and other relevant agencies and sectors outside the youth service.
- The NI Youth Forum is committed to ensuring young people will continue to be consulted in all aspects of the youth service from design through to evaluation.

**Report available from:** Northern Ireland Youth Forum
Aim of Publication: To assist public sector agencies to plan for young people’s involvement in a strategic manner and a way in which organisational and cultural change can be anticipated and managed.

Methodology: The report presents a theoretical and organisational framework to support public sector bodies to involve young people in decision making, through both short-term consultative events and more sustained involvement in decision making structures. The report also draws upon case study research from 13 examples of young people’s involvement in decision making processes from both the public sector and the youth work sector in Northern Ireland. The case study approach entailed interviews with lead professionals in each context, and separate focus groups with the young people involved. These interviews and focus groups were audio recorded and subsequently transcribed and analysed thematically.

The report acknowledges that there is a considerable amount of literature and expertise already available and focuses on what has been learnt as a result of the many initiatives which currently exist. It recognises that there is no single model to suit all agencies or young people as the needs of groups and communities are often very disparate. The report recommends that organisations develop a structure and procedures suitable for their own young people to ensure that they become actively engaged and that their voice is heard.

The Principles and Structures section refers to Article 12 of the UN Convention on the Rights of the Child which relates to young people’s right to be consulted about decisions affecting them. It also cites local legislation which places statutory duties on
organisations. It refers to evidence that policy and procedures which do not take young people’s views into account can lead to ineffective services and alienation. This section also notes that any youth participation initiative must be meaningful and not tokenistic.

The second section deals with the practice of setting up a youth participation initiative and provides advice and guidance on how to develop a structure suitable for the organisation. The case studies in section 3 provide examples of both short term consultative events and long term initiatives. Each of these profiles gives information on the numbers of young people involved, how events/groups developed and records outcomes or key considerations. The range of examples included illustrates the diversity of youth participation structures available in Northern Ireland and how each has emerged to meet the needs of the young people and their communities.

The Publications section provide references for groups wishing to set up a youth participation project or further develop an existing initiative.

Conclusions:
Each of the case studies has shared learning from its own experience. These include useful tips for other agencies such as providing transport or reimbursing travel costs; having a clearly identified co-ordinator who has a defined role; ensuring the group is representative of young people in the area and providing training and good information to participants. From these comments it is possible to determine several key features which should be considered at the outset of setting up a youth participation group.

Report available from:
Youth Council for Northern Ireland
Forestview
Purdy’s Lane
Belfast
BT8 7AR
Tel: 02890 643882
Title: Young Peoples Views on the Northern Ireland suicide prevention strategy and action plan 2006-2011

Theme: Social inclusion

Year of Publication: 2006

Author: Angela Teggart

Publishers/Agency: Young Citizens in Action (Voluntary Service Belfast)

Pages: 60

Funders: Health Promotion Agency, Youth Council for Northern Ireland, VSB

Aim of publication: The Minister for Health, Social Services and Public Safety established a multi-sectoral Taskforce in 2005 to develop a Suicide Prevention Strategy for Northern Ireland. Young Citizens in Action were tasked with consulting young people on the draft strategy, and this publication reflects feedback from 83 young people.

Methodology: The study combined quantitative methodology (self-completion questionnaires which had been piloted with a group of young people) along with qualitative focus group sessions with young people. The study was concerned to ensure representation from young people around Northern Ireland, and to include a mix of social characteristics (eg. male/female etc). The focus of the study followed the specific questions from of draft suicide prevention strategy consultation document.

Critique: The study not only sought feedback on the draft strategy, but also questioned young people on the consultation process itself. The responses include suggestions for ways to ensure policy consultation is more inclusive to young people in the future. It was suggested that the consultation process (held over early summer) was ill-timed in terms of young people due to:
- Exam period
- A lot of youth groups had closed for the summer
- Young people are ‘winding down’ and reluctant to address such ‘weighty issues’

In addition, young people found that the methodology of the consultation and the sequencing of the strategy development could have been improved:
- Too short a timescale for the consultation process
- Need to ensure consultation is inclusive of illiterate young people
• Questionnaire format can be too ‘old school’ and boring and should instead be in a more young person friendly format
• There was a perception that young people’s inclusion in the consultation process had been added as an afterthought, and that young people’s voices should have been included from the start of the strategy development process

Conclusions:

The study found that young people were generally supportive of the aims and proposed actions of the draft suicide prevention strategy, with some reservations about unrealistic timescales, lack of funding to support the strategy, the need for preventative measures, and the need for non stigmatising support services which are accessible to young people.

Report available from:
Young Citizens in Action, Voluntary Service Belfast
Title: 'It’s always in the back of your mind’ Needs assessment of marginalised young people aged 13-25 years throughout Newry and Armagh

Theme: Participation

Year of Publication: 2006

Author: Youth Action NI

Publishers/Agency: Youth Action NI

Pages: 205

Funders: EU Programme for Peace and Reconciliation, through YESIP

Aim of publication: The aim was to conduct a comprehensive needs assessment of young people aged 13-25 in the Newry and Mourne constituencies.

Methodology: The study was conducted in collaboration with the Community Youth Work Department of University of Ulster, Jordanstown, and involved the development of an action research framework. Central to this was the establishment of a young person’s peer research group to assist with data collection, analysis and dissemination of findings. The research took place over 2004 and 2005 and comprised interviews, focus groups, assessment of existing research, and a mapping of models of practice.

Critique: This is a lengthy report, structured as follows:
Chapter 1 – an outline of the Newry and Armagh area, including statistical information and case studies of young people. An outline of the Newry and Armagh Area Based strategy
Chapter 2 – A rationale for the development of strategic partnerships in the youth work context, and analysis of the implications of these for the voluntary sector.
Chapter 3 – A theoretical framework for the adoption of action research and peer research models, followed by an outline of the methodologies used in the needs assessment study
Chapter 4 – An overview of the research findings, supplemented by models of practice in each of the themed areas (Peace-building ‘Citizenship and Participation’ ‘Education’ ‘Youth Provision’ ‘Employability’ ‘Marginalisation and under-supported groups’ and ‘Partnership working’)
Chapter 5 – Conclusions, Action steps and Recommendations (incorporating models of practice)
Conclusions:
There are around 50 recommendations, grouped under the headings ‘Peace-building’ ‘Citizenship and Participation’ ‘Education’ ‘Youth Provision’ ‘Employability’ ‘Marginalisation and under-supported groups’ and ‘Partnership working’.
The key issues for sustainable and inclusive youth work practice are identified as:

- Opportunities for young people to receive accreditation, but equally opportunities to simply take part
- Better communication about what opportunities are available for young people
- Accessibility of services, particularly for rural and marginalised young people
- The need for feedback to young people following consultation
- Improvements needed to opportunities for participation in decision making
- Local services should cater for holistic needs of young people
- Young people are often unaware of legal rights
- Further investment required in initiatives which train young people as young leaders, peer educators and mentors

Whilst these recommendations are specific to the Newry and Mourne constituencies, the study does offer a model for the development of needs assessments within localities.

The study is also a significant exemplar of the development of peer research models for specific geographical areas, and offers recommendations in relation to the peer research model, as follows:

- Action research needs to be seen and understood as integral to any youth work process
- Develop a resource model and training pack for the youth sector on peer research using practical examples and broad guidelines
- Broadened exposure and growth in activity of peer research. It is one of the most important types of youth work because it allows a forum for opinions to be discussed within a system capable of change
- Meetings which enable adults and young people to discuss and share practice, resources, methods in addressing problems and solutions to action research and peer research issues
- Peer research within the youth work context provides a vehicle for young people’s involvement in public decision making in Northern Ireland

Report available from:
Youth Action Northern Ireland
Title: Turning up the sound : the feasibility of establishing a consortium to support the involvement of children and young people in public decision-making processes

Theme: Involving children and young people in public decision making processes

Year of Publication: 2005

Authors: Paula Keenan and Clare Harvey

Publishers/Agency : Northern Ireland Youth Forum, Save the Children NI, YouthNet and Youth Council for Northern Ireland

Pages : 48

Aim of Publication: To explore the feasibility of establishing a consortium which would support the involvement of children and young people’s decision making into the development of policy and services.

Methodology: The feasibility study focused on the participation of children and young people in decision-making processes relating to policy making and service development within statutory agencies and departments of the Northern Ireland Assembly. Desk research and internet searches were performed to provide an overview of existing resources and material.

The primary method of data collection comprised of structured interviews and focus groups with senior personnel from 30 voluntary sector groups, managers from 14 statutory and public sector organisations and with 10 senior officials at Departmental level. In order to elicit the views of young people, a reference group of 9 young people was established. These participants advised the researchers on the most appropriate questions for interviewing young people. As a result of this process, in-depth interviews and focus groups were conducted with a further 54 young people.

Critique: The feasibility study was designed, firstly, to assess the nature of existing and future participation needs, from the perspectives of young people and statutory/departmental groups. Secondly, it explored whether the appropriate skills and support exist within the ranks of child/youth providers to fulfil this need.

As a general overview, the study found overwhelming support for the development of a strategic and collaborative approach to extend the involvement of young people in public decision making in Northern Ireland. The need for this was affirmed by the potential members of a future consortium primarily voluntary sector groups, by potential service recipients (statutory and departmental bodies) and most importantly, by young people.
There were, however, several important caveats to this support; from young people, the view that participation would have to be meaningful and impacting; from NGO groups there were concerns about the effective operationalisation of such an endeavour; and concerns from statutory bodies and departmental groups centred on ensuring senior level commitment. Many respondents voiced concerns about current and future constraints in terms of adequacy of resources.

**Conclusion**

It is clear from the feasibility study that there are many examples of good practice in relation to the statutory sector consulting with children and young people, most often with the support of external youth agencies. However, a situation persists whereby many statutory authorities do not have the resources, operational capacity or an effective mechanism to fully support the engagement of young people in policy making and service development.

The study proposes the establishment of a Participation Consortium which would be piloted and thoroughly evaluated over a two year period. The focus of this consortium should be to:

- Offer an access point for statutory bodies who wish to consult young people.
- Act as a co-ordination point for the expertise of child and youth providers.
- Offer training and consultancy support.
- Develop and promote standards of good practice in relation to child and youth participation.
- Develop a bank of resource materials in relation to child and youth participation.

**Report available from:**

The Youth Council for Northern Ireland
Forestview
Purdy’s Lane
Belfast BT8 7AR

Tel : 028 90643882
Title: Regional Consultation with young people to assist in the planning and delivery of the NICCY Conference on self harm and suicide among young people.

Theme: Youth participation

Year: 2004

Publisher / agency: Opportunity Youth

Pages: 15

Aim of publication: Report of a regional consultation in preparation for a conference to address the issue of self harm and suicide.

Methodology: A questionnaire was distributed in October 2004 to 595 young people aged 16 to 18 years. This contained questions aimed at identifying issues which young people worried most about and were the same questions used in the previous Design for Living Research (2001). This allowed a comparison to be made over the 3 year period. The questionnaire is included in the report.

38 focus groups, producing 334 responses, were facilitated through peer educators. The questions used in these groups were more specific and also asked participants for their views in shaping the Conference.

Critique: The findings of the consultation make up the rest of the report and are presented in table / graph form. The research carried out in 2001 and 2004 identified the same 5 main concerns:

- Money
- Family problems
- Choosing / starting a job/course
- Friends
- Schoolwork/exams

The ranking differed in the surveys but money issues ranked number 1 in both surveys – from an unprompted list of 18 responses. Money issues also topped the prompted responses from a list of 32 issues.

In response to the question why respondents thought young people resorted to self harm / suicide the top three answers, from a list of 21 given, were:

- mental health related 16%
- bullying / crime related 13.5%
- sexual issues including rape / abuse 12%
A broad range of support services was identified (31) with the top two categories being medicine / allied professions (10%) and teachers/ youth workers and related posts (10%).

The remaining questions related to the format of, and involvement in, the conference.

**The report is available from:** Opportunity Youth
31 Hill Street
Belfast
Ref: PN:07

Title: Youth participation in the democratic process

Theme: Youth engagement in electoral processes

Year of Publication: 2006

Authors: Institute for Conflict Research and Pricewaterhouse Coopers

Publishers/Agency: The Electoral Commission

Pages: 79

Aim of Publication: To study young people's attitudes and behaviour to electoral and democratic processes in Northern Ireland (age group 16-24).

Methodology: The study took the form of a three stage process, with the results of each stage informing the next. Stage 1 was co-ordinated by the Electoral Commission, with facilitation from ICR and Thinkbucket (an arts based project). Stage 2 was co-ordinated by ICR, whilst Stage 3 was conducted by Pricewaterhouse Coopers.

Stage 1 entailed a residential for 16-17 year olds, and a residential for 18-24 year olds. In total 30 young people were involved in Stage 1. Discussion on the democratic process was encouraged through the use of participative and creative activities.

Stage 2 entailed 16 focus groups around Northern Ireland involving a total of 80 young people. The aim of the focus groups was to assess views on politics, elections, voting and democracy, and to help to design Stage 3.

Stage 3 comprised street surveys in all constituencies around Northern Ireland, which collected data from 1113 respondents aged 16-24.

Findings: The qualitative stages of the study found that many young people feel negatively about both politics and politicians, with 16-17 year olds more likely to express these views. Many felt that politics in Northern Ireland focused on religion and political division to the detriment of other mainstream social issues. This was reinforced by the survey data which found that half of the respondents associated politics with the 'peace process'.

The focus groups found that most young people felt frustrated by what they saw as an unwillingness to listen and respond to the views of young people. Nevertheless, the survey found that almost half of respondents believed that politics was relevant to their life.

The majority of residential and focus group participants were aware of electoral processes such as the need to register to vote. The discussions revealed a range of influences and pressures shaping how young people voted, or intended to vote once they reached 18, with consensus that community and family voting patterns were a strong influence on this decision.
Of those respondents to the survey who were eligible to vote, the main reason given for not voting was because they were not registered or hadn’t received a poll card. Almost 40% of those who had not voted said they would be encouraged to vote if politicians focused on issues of interest to them, while 32% said they would vote if they believed it would make a difference. Some practical changes to the voting process were suggested, such as 24 hour polling stations, text voting and voting at weekends.

The participants in the residential and focus groups were asked what would encourage them to become involved in the democratic process. A common response was that politicians have to ‘start to engage with young people and go where they are’. There was also a consensus that more education for young people on politics, elections and voting was required through various outlets, including schools and youth groups.

**Conclusions:** Whilst the report may not have immediate ramifications for the youth work sector, the potential contribution of both formal and informal education is highlighted throughout the report as a vehicle to engage young people in democratic processes. The report does not make specific recommendations, but clearly the findings will inform the future work of the Electoral Commission in terms of encouraging the youth vote.

The report is informative not only for its findings, but also for the literature review on young people and democracy, which includes examples of initiatives adopted in other countries to find ways to encourage young people to participate in the electoral process.

**Availability:** Full report and summary can be downloaded from [www.electoralcommission.org.uk](http://www.electoralcommission.org.uk)
Title: Refer 2 Us – safe and happy consultation report

Theme: Report of peer research with young people

Year of Publication: 2006

Authors: Barnardo’s Northern Ireland

Publishers/Agency: Barnardo’s Northern Ireland

Pages: 17

Aim of Publication: To conduct peer research with children and young people who use Barnardo’s services, with a focus on the question ‘What do children and young people in Northern Ireland need to feel safe and happy?’

Methodology: ‘Refer 2 Us’ is a group of 10 young people aged 15-21 who have been involved with a Barnardo’s service at some point. This group conducted a peer consultation with a further 150 children and young people who had been users of Barnardo’s services. The first stage of the methodology entailed training the Refer 2 Us group in research processes (eg questionnaire design, interview skills, data analysis etc). The Refer 2 Us group conducted data collection over a five week period in 2005, and the study involved almost 150 children and young people who had used Barnardo’s services. Different research methodologies were used to reflect the variable age ranges of respondents (from children of three to young adults in their early twenties). The main method was focus groups, but there were also one-to-one interviews and a small number of questionnaires. The Refer 2 Us group were also responsible for the analysis of the data. As such, this is an example of peer-led research, with young people in control of the project from initial research design to dissemination.

Findings: The findings are presented thematically to reflect the responses to the question ‘What do children and young people in Northern Ireland need to feel safe and happy?’ The responses were:

- Emotional, physical and mental health: Issues raised included young mothers who felt they were isolated from former friends after giving birth, and disabled children and young people who cited examples of discrimination and bullying.

- Protection from harm: Many respondents felt unsafe in their own communities, with issues raised such as the availability of drugs, alcohol related violence, knife crime, internet exploitation, and bullying. There was no obvious urban/rural split, with young people from rural areas expressing as much fear as those from urban areas. Several reasons were cited for feeling unsafe, such as a lack of transport and poor public lighting. The majority of respondents felt that the police did not make them feel safer.
• **Positive family life**: There was great variation in the family-types of respondents. It was particularly apparent with pre-school and primary school children how important family is to their sense of happiness. However not all comments about families were positive, and a number of respondents gave examples of insecure or frightening family life.

• **Community**: 60% of respondents did not feel safe in their own communities. The findings showed that awareness of paramilitary activity increased with age of respondents, with some feeling safe in this environment and some not. Disabled children and young people cited examples of exclusion from community facilities and lack of access to transport, whilst the threat of racism was also felt to inhibit community life.

• **Education**: Most children and young people felt safe in schools and with teachers. However a significant number said they did not feel safe. The quality of the school experience was linked to having friends and having good teachers who they could trust. Respondents of primary school age felt that after-school groups were very important to them, both as a source of educational support and a social outlet. However the disabled children and young people surveyed said that school was mainly where their experiences of bullying took place.

• **Stake in society**: All those interviewed said that they should have a say in the things which affect their lives. However 74% felt that in general children and young people are not trusted to make important decisions, with examples given of social workers, parents and professionals excluding them from key decisions.

**Conclusions**: The importance of this study is twofold. Firstly it provides an insight into the issues which children and young people face in their daily lives, with examples of how disability, young parenthood, family functioning, school and community environment etc can significantly impact on the experience of childhood, adolescence and young adulthood. Secondly, the process of the research itself is important. The research process was entirely driven by a group of young people themselves, and as such they were responsible for the generation of knowledge about their peer group. The findings of the peer-led research were then used as a basis for future planning by Barnardo’s. This demonstrates the genuine embedding of participation into organisational planning and strategy development. The Refer 2 Us group met with the Barnardo’s Children’s Services Management Team, and all service providers of Barnardo’s have been instructed to use the report when planning and reviewing their work.

**Availability**: For availability contact: Barnardo’s Northern Ireland, 542-544 Upper Newtownards Road, Belfast, BT4 3HE Tel 02890672366
www.barnardos.org.uk
Title: Evaluation of Young Voices project 2004-2007

Theme: Evaluation of a participative initiative

Year of Publication: 2007

Authors: Rodney Green Consultants

Publishers/Agency: Include Youth

Pages: 52

Aim of Publication: Young Voices is a participative initiative co-ordinated by Include Youth, which enables young people (aged 16-21) who have experience of the criminal justice system to be involved in policy decision-making processes. This report is an evaluation of 3 years of the project.

Methodology: Evaluation data was collected through personal interviews with eight government and agency representatives and three unit staff at the Juvenile Justice Centre. Questionnaires were completed by a further 10 agency representatives. Three focus groups were held with young people who had been involved with the Young Voices initiative, and a further interview was held with a young person at the Juvenile Justice Centre.

Findings: From 2004-2007 the Young Voices initiative has worked indepth with approximately 100 marginalised and excluded young people, with a further 570 participating in training or consultation events. The evaluation process highlighted key achievements of the project, with evidence of marginalised young people interacting with a wide variety of policymakers.

Conclusions: The report has internal importance to Include Youth, in affirming the positive outcomes of the project and providing information for forward planning. However the research also has wider application in its analysis of the conditions needed to develop participative practice with marginalised young people.

One of the objectives of Young Voices is ‘To produce, promote and disseminate a model for engagement, developing a transferable model of practice for consulting young people at risk’. The report notes that, by 2007, this had been largely achieved but that further work was needed. Based on the evaluative data, the report emphasises a number of underlying principles for engagement, these being:

- Clarity of purpose and realistic goals
- Investment - of time, energy, and resources to adequately and effectively support the process and relationship building with young people and staff
- Respect for young people; listening to them, taking into consideration what they have to say, and treating them as equals in the process
• Adopting an inclusive, non-discriminatory and non-judgemental approach
• Providing feedback to young people/staff/agencies on action taken and demonstrating how their views have been taken into consideration
• Reassurance; providing a safe environment for young people to engage and affirmation that their views will be taken seriously
• Use of appropriate methods/approaches to engaging using what works for them and recognising/rewarding their contribution to the process
• Joint ownership of the process by young people, staff and agency
• The development of appropriate support and working partnerships from others in the community who work with these young people.

Another strategic objective for the Young Voices project was ‘Contribute to the development of mechanisms to link organisations needing to consult young people on policy development, with those who have young people to consult, in a permanent but flexible structure’. The report outlines a proposed positioning of Young Voices within such a model, and emphasises the need for interaction within and between a number of existing participative networks in Northern Ireland.

**Availability:** For availability, contact Include Youth, Alpha House, 3 Rosemary Street, Belfast BT1 1QA Tel: 028 9031 1007
www.includeyouth.org
Ref: PN:10

**Title:** Consultation with young people on the Northern Ireland Network for Youth

**Theme:** Young people’s initial ideas for a regional ‘Network for Youth’

**Year of Publication:** 2006

**Authors:** Northern Ireland Youth Forum

**Publishers/Agency:** Northern Ireland Youth Forum

**Pages:** 24

**Aim of Publication:** Commissioned by the Department of Education, the aim of this study was to gather young people’s initial ideas on the shape and functions of a ‘Northern Ireland Network for Youth’ which would provide a direct interface between children and young people and government providers.

**Methodology:** The consultation process was peer-led, organised by a steering group of 16 young people. The steering group comprised members of Belfast city council youth forum, NIYF, Young Unionists, SELB, Express, Challenge for Youth, RNIB, and Carrickfergus youth council. There was also a number of young people who had no previous involvement of participative structures. The steering group co-ordinated a full day open consultation in October 2006, followed by additional group consultation with Fermanagh shadow youth council and Omagh District youth council. In total 69 young people took part in the consultation, including some young people who had no previous involvement of participative structures.

**Findings:** Consultees were asked to explore four possible models for NINFY, looking at the structures, purpose and functions of NINFY as well as making general observations about key principles. The key findings were as follows:

It was proposed that NINFY should not simply enable a process for government to extract views from young people, but should be beneficial to young people in a range of ways. Therefore there should be forms of learning opportunities for young people, as well as feedback from government. In the same vein, it was felt that young people should have a degree of control over the NINFY agenda, so that it is not simply a mechanism for reacting to a government agenda. This included capacity for NINFY to support young people to engage in local action on local issues, as well as initiating youth-led campaigns.

Other suggested functions of NINFY were to promote a positive voice and image of young people, and to raise the standards of youth participation.

A number of features were seen as fundamental to any proposed model, as follows:
Staffing structures / role of young people: Overwhelming agreement that the Network should be youth-led (in turn it was noted that this feature has implications for young people in terms of time commitment and the need for some form of recompense). Consultees felt that the Network would need to employ staff (adults) but that their role should be supportive rather than directive.

Selection to NINFY structures: There was less enthusiasm the idea of electing members to NINFY, with concerns that elections favour a certain type of young person to the exclusion of others. There was greater consensus that membership needs to be representative of all young people (though avoiding tokenism).

Methods: The involvement of as many young people as possible through a range of roles and activities was an important feature for the consultees. It was felt that NINFY will have more appeal to young people if it is committed to finding ways of engaging with young people and helping them make connections to the Network.

Interaction with government: There was discussion on the need for direct interaction with Government ministers.

Awareness of NINFY: Promotion of NINFY was consistently raised as a critical issue to its success.

Unattached young people: The issue of how to involve young people who are unattached to existing groups was raised as a potential difficulty.

Location: It was proposed that NINFY should have a HQ building and a system of local branches.

Existing structures: In terms of selection methods, it was noted that a range of approaches, methods and structures would be needed to ensure inclusivity. It was proposed that youth councils could be one of these mechanisms, but should not be the sole mechanism for selecting young people at local level.

The report identifies six ‘key things that will make the Network work’, these being:

- Finding ways of including young people
- Making sure that young people know that the Network exists
- Creating effective ways of young people getting involved in the decisions of the Network
- Giving time and space for young people to contribute to the ongoing development of the Network
- Finding ways of ensuring that young people have access to representatives at both local and regional level
- Changes happen as a result of the Network

Availability: For availability contact Northern Ireland Youth Forum www.niyf.org.uk
Title: Audit of participative structures for children and young people in Northern Ireland

Theme: Survey of the location and characteristics of regional and sub-regional participative structures for children and young people

Year of Publication: 2007

Authors: Northern Ireland Youth Forum

Publishers/Agency: The Big Deal

Pages: Summary report: 20, Full report: 51

Aim of Publication: To study existing participative structures involving children and/or young people.

Methodology: The study defined ‘participative structure’ as involving children or young people regionally, sub-regionally or locally to participate as decision makers. The study specifically looked at structures which involved children or young people from more than one unit, group, branch, club or project and/or is a thematic structure. Hence stand-alone local units were not included within the study. The study also took the decision to exclude school-based structures from the study, as these were being separately studied by NICCY.

The Big Deal identified the sampling frame, and self-completion questionnaires were distributed in December 2006. A total of 78 questionnaires were returned, of which 68 were identified as fulfilling the research definition of a ‘participative structure’.

Findings: The findings revealed that participative structures were functioning in nearly all district council areas, with other a third being in the Belfast area. They were evenly split among the voluntary (53%) and statutory sectors (47%). Within the statutory sector, 27 of the structures were facilitated by Education and Library Board youth services, 4 were shadow youth councils/forums, and 1 was a rights-based agency.

The findings revealed that the vast majority of structures existed for young people of post-primary age, and only 4 of the 68 structures had members who were aged 10 and under. Over half the structures were less than three years old.

The key functions of participative structures across the voluntary and statutory sectors appeared to be very similar, with functions including:

- To act as a voice for children and young people
- To be representative of other children and young people
- To address, discuss, debate and input into issues that affect the children and young people in the structure
• To inform the development of the organisation or structure and influence policy and decision-making in the organisation
• To provide the opportunity for children and young people to influence what happens in their own community
• To expand on the skills of the members and feed into their personal development
• To organise events and programmes and participate in local projects and international work
• To provide opportunities for peer advocating, peer research, peer activities and peer support

Shadow councils/forums appeared to have an extra function, to meet with elected members and decision makers within councils.

The study found that the most common activity for participants in the structures was to influence decision making, followed by engagement in organisational planning.

71% of the structures networked, co-operated or worked in partnership with other children/youth participative structures, and this networking was more common in the statutory (81%) than voluntary sector (63%).

The study explored the composition of membership of participative structures, and found that traditionally marginalised or excluded groups were generally well represented in the structures (with the exception of younger children). For example 78% of structures had members from TSN areas, 63% from rural areas, 47% had members with disabilities, 32% had representation from LGBT groups, 25% had members from young offender groups, and 25% had members from black and minority ethnic groups.

Over half of the structures had a membership recruitment policy, and 81% had children protection policies. 72% had a governing document which set out the purpose, roles and responsibilities of the structure and its members. 41% of the structures had their own bank account.

The study found that there were various methods of recruitment to the structures, ranging from open advertising to word of mouth methods.

The study found that respondents were generally confident in running their structures, but that many would like additional forms of support to increase effectiveness and impact.

Conclusions: The audit recommendations include the need to develop support mechanisms and guidance to participative structures, to provide an accessible database of existing structures, to conduct further research into age appropriate mechanisms for younger children, and to raise the profile of participative structures.

Availability: Summary and Full reports are downloadable from www.thebigdealni.com. For hard copies, contact NIYF @ 02890331990
Ref : PN:12

Title: Young Life and Times survey

Theme: Survey of youth opinions on social and political issues

Year of Publication: 2008

Authors: ARK - QUB

Publishers/Agency: ARK - QUB

Pages : Various reports available. Dataset also available on-line.

Aim of Publication: The is an annual survey of 16 year olds from across Northern Ireland, covering a range of issues such as community relations, health, politics, hobbies, pressures, caring responsibilities and so on. The survey is a joint project by Queens University and the University of Ulster.

Methodology : The survey sample derives from the Child Benefit Register. All young people who had a 16th birthday during February 2007 were invited to take part in the survey. Out of a possible 1,925 respondents, 627 young people returned the self completion questionnaire (a response rate of 33%).

The questionnaire is structured as follows :
- **Background** – demographic questions
- **Community Relations** – attitudes towards community relations issues
- **Cross Community contact** – involvement in cross community schemes, social contact with those of different religions
- **Education** – ability to pay for extra curricular activities
- **Family** – caring responsibilities
- **Health** – self esteem (measured through the international GHQ scale), usage of drugs, alcohol, cigarettes, sexual activity, eating habits
- **Hobbies** – types of hobbies, time spent and costs
- **Identity** – national and religious identity
- **Politics** – interest and attitudes to politics
- **Poverty** – perceptions of what constitutes poverty
- **Pressures** – peer pressures (health issues), paramilitary pressure, sources of pressure
- **Rights** – awareness of rights
- **Social capital**

A range of reports are produced, based upon the dataset. The dataset is also available on line. By clicking on a question, the total frequency count is provided, and results can also be crosstabulated according to religion and gender of the respondents.
Findings: A number of research reports are available (on-line) relating to previous YLT surveys. These include reports on school bullying, young peoples perceptions of the environment, cross community integration, health risk behaviours, and stress among young people.

Based on the most recent 2007 data, the researchers have published sub-analyses on Cross Community Schemes, and on Young Carers.

Some of the many findings relating to the 2007 data set include:

- Young people’s optimism about community relations has substantially increased. The proportion of 16 year olds saying that relations between Catholics and Protestants are better now than they were five years ago has risen from 38% in 2006, to 61% in 2007. Almost half of respondents (48%) believe that community relations will continue to improve over the next five years.

- In terms of health risk behaviours, three quarters of respondents had drunk alcohol, almost half had smoked tobacco, and 17% had taken illegal drugs.

- The results also revealed than over one third of girls feel under pressure to lose weight. The main sources of pressure to drink, smoke, take drugs or have sex, was identified as friends and peers, and the media was perceived as the main source of pressure to lose weight.

- Over a third of respondents felt that the government protects the rights of young people adequately or very well, and 4 in 10 felt that they could change the way things are run if they got involved in politics.

Conclusions: Given the wide range of questions put to young people, and the thorough sampling methods utilised by the researchers, the Young Life and Times survey is a valuable tool to those working with or for young people. The dataset is presented in a user-friendly online format, and offers the capacity to explore differences in responses according to religion or gender. As an annual survey, Young Life and Times also provides additional value in terms of revealing lifestyle and attitude trends over time.

Availability: Dataset and reports are available at www.ark.ac.uk/ylt. All work that uses or refers to the survey should acknowledge it using the following citation: ARK. Young Life and Times Survey, 2007 [computer file]. ARK www.ac.uk/ylt [distributor] February 2008
**Title: Young Persons' Behaviour and Attitudes Survey 2007**

**Theme:** Survey of the behaviour and attitudes of almost 7000 young people

**Year of Publication:** 2008

**Authors:** Central Survey Unit - NISRA

**Pages:** Various reports available.

**Aim of Publication:** To examine the behaviour and attitudes of 11-16 yr olds

**Methodology:** From a representative sample of post primary schools in Northern Ireland, 70 schools agreed to participate. One class from each year group was then randomly selected, and pupils asked to complete a questionnaire. In total 6902 pupils aged 11-16 took part in the survey. This is the third Behaviour and Attitudes Survey conducted by NISRA, the previous surveys being conducted in 2000 and 2003. Results from previous surveys are also available on the website below.

**Findings.** The results are too numerous to detail here, but include:

**Demographics:** The majority (92%) were born in Northern Ireland. Less than a tenth (9%) said their household included persons from more than one community background. 84% of respondents’ fathers and 69% of their mothers were in employment.

**Social support:** Almost all (96%) felt they have family/friends who do things to make them happy. In the four weeks prior to the survey, 16% felt negatively about their body image and looks, 12% felt negatively about their school work.

**Money:** The majority of pupils learn to manage money from their parents or guardians. If they received £100 as a present, over half said they would save and spend some, 29% would save it all, and 17% would spend it all.

**School:** 78% of pupils like school at present. However 84% feel a certain amount of stress due to school work, and 37% sometimes have sleep problems because they are thinking about school. 37% feel their parents or guardians expect too much of them at school. 20% have skipped classes this term, and 7% have been suspended or expelled from school. 74% say their school has a school council, and 59% say this is an effective way for pupils to get their views across.

**Subject choices:** When presented with a list of choices for getting a well paid job, 80% think the most important choice is to stay on in education and get as many qualifications as possible.

**Starting a Business:** Just over half of pupils in years 11 and 12 are aware of support available to help start businesses.

**Nutrition:** Just over half (57%) eat fruit at least once a day. Only 15% eat 5 or more portions of fruit or vegetables a day. 86% have been taught about healthy eating at post primary school. 18% of girls, compared to 8% of boys, are on a diet to lose weight. 43% of girls and 23% of boys think they are too fat.

**Sports and Physical Activity:** 91% generally enjoy doing sports or physical activity. During the week prior to the survey, 84% of pupils had exercised to the extent that made them out of breath. Approx a fifth (21%) reported being less physically active during holidays than term-time. Almost half (47%) are member of a school sports club or team. On school days, 32% watch TV, videos or DVDs for at least 2 hours, and 23% play computer/console games for at least 2 hours.
Libraries, Museums and Arts: 17% go a public library at least once a month. Over half (53%) never go to a public library. 66% had been to a museum in the 12 months prior to the survey, 44% of these as part of a school trip. In the 12 months prior to the survey, 42% had taken part in creative activities in their own free time, and 41% had read for pleasure.

Modern Technology: 92% of pupils have access to a computer/laptop at home. Of these, 95% have internet access. Three quarters of pupils are members of networking site such as Bebo, Myspace etc. 93% of pupils have access to a mobile phone, 85% own or use MP3 players, and 69% have access to a digital camera.

The environment: The most important environmental issues for pupils are the loss of plants, animals and habitats (68%) followed by litter/waste management (62%).

Travelling to school: Half of pupils travel to school by bus. Just under half (45%) qualify for free school transport. 20% who travel by bus feel unsafe due to overcrowding and passenger behaviour.

Road safety: 77% always wear a seatbelt in the front seat, and 71% in the back seat. 55% never wear a cycle helmet.

Policing: More than half of pupils have had contact with a police officer in the 12 months prior to the survey, mainly through attending talks at school. 53% think the police treat young people very fairly or quite fairly.

Domestic violence: The survey assessed attitudes towards domestic violence among a sub sample of pupils form Years 11 and 12.

Anti social behaviour and Personal safety: In the 12 months prior to the survey, 21% of pupils had received complaints from neighbours due to them being noisy or rude near the home. 16% of pupils have attacked, threatened, or been rude to someone for a reason other than religion, race or skin colour. 15% had been involved in vandalism. In the 12 months prior to the survey, 16% of pupils have been bullied, and 10% have had things stolen from them that they were carrying/wearing. Over half of pupils (52%) have seen someone else being bullied in the 12 months prior to the survey.

Knife culture: 12% of pupils have carried a knife as a weapon. Of these, 4% have used a knife to injure someone, and almost a fifth (of the 12%) have used a knife to threaten someone. Of those who carry a knife, just under half (49%) do so to help them feel safer.

Smoking: Just under a quarter of pupils (24%) have smoked tobacco, with four fifths of these having smoked at the age of 13 or under. Only 16% of pupils in Key stage 3 (Years 8, 9, 10) have smoked, compared to 37% of those from Key stage 4 (Years 11 and 12).

Alcohol: Just over half of pupils (54%) have taken an alcoholic drink (41% of Key stage 3 pupils, and 73% of Key stage 4).

Solvents and Drugs: 8% of pupils have inhaled solvents. Just under a quarter of pupils have been offered drugs (not counting solvents), of which just under half had tried the drugs. The most common drugs to have tried are cannabis (9%), poppers (6%) ecstasy (3%) and cocaine (3%).

Sexual experience and knowledge: Three quarters of pupils have a boyfriend or girlfriend. 9% of pupils have had sex – the majority of these had used contraception.

Availability: Reports and summary bulletin can be downloaded from www.nisra.gov.uk following the link to Surveys. Further information and hard copies of the survey can be obtained by contacting Central Survey Unit Tel 028 90348219.
Ref : PN:14

Title: Reflect and Review : Youth Councils in Northern Ireland

Theme: Qualitative study of five local youth councils

Year of Publication: 2008

Authors: The Big Deal initiative (based at NI Youth forum)

Pages : 6

Aim of Publication: To gain a more in-depth understanding of local youth councils, their purpose, role, function and value.

Methodology : The youth councils which took part in the study were : Ards (SEELB), Belfast city council youth forum, Craigavon district (SELB), Newtownabbey (NEELB), and Omagh (WELB). Focus groups were conducted with the youth council members, and interviews held with support workers and senior staff from the organisations responsible for each youth council. In the case of the Belfast city council youth forum, an interview was also held with an elected representative of the Council.

Findings: The five youth councils shared similar goals in terms of giving young people in the area a voice. All young members were given the opportunity to be involved in planning and deciding on new goals within their council. The youth councils used different methods to provide a voice for young people, which ranged from members taking part in consultations as representatives of their peers, to seeking the views of the wider constituency of young people within their area. The report provides specific examples of how youth councils have benefited their local community, including suicide awareness training, holding conferences, fundraising, running projects, hosting consultations, and improving facilities. The report also reflects on the range of motivations and perceived rewards from youth council membership, including broader social opportunities and development of skills and experiences which could be transferable to future careers. The study also explored the practicalities of how youth councils are governed, how often they meet, the central role of support workers, budgets, the role of host organisations, training and networking.

Conclusions : The report concludes that youth councils vary in their operation and functioning, but share similar purposes and goals. One area of weakness was deemed to be the lack of structured links with local councillors (other than the Belfast city council youth forum). The information from the study was used to inform the development of the Big Deal youth council guidance pack (details from the Big Deal).

Availability : Report downloadable from www.thebigdealni.com
Title: What Kids Think. Results of the 2008 Kids Life and Times survey

Theme: Survey of all pupils in P7 in Northern Ireland

Year of Publication: 2008

Authors: Kids Life and Times (part of ARK – operated by Queens University Belfast and University of Ulster)

Pages: 5

Aim of Publication: To survey all pupils from P7 on issues that affect them, with a particular focus on school-based issues. 2008 marked the first year of Kids Life and Times, which will be repeated as an annual survey to complement the adult Life and Times and Young Life and Times (age 16) surveys.

Methodology: Following consultation with DE, children, teachers and parents, it was decided to run this as an on-line survey. The research team consulted with children to develop the questionnaire, which included questions on gender, identity, attitudes to school, and the Kidscreen indicators of quality of life. Letters introducing the survey were sent to all primary school principals, and consent forms to all parents. To ensure full coverage, contact was also made with children being taught at home. The online questionnaire featured characters from ‘Bang on the Door’, and each question appeared as text on screen and was also read aloud by actors to facilitate children with either visual or hearing difficulties. The survey was held in June 2008, and 3,440 P7 children participated.

Findings: Hard copy of the main findings is provided in a child-friendly comic. The majority of respondents reported that they were happy at school, with girls being happier than boys in terms of their writing, reading and spelling. Girls were also happier than boys to work by themselves or to be at school. A small minority of respondents reported that there was a lot of bullying at primary school, although 46% said there was a little. Almost a quarter said there was no bullying at all. About a fifth said they had been physically bullied in the last two months, and around 40% said they had been bullied in other ways (eg name calling, being left out of games etc). 94% of girls and 90% of boys said they had their own mobile phone, and 93% said they could access the internet at home. Around 10% of respondents had been the victim of cyber-bullying. In terms of the transfer test (11+), just under half of respondents felt this should be retained, a third said it should be abolished, and a fifth weren’t sure. Those who were most likely to want to keep the test had got an A grade (the survey was conducted in June, and hence test results were known).

Availability: The full data-set can be accessed on-line at www.ark.ac.uk, along with the results comic.
Ref: PN:16

Title: Working it out: seminar report

Theme: Participation projects

Year of Publication: 2007

Authors: The Big Deal initiative

Pages: 33

Aim of Publication: A report from a seminar held for youth and play work practitioners to explore how to enhance and extend children and young people’s participation.

Methodology: This is the report from a seminar hosted by the Big Deal, which took place in Belfast in June 2007. The format comprised of a key note address on behalf of the UNESCO centre, followed by round-table discussions. At each discussion table there was a short presentation by organisations which actively engage children and young people in decision making, followed by group discussion. The questions posed to the 50 delegates were: i) what enables practice ii) what hinders practice iii) beyond money, what one thing would help you in your work iv) identify action to includes the participation of children and young people. Whilst not a research publication, the report is usefully structured to present an overview of delegate responses, and also provides valuable case studies of participative practice from the nine presenting organisations.

Findings: The report provides an overview of the keynote address on a new model of citizenship which engages in civic, political and public spheres. The following ten pages provide an outline of, and contact details for: Down’s Syndrome Association – the Shout project NIPPA – the Toybox project Youth Action NI – the ‘Building Leadership’ programme Playboard – Reclaiming Playspace NEELB – Open Space Technology Children’s Law Centre – Youth@clc YMCA Lisburn – The ‘Preparation for Participation’ programme Barnardos’ – Disabled Children and Young People’s Participation project Public Achievement – WIMPS (Where is my public servant?)

The report concludes with an outline of a presentation by the Curriculum Development Unit, and a summary of the key issues raised during the roundtable discussion.

Availability: Report downloadable from www.thebigdealni.com
Aim of Publication: To explore the lives of children and young people in the context of marginalisation and conflict

Methodology: This was an indepth qualitative study conducted across Northern Ireland. Preliminary focus groups were carried out with 24 young people who had experienced various forms of marginalisation, and these discussions helped to shape the full-scale study.

The six research sites for the full study were selected from communities of high economic deprivation which had been heavily affected by the conflict in Northern Ireland. These six communities were based in each of the six counties in Northern Ireland, and included a mix of urban/rural and religion. Interestingly, the researchers made the decision to avoid Belfast as a research site, due to the volume of research already conducted in the city and the lack of research in smaller towns.

Following the preliminary focus groups, 196 children and young people aged between 8 and 25 participated in the research. These participants were accessed through youth and community groups or organisations. Community representatives also informed children and young people about the research and arranged some meetings. The majority of research participants (No= 173) were 8-17 years, and the researchers noted that they found it relatively difficult to access young adults (No= 23).

Data collection methods for the 196 research participants included a mix of focus groups and individual interviews. Particular care was given both to the research ethics and to the use of appropriate and interactive approaches to engage with participants.

In addition to data collection among children and young people, focus groups and interviews were held with 65 adults across the research sites. These were community representatives from a range of professions including youth and community work, health, child care and family support, training, restorative justice, criminal justice and formal and informal education.

Data analysis used qualitative methods involving thematic coding of transcriptions and interpretive analysis. The report draws heavily on verbatim anonymised quotes from the young research participants.
Findings:
The publication includes a useful literature review including sections on: social constructions of childhood and youth; social and political context (includes health, poverty, conflict, segregation, policing); and children’s rights. The findings are divided into the following Chapter headings: Images of children and young people; Personal life and relationships; Education and employment; Community and policing; Place and identity; Segregation and sectarianism; Violence in the context of conflict and marginalisation; Services and support; The Rights deficit.

The findings within each chapter are detailed and draw on direct quotations to illustrate the range of opinions expressed. The publication also includes a summary of the key issues, and identification of cross-cutting themes which emerged in each chapter. These cross-cutting themes include
Perceptions that a lack of (adult) respect and age discrimination are prevalent at every level in the lives of children and young people; how they are treated by adults (in families, communities and service provision) significantly affects their responses and behaviours
Lack of participation in decisions affecting their lives, leading to feelings of exclusion
The significant, and often defining, importance of family and community experiences in affecting their lives in terms of education, employment, culture, identity, opportunities and inhibitions
The persistence of separatism and its effect in shaping responses towards others
The vital role of relationships between children/young people and significant adults
Social injustice and material deprivation as determining structural contexts which inhibit potential
Despite the rhetoric on children’s rights, these were often not applied within communities or in service provision
The dichotomy between the perceptions and reality of anti-social behaviour

The report provides a powerful insight into the lives of children and young people and the reality of their daily lives. Whilst the research focus is much wider than youth service provision, the report does include some valuable data about the service. In particular, the report confirms the positive impact on young individuals of the relationship of trust between youth worker and young person. For some young people, this relationship compensated for the lack of family support. Of those adults with whom they had regular contact, the report found that children and young people felt most respected by youth workers. However in areas where play or youth service provision was poorly resourced, children and young people interpreted the lack of facilities as an indication of their low status within the community.

Responses from professionals include the perception that programmes are increasingly funding led rather than needs led, that opportunities for qualified youth workers to utilise their skills were limited by administrative demands, and that insecure and short term funding inhibits collaboration and sharing and reduces the potential impact of interventions.

Availability: Download from [www.qub.ac.uk/ctsji](http://www.qub.ac.uk/ctsji) following link to Papers and publications
Title: It's good to listen – experiences of pupils with special educational needs

Theme: School pupils with special educational needs and disabilities.

Year of Publication: 2010

Agency: Education and Library Boards, Staff Commission for ELBs, Council for Catholic Maintained Schools.

Pages: 62

Aim of Publication: To explore the school-based experiences of children and young people with special educational needs and disabilities.

Methodology: Three questionnaires were developed to suit different age groups (Key stages 2, 3 and 4). The questionnaires were piloted in 12 schools, including one special school. It was found that, with amendments, the questionnaires were suitable for pupils in mainstream schools, but inappropriate for pupils from the special school. Instead, there are plans to include pupils from special schools in a future longitudinal study. Therefore the study reflects the views of pupils with special educational needs and disabilities who attend mainstream schools.

The Department of Education Statistics branch identified a representative sample of schools, taking into account school management type and urban/rural locations. Each sampled school was personally contacted by Education and Library Board officers, and the schools which consented to take part were provided with guidance on data collection. In total, 936 pupils in receipt of a statement of special education needs, from 145 primary and 36 post-primary schools, completed questionnaires. The survey was conducted during the school day, and completed by pupils on-line.

Findings:
A high proportion of pupils had a very positive attitude towards school, with over three quarters of the total sample saying they were very happy or quite happy at school. High percentages reported that they spent time with classmates at break and lunchtime (this variable was used as an indicator of inclusion). These positive findings are in spite of the fact that around half of the sample reported that they had experienced bullying behaviour (58% of KS2, 55% of KS3 and 45% of KS4 respondents). It was found that the incidence of bullying was clearly related to the special educational need associated with the pupils. When asked ‘what would you change?’ about the school experience, the responses were clustered around the themes of Curriculum (wanting more or less of specific subjects), School maintenance and facilities (wanting improvements), length of the school day (wanting a shorter day and/or longer breaks), school discipline and bullying, and Teachers and classroom assistants. The report does not include Conclusions /Recommendations.

Availability: Download from www.staffcom.org.uk following link to Disability Survey
Title: Inventing Adulthoods

Theme: Young people in England and Northern Ireland

Agency: London South Bank University

Aim of Publication: To take a holistic and biographical approach to the longitudinal tracking of young people's in research sites in England and NI

Methodology: Inventing Adulthoods is a qualitative longitudinal study of young people in five research sites – four in England and one in Northern Ireland (North-West area). The study gathered data from young people between 1996 and 2006. However in Northern Ireland the study was extended until 2010, to allow the researcher to re-interview some of the research participants for a seventh time. Initially the study used a quantitative approach with a particular focus on values. However after this initial phase, the study adopted a qualitative approach of one to one interviews to gather detailed narratives on young people’s transitions throughout adolescence and into early adulthood.

Given the nature of this qualitative methodology, the sample size is relatively small – the site within Northern Ireland gathered data from around 30-40 young people (aged 11-17 on their first ‘entry’ into the project). The findings cannot therefore be viewed as representative of the population. However this is compensated by the extremely rich data which documents the biographies and critical moments in individual young people’s lives. Data has been analysed in a holistic sense, with the researchers stating ‘we do not fragment these young lives into categories, education, work, health, crime, drugs, but are interested in all aspects of their lives and how they interact in a dynamic process’.

Findings: A number of research publications have emanated from this study including a research report ‘Inventing Adulthoods: a biographical approach to youth transitions’ which can be purchased from the research website. London South Bank university has constructed a detailed website, including archived datasets (work is ongoing in collating the research data).

Critique: Whilst the research does not focus on youth service interventions, both the research methodology and the findings have potential value to the sector. Of particular interest is the methodology which applies a holistic approach to the research participants, so producing unique biographies of each young person's transition to young adulthood. There is potential for the individual case studies to be used as a trigger for group discussions on a range of youth issues.

Availability: Further details of the study are available at www.lsbu.ac.uk/inventingadulthoods.

A full research report based on this study was published in Nov 2011 entitled ‘Growing up in Northern Ireland’ (McGrellis, S) and is available to download at www.jrf.org.uk
Title: Young Life and Times survey 2009

Theme: Survey of youth opinions on social and political issues

Year of Publication: 2010

Authors: ARK - QUB

Publishers/Agency: ARK - QUB

Pages: Various reports available. Dataset also available on-line.

Aim of Publication: The is an annual survey of 16 year olds from across Northern Ireland, covering a range of issues such as community relations, family, identity etc. Additional questions were included in the 2009 survey, funded by, and on behalf of: Patient Client Council (questions on mental health), Volunteer Development Agency (questions on volunteering) and OFMDFM (questions on young people’s awareness of their rights).

The survey is a joint project by Queens University and the University of Ulster.

Methodology: The survey sample derives from the Child Benefit Register. All young people who had a 16th birthday during February or March 2009 were invited to take part in the survey. Those invited had the option of completing the questionnaires through telephone survey, through an on-line questionnaire, or through self-completion postal questionnaire. The majority (almost 80%) chose the latter option. Out of a possible 3798 respondents, 857 young people participated in the survey (response rate of 23%).

The questionnaire was structured as follows:

- **Background** – demographic questions
- **Community Relations** – attitudes towards community relations issues
- **Minority Ethnic groups** - attitudes
- **Family** – caring responsibilities
- **Identity** – national and religious identity
- **Mental health and self harm**
- **Rights** – awareness of UNCRC
- **Social capital**
- **Volunteering**

A range of reports are produced, based upon the dataset. The dataset is also available on line. By clicking on a question, the total frequency count is provided, and results can also be crosstabulated according to religion and gender of the respondents.
Findings: Some of the many findings relating to the 2009 data set include:

Emotional health and well-being: Over one quarter (26%) of respondents said that at some point in the past year they had faced serious personal, emotional or mental health problems. Around one third of this group had sought professional help for their problems. Respondents identified friends, family and GP/counsellors as the main sources of help, listing ‘youth groups’ as the next source of help (rating higher than the internet, religious leaders, school nurse and teachers).

The survey shows a significant relationship between emotional/mental health of 16 year olds and the financial well-being of their families, with those from ‘not well-off’ families much more likely to suffer problems than those from ‘averagely well-off’ or ‘well-off’ families. Over three quarters of respondents from these latter groups reported that they had not suffered problems over the past year, compared to 57% of those from financially not well-off families. The survey also found that those 16 year olds who had accessed mental health services had a more negative attitude towards the services.

The study investigated factors which young people felt may trigger emotional health problems, finding that females were more vulnerable to a range of issues such as body image, homework, and criticism from teachers.

A separate report detailing the findings on mental and emotional health is available to download. See also Reference PN:31.

Volunteering: 49% of all male and 58% of all female 16 year olds said that they had volunteered (this includes informal volunteering). 30% had volunteered for one or more organisation in the past year, 17% had volunteered informally (ie. not for an organisation) and 7% had volunteered both formally and informally. In total, 45% had not volunteered, and 1% did not respond to the question.

13% of 16 years olds surveyed had heard of the Millennium Volunteers Programme.

The survey asked a range of questions about volunteering, including the range of voluntary activity, the perceived benefits of volunteering, barriers to volunteering, and reasons for stopping volunteering.

Rights: One third of respondents had heard about the United Nations Convention on the Rights of the Child (UNCRC), with the majority of these saying they only knew ‘a little’ about the Convention.

Only 8% of the total sample felt that the government acts ‘very well’ in protecting their rights as a young person.

The survey also includes data on attitudes towards community relations and to ethnic minority groups, as well as feelings of national identity. Questions on family life include young people’s caring responsibilities, and questions on the extent to which the credit crunch has affected families. In terms of the latter, only 15% felt that they were unaffected by the recent economic crisis.

Availability: Dataset and reports are available at www.ark.ac.uk/ylt. All work that uses or refers to the survey should acknowledge it using the following citation:

Title: Young Life and Times survey 2010

Theme: Survey of youth opinions on social and political issues

Year of Publication: 2011

Authors: ARK - QUB

Publishers/Agency: ARK - QUB

Pages: Various reports available. Dataset also available on-line.

Aim of Publication: This is an annual survey of 16 year olds from across Northern Ireland, covering a range of issues such as community relations, family, identity and so on. Additional questions were included in the 2010 survey, funded by, and on behalf of: NI Commissioner for Children and Young People, Barnardos, Patient and Client Council, and OFMdFM. The survey is a joint project by Queens University and the University of Ulster.

Methodology: The survey sample derives from the Child Benefit Register. All young people who had a 16th birthday during February or March 2009 were invited to take part in the survey. Those invited had the option of completing the questionnaires through telephone survey, through an on-line questionnaire, or through self-completion postal questionnaire. Out of a possible 3725 respondents, 786 young people participated in the survey (response rate of 21%).

The questionnaire was structured as follows:
- Leisure and Play
- Young Carers
- Rights and Perceptions
- Background
- Identity
- Family
- Social capital
- Community relations
- Sexual risks

Findings: Some of the many findings relating to the 2010 data set – as extracted from the summary leaflet - include:

Young Carers: 10% of YLT respondents said they had caring responsibilities in the past, whilst 9% were currently caring for someone. The greatest proportion (29%) of those with caring responsibilities spent between 5 and 9 hours a week looking after someone, followed by 21% who spent between 3 and 4 hours a week. 40% of young carers looked after the person every day of the week.
Grooming and other sexual risks: 4% of males and 15% of females said that someone had tried to groom them. The average age when this first happened to respondents was 14 years and the most likely way an adult made contact was a social networking site or chat room. Nearly half of these adults were at least 7 years older than their target young person.

3% of all respondents had been offered alcohol or drugs by someone in return for sex. The average age when this happened to a respondent was 15 years. 6% of respondents said they had been taken advantage of sexually while under the influence of drugs or alcohol.

Attitudes to young people: 85% of respondents felt that young people are negatively judged because they are young, with those from poorer family backgrounds being more likely to say this (89%) than respondents from better-off backgrounds (76%). 79% of respondents felt that the media portrayed young people mostly negatively. 30% of respondents said they were ‘regularly’ or ‘all the time’ treated with disrespect because they were young; again, those from poorer backgrounds were more likely to say this (39%). Males were more likely to be told to leave their schoolbag outside shops.

Play and Leisure: Just over one quarter (26%) felt that the leisure facilities in their area were good or very good. 53% of respondents in rural areas felt their leisure facilities were poor or very poor compared to 40% of those who lived in big cities or in their suburbs.

A range of reports are produced, based upon the dataset. The dataset is also available on line. By clicking on a question, the total frequency count is provided, and results can also be crosstabulated according to religion and gender of the respondents.

Availability: Dataset and reports are available at [www.ark.ac.uk/ylt](http://www.ark.ac.uk/ylt) All work that uses or refers to the survey should acknowledge it using the following citation: ARK. Young Life and Times Survey, 2010 [computer file]. ARK [www.ark.ac.uk/ylt] [distributor] April 2011

Additional reports which draw on the 2010 YLT dataset are available from the following organisations:

Playscapes at 16: O’Loughlin, J, Stevenson B, Schubotz, D (summary available at [www.ark.ac.uk/ylt](http://www.ark.ac.uk/ylt))

NICCY: Young people’s thoughts about and experiences of age-related negative stereotyping - an analysis of questions from the LYT survey 2010. Available at [www.niccy.org](http://www.niccy.org)

Not a world away: The sexual exploitation of children and young people in Northern Ireland, Barnardos Northern Ireland (draws on YLT questions, with additional qualitative research data)

Young Carers Too: Devine, P, and Lloyd, K (summary available at [www.ark.ac.uk/ylt](http://www.ark.ac.uk/ylt))
Title: Young Life and Times survey 2011

Theme: Survey of youth opinions on social and political issues

Year of Publication: 2012

Authors: ARK - QUB

Publishers/Agency: ARK - QUB

Pages: Various reports available. Dataset also available on-line.

Aim of Publication: The is an annual survey of 16 year olds from across Northern Ireland, covering a range of issues such as community relations, family, identity etc. Additional questions were included in the 2011 survey funded by OFMdFM and the Psychology Institute UU. The survey is a joint project by Queens University and the University of Ulster.

Methodology: The sample derives from the Child Benefit Register. All young people who had a 16th birthday during February or March 2011 were invited to take part in the survey. Those invited had the option of completing the questionnaires through phone (0.1% of responses), through an on-line questionnaire (6.8%), or through self-completion postal questionnaire (93.2%) 1,435 young people participated in the 2011 survey, with an overall response rate of 37%.

The questionnaire was structured as follows:
- Community relations
- Cross community contact
- Family
- Health
- Identity
- Family
- Minority ethnic groups
- Politics
- Rights and Perceptions
- Sexual health
- Social capital

Findings: Some of the many findings relating to the 2011 data set – as extracted from the summary leaflet - include:

A profile of respondents: 45% male, 55% female. 48% attended a grammar school. 73% lived with both parents. 11% said they had a longstanding illness or disability. 22% said they did not regard themselves as belonging to a particular religion, 42% said they were Catholic, 365 Protestant. 7% of both males and females had been sexually attracted to a person of the same sex at least once.
Just over half described their family’s financial situation as average, just under a quarter said they were well-off, and 19% said not well off. Only 3% of respondents said the recent credit crunch had not affected them. 43% of respondents and their families had been affected ‘a little’, 35% had been affected ‘quite a bit’ and 7% had been affected ‘a lot’.

**Community relations** : 64% of YLT respondents had taken part in cross-community projects, and 85% of these respondents thought that the contact with other young people at these projects was positive or very positive. 12% of respondents said they never socialised or played sports with somebody from a different religious background. 22% of respondents said they had no friend at all from the other main religious community.

**Minority ethnic groups** : Around nine in ten YLT respondents (88%) said they had contact with people from minority ethnic groups. Of these, around seven in ten said that they also had friends from minority ethnic backgrounds. 19% of respondents said they socialised very often with people from different ethnic backgrounds. 36% said they sometimes did, 26% said they rarely did, whilst 16% said they never did. Overall, 6% of respondents said they felt unfavourable towards minority ethnic groups, whilst 42% felt favourable and 47% felt neither way.

7% of respondents had been a victim of racist bullying or harassment in their school and 6% had been racially harassed or assaulted outside of school.

**Sexual experiences** : Lessons at school were identified as the most helpful source of information about sexual matters (42% of respondents saying this), followed by friends (18%) and respondents’ mother (12%). Over six in ten respondents (61%) said they would find it easy to get contraceptives if they needed any.

26% of respondents reported that they had had sex. 46% of these respondents were 16 years of age when they first had sex, 31% were 15 years old whilst the remaining 22% were younger.

**The future** : Respondents were asked whether they thought they would stay in Northern Ireland, or leave at some point. 31% thought they would stay, 48% thought they would leave, 10% were unsure, and 2% said other. The most common reasons cited for potentially leaving Northern Ireland were ‘To go to college/university’, ‘To seek a better future in general’ and ‘Better job prospects elsewhere’. 7% thought they may leave due to the NI conflict.

The Psychology Institute UU funded questions on loneliness (GHQ questionnaire) within the survey – analysis will be published separately. The full dataset for this and additional survey questions is available at the website below.

**Availability:** Dataset and reports are available at [www.ark.ac.uk/ylt](http://www.ark.ac.uk/ylt). All work that uses or refers to the survey should acknowledge it using the following citation: ARK. Young Life and Times Survey, 2011 [computer file]. ARK [www.ac.uk/ylt](http://www.ac.uk/ylt) [distributor] April 2012.
**Ref : PN:23**

**Title: Young people’s views and experiences of the Youth Justice system**

**Theme:** A submission to the Review of Youth Justice

**Year of Publication:** 2011

**Authors:** Include Youth and the Youth Safety Network (the Network comprises Challenge for Youth, Northern Ireland Alternatives and the Terry Enright Foundation)

**Publishers/Agency:** Include Youth / Youth Safety Network

**Pages:** 38

**Aim of Publication:** Qualitative data from 80 young people to inform a submission to the Review of Youth Justice

**Methodology:** Data was collected using a focus group method with 12 groups of young people recruited by Include Youth and the organisations making up the Youth Safety Network. In total 80 young people with a variety of experiences and from a range of geographic areas were consulted. The variety of participant experiences included court, court orders, bail, tagging, alternative education, restorative justice, drugs and alcohol issues, social services, the care system, policing, diversionary services, ASBOs and paramilitaries. Care was taken to plan and tailor the focus group schedules based on the experiences of each individual group. A youth work approach was used to carry out the consultations, and the report cites the principles used when engaging with the groups. The feedback was written up and shared with each group to ensure an accurate representation of views.

**Findings:** The purpose of the report is to provide an accurate verbatim account of the experiences and views of young people, and hence the authors have not included any interpretation or analysis. The feedback is presented as a series of anonymised quotes from young people, listed under the headings of: Demonisation, Early Intervention and family support, Mental health, Drugs and alcohol, Legacy of the conflict, Safety and violence, Looked after children, Police, Restorative justice, Disposal and sentences, Bail, Rehabilitation and resettlement, Courts, and Complaints.

**Availability:** Report can be downloaded from [www.includeyouth.org](http://www.includeyouth.org) following link to Youth Justice

Nb. The Include Youth organisational response to the Youth Justice review is also downloadable at this link, and provides a comprehensive analysis of justice issues.
Aim of Publication: To determine the prevalence of self-harm (investigating gender differences) and to identify factors associated with self-harm among a sample of 3,596 15-16 year olds in Northern Ireland.

Methodology: This study was commissioned by the NI Suicide Strategy implementation body, and funded by the Department of Health, Social Services and Public Safety and the Department of Education NI. The study builds on the Child and Adolescent Self-Harm in Europe (CASE) which to date has surveyed over 35,000 teenagers from 8 European countries. The anonymous self-completion questionnaire was a modified version of the CASE questionnaire, and included sections on lifestyle (tobacco, alcohol and drug use), stressors, attitudes and experience of self-harm, emotional and psychological wellbeing, with additional questions about experience of the NI conflict. The study was conducted in 28 post primary schools across Northern Ireland, and the participating sample comprised 3,596 pupils aged 15-16 (Years 11 and 12). A follow-up survey was conducted six months later with a smaller sample of 987 respondents from 16 of these schools.

Findings: 10% of survey respondents indicated they had self-harmed at least once in their lives. The authors noted that this proportion was significantly lower than in England (13.2%) Scotland (13.8%) and the Republic of Ireland (12.2%) positing that either the lower prevalence is accurate, or that young people in Northern Ireland are less likely to disclose their self-harm. Girls were almost 3 ½ times more likely to report self-harm than boys (15.5% compared to 5.1%), which was consistent with gender differentials found in other European countries. When asked about reasons for their self-harm, most respondents said it was to get relief from a terrible state of mind, just over half reported wanting to die and just under half said they wanted to punish themselves. The least commonly endorsed responses were ‘manipulative’ reasons such as attention seeking or trying to frighten someone. Of those who reported that they had self-harmed, almost 40% had self-harmed more than once in the past. Lifetime self-harm was more common among pupils from
secondary than grammar schools (11.3% compared to 8.5%), and among schools with a higher proportion of free school meals. There were no significant differences according to urban compared with rural schools.

21.7% of respondents reported having had self-harm thoughts without acting upon them, and once again females were more likely to have had these thoughts. The vast majority of those who had self-harmed had not sought professional help for their problems.

The researchers conducted logistic regression analyses to investigate risk factors and motives associated with lifetime self-harm. Being female, heavy drinking, absence of exercise, past year drug use, history of being bullied, physical and sexual abuse, concerns about sexual orientation, anxiety, impulsivity, knowing someone who has self-harmed, and low levels of self-esteem were all independently associated with lifetime self-harm when all of the factors were considered together.

In terms of gender differences, alcohol use, drug use in the past year, experience of sexual and physical abuse and bullying were each independently associated with self-harm among girls. Self-harm was more common where boys’ parents had divorced and when they were living with either one parent or one parent and one step-parent. Absence of exercise and drug use in the past year were lifestyle factors associated with male self-harm, while concerns about sexual orientation, being the victim of bullying and knowing others who had self-harmed were also risk factors for boys. Depression, impulsivity and social perfectionism (believing that significant others have unrealistic expectations of them) were also higher in boys who self-harmed compared to those who did not.

Bullying consistently emerged in all analyses as a correlate or predictor of self-harm.

**Conclusions:** Self-harm usually results from a complex interaction of factors, some of which are clinical or psychological and others are social. Overall the prevalence of self-harm was found to be lower in Northern Ireland than in other UK jurisdiction and the Republic of Ireland.

The authors note the imperative of understanding the varied motives behind self-harm, rather than seeing it as a manipulative behaviour. They note particular concern that the vast majority of those who had self-harmed had not sought professional help even when they recognised that they had personal, social and mental health problems. The authors suggest that more action needs to be taking to promote a ‘culture of help seeking behaviour’ among young people. They also suggest that assessments of psychological well-being in terms of anxiety, depression and self-esteem would be useful in the school context to identify vulnerable pupils.

The report ends with 11 Recommendations, covering the need for more concerted actions in schools, adolescent mental health services, the development of new ways to facilitate young people to disclose sensitive information, and liaison with internet service providers to promote responsible self-harm prevention sites.

Title: The rights and entitlements of young people aged 16 to 17 years across Northern Ireland

Theme: Experiences of poverty; access by 16-17 year olds to specific rights and entitlements

Year of Publication: 2009

Authors: Frances Dowds

Publishers/Agency: Northern Ireland Anti Poverty Network (commissioned by NI Commissioner for Children and Young People)

Pages: 42

Aim of Publication: To investigate specific rights and entitlements of young people and the degree to which they are enacted, with evidence derived from both literature review and focus groups with 16-17 year olds. The report focuses on the policy areas of education, training, employment, and entitlements to welfare benefits, housing and earnings.

Methodology: The report includes analysis of secondary data and statistics relating to economic deprivation, young people living independently/in supported living, NEET, barriers to education, housing and earnings. An appendix to the report provides detailed information on the welfare benefits and economic entitlements available to 16-17 year olds at the time of publication.

Primary data was generated by focus groups. These were held with groups of 16+ year olds deemed at greatest risk of poverty in Belfast, Armagh and Derry, these being: young people in families at risk of poverty, young people living independently/in supported living, and NEET young people. Participants were identified through member groups and contacts of the NI Anti-Poverty Network.

Two fieldwork sessions were held with each of the groups. The first sessions asked young people about their experiences and how they felt their access to rights could be improved. The follow-up focus groups gave participants the ‘right of reply’ to the analysis of findings, and also allowed for additional comment to be included.

In total, 34 young people participated, 18 female and 16 male. Participants had experience of a range of socio-economic barriers, including unemployment, experience of the care system, and being a young parent.

Findings: The findings are presented under the headings: Young people experiencing poverty, Young people in families at risk of poverty, Young people living independently or in supported living, Young people not in education, employment or training (NEET), Impact of social disadvantage on educational attainment, Barriers to education, The high cost of education, Housing, and Earnings.

Statistical data, key points from a literature review, and direct quotes from the focus group participants are included under each section heading.
Conclusions: The report highlights the Concluding Observations on the UK’s compliance with the UN Convention on the Rights of the Child, which had voiced concern at the failure to ensure that all children in the UK reach their full potential. The report makes several concluding observations and recommendations for policy and legislation (nb. The report was published prior to the coalition governments Welfare Reform Bill, and prior to developments such as the NI NEET strategy etc).

The conclusions/recommendations include:

- The education system is failing to meet the needs to the most vulnerable young people
- There is a need to develop specific inclusion policies and interventions for NEET young people
- Data on child poverty should be disaggregated to include different age groups and analysis of gender, lone parent status, disability and ethnicity
- Educational Maintenance Allowance should continue, and should also be extended to young people attending EOTAS programmes
- Accessible information on benefits and entitlements should be made readily available to 16/17 year olds, many of whom have a misperception that they are excluded from all entitlements
- Teacher training should include interactive group work methods to engage disillusioned young people
- All costs of education need to be met, including the hidden costs which are prohibitive to marginalised young people
- Free school meals should be provided to households in receipt of Tax Credits
- The NI Assembly should develop a policy similar to Youth Matters in England
- The UK government should reform the National Minimum Wage to ensure pay parity regardless of age
- NEET young people should have extended entitlements to welfare and housing
- Additional financial help is need for young people leaving care, and they should be afforded priority need status when presenting as homeless
- Greater investment is needed in accommodation options for those leaving care
- There is a need for more community based and specialist youth support projects to address gaps in young people’s knowledge about entitlements. Such initiatives need to provide respect-based approaches and to build self esteem and self confidence among vulnerable young people so that they can make informed choices.

Availability: Report can be downloaded from www.niccy.org following link to Publications from 2009
Title: Teenage Drinking Cultures

Theme: The onset and development of drinking behaviours amongst teenage friendship groups

Year of Publication: 2011

Authors: Percy, A, Wilson, J, McCartan, C, McCrystal, P

Publishers/Agency: Queens University Belfast : School of Sociology, Social Policy and Social Work (research funded and disseminated by the Joseph Rowntree Foundation)

Pages: 89

Aim of Publication: To explore alcohol use within teenage friendship groups and the development of drinking cultures.

Methodology: The study aimed to explore patterns of teenage drinking in the specific context of friendship groups. The sample of 41 young adults (aged 18-19) was drawn from a larger study, the Belfast Youth Development Study (analysis from BYDS data enabled identification of small social networks). The 41 research participants represented eight separate friendship groups. Research participants were interviewed individually, and questions focused on the chronology between their initial use of alcohol until age 18, investigating the evolution of shared beliefs, habits and rituals within each friendship group (ie, idiocultures). The study also looked at how teenagers manage their intoxication, their experience of alcohol-related harm, and the role of relationships both within and beyond the group (eg parents). All interviews were recorded and transcribed, and data analysed using a modified grounded theory approach which identified each peer group as the primary unit of analysis. Whilst there have been various surveys of underage drinking in Northern Ireland, this study is distinct in adopting a micro-sociological perspective which focuses on the micro-culture of groups, as opposed to the macro-culture surrounding teenage drinking. As such, it allows a more discerning insight into the influences of internal peer dynamics on patterns of alcohol consumption and drinking cultures.

Findings: The study found that when drinking, young people want to get drunk, have fun with their friends, and sober up before having to go home. They rarely set out to drink so much that they lose control, and indeed there was considerable stigma attached to getting too drunk. Most teenagers therefore appeared to develop a degree of self-control over their alcohol consumption, drinking enough to ‘keep up’ with their friends but recognising the signs of over-intoxication. However self-regulation was not always effective, and most had suffered relatively minor incidents of harm as a result of intoxication. A
small number had suffered more serious effects of intoxication, including sexual risk taking, violence, or passing out.

Each friendship group developed a specific drinking culture, which was not static but evolved over time as the young people became more experienced consumers. The 8 groups in the study differed in their overall drinking goals. For some the emphasis was on getting intoxicated, and in these groups the volume of alcohol consumed by male group members was a measure of status within the group. For other groups, the goal of drinking was primarily social, and they consumed less.

While major differences in drinking cultures were apparent between the friendship groups, a number of common transitions were identified. Most young people started by drinking sweetened premixed drinks, but quickly expanded their choices to include cider and beer. Once more experienced, alcohol purchases were informed by cost, alcohol by volume, convenience and brand. The amount of alcohol purchased and size of the container was of symbolic importance to young people, who wanted to progress to larger bottles.

Young people drinking at an early age generally drank on the streets and away from adults or older teenagers. As they grew older they generally made the transition from outdoor to indoor drinking either at house parties or in pubs and clubs. Whilst young people used a range of strategies to manage their intoxication, these strategies were less effective when teenagers drank outside their normal context, eg, when their moved drinking locations and when they first drank in licensed premises or other group members’ homes.

The limits that parents imposed on young people’s time, finances and leisure activities provided a boundary inside which the group drinking culture developed. However, young drinkers were constantly attempting to push this boundary by using strategies to avoid parental supervision. Parental attempts to restrict their teenagers’ contact with alcohol seldom led to a reduction in drinking, and on some occasions parents unwittingly increased risk (eg by providing their teenagers with a limited supply of alcohol, without realising that the teenagers already had supplies).

Certain social activities were associated with lower levels of consumption. Young teenagers who were dating tended to reduce alcohol consumption (whereas when teenagers were old enough to drink indoors then there was a mixing of alcohol with dating). Being part of a sports team or being more academically motivated were also associated with reduced levels of alcohol consumption.

Conclusions: The report describes the changing nature of the alcohol landscape, wherein young people are increasingly commodified and are much more able to participate in an expanding consumerist alcohol culture. This new context has not resulted in a major shift in the age of drinking onset or the proportion of consumers, but there has been an increase in the volume consumed by those young people who do drink. Nonetheless, the analysis contradicts the notion of out-of-control binge drinkers, and found that young drinkers place considerable emphasis on being able to control their drinking behaviour. However many self-regulation strategies have limited efficacy, and problems with over-intoxication and risk behaviour do arise. The authors suggest that harm reduction interventions, aimed at promoting and teaching more effective strategies for control and self-regulation would be more appropriate than simple anti-alcohol messages.

Availability: Report can be downloaded from:
Title: What Kids Think. Results of the 2009 Kids Life and Times survey

Theme: Survey of all pupils in P7 in Northern Ireland

Year of Publication: 2009

Authors: Kids Life and Times : a joint initiative by Queens University Belfast and University of Ulster

Pages : 8

Aim of Publication: To survey all pupils from P7 on issues that affect them, with a particular focus on school-based issues. This was the second year of the Kids Life and Times annual survey, which complements the adult Life and Times and Young Life and Times (age 16) surveys.

Methodology: Letters introducing the survey were sent to all primary school principals, and consent forms to all parents. To ensure full coverage, contact was also made with children being taught at home. The online questionnaire featured characters from 'Bang on the Door', and each question appeared as text on screen and was also read aloud by actors to facilitate children with either visual or hearing difficulties. The survey was held in schools in June 2009, and 3,657 P7 children participated.

Findings: Hard copy of the main findings is provided in a child-friendly comic. Findings from 2009 included:

Technology: 93% of children had their own mobile phones, and 98% of their families had at least one computer. 94% of children had internet access, and 28% had internet access in their own bedroom. Almost half of respondents used social networking sites. 40% of boys also said they spent ‘a lot’ of time playing online games, compared to 17% of girls.

School: Girls were more likely than boys to say they were ‘mostly happy’ at school (84% compared to 73%). Girls also said they were more able to pay attention at school than boys (47% compared to 36%) and were more likely to say that they ‘always’ got on well with their teachers (57% compared to 39%). Only 6% of children said there was ‘a lot’ of bullying at their primary school, although 42% said there was ‘a little’, 27% said they didn’t know, and 25% said ‘not at all’. About a fifth said they had been bullied in the last two months (4% said they had suffered ‘a lot’ of bullying and 18% said ‘a little’). The children who said they were ‘mostly unhappy’ at their primary school were 7 times more likely to say they had been bullied in the last two months.

Availability: The full data-set can be accessed on-line at www.ark.ac.uk, along with the results comic.
Title: What Kids Think. Results of the 2010 Kids Life and Times survey

Theme: Survey of all pupils in P7 in Northern Ireland

Year of Publication: 2010

Authors: Kids Life and Times: a joint initiative by Queens University Belfast and University of Ulster

Pages: 8

Aim of Publication: To survey all pupils from P7 on issues that affect them, with a particular focus on school-based issues.

Methodology: The survey was held in schools in June 2010, and 5,192 P7 children participated.

Findings: Hard copy of the main findings is provided in a child-friendly comic. Findings from 2010 included:

School: Overall 83% of children were ‘mostly happy’ at school (85% of girls compared to 80% of boys). The main reasons for being unhappy at school differed by gender. Girls were more likely to cite ‘other kids do not like me’ ‘worry about what school (I am) going to next’ and ‘being bullied’, whereas boys were more likely to cite ‘too much work’ ‘do not like my teacher’ and ‘teacher does not like me’.

44% of boys and 34% of girls felt that there isn’t enough PE at primary school, although some said that they would rather do different kinds of sports or exercise in PE. Boys would prefer more football or rugby, and girls would prefer more netball or gymnastics.

Of the children who took the new transfer test, 17% said they felt under a lot of pressure, 23% felt no pressure at all, and 57% felt somewhere in between. 45% of the children who undertook the new test had a tutor, and 96% had done practice tests. 26% of children wanted to get rid of the tests, 40% wanted to keep them and 34% were unsure.

Children’s rights: About half of the children in the survey knew that they had rights, and only 4% said they didn’t have any rights. 58% said they had been asked by their teacher for an opinion about the way something was run in their school, and the vast majority said that their parents asked their opinions on things that affect them.

Availability: The full data-set can be accessed on-line at www.ark.ac.uk, along with the results comic.
Title: What Kids Think. Results of the 2011 Kids Life and Times survey

Theme: Survey of all pupils in P7 in Northern Ireland

Year of Publication: 2011

Authors: Kids Life and Times : a joint initiative by Queens University Belfast and University of Ulster

Pages: 8

Aim of Publication: To survey all pupils from P7 on issues that affect them, with a particular focus on school-based issues.

Methodology: The survey was held in schools in June 2011, and 4,192 P7 children participated.

Findings: Hard copy of the main findings is provided in a child-friendly comic. Findings from 2011 included:

School: Overall 84% of children were ‘mostly happy’ at school (87% of girls compared to 81% of boys). Nearly two thirds of children had done the transfer tests and about 1 in 5 of these said they had felt a lot of pressure, another 1 in 5 had not felt under any pressure, and the remainder said they felt somewhere in between the two. 15% of children said they had been physically bullied ‘a little’ in the past two months, and 3% said they had been bullied ‘a lot’. A third of children said they had been bullied in other ways, such as being left out of games or verbal bullying. About 12% said they had been bullied by text or on the internet. 75% of girls and 64% of boys said that they would like to go to university when they left school. When asked about what job they would like to do, boys tended to say football/rugby players, followed by doctor, policeman and teacher, while girls said teacher, followed by hairdresser/beautician, vet and doctor.

General happiness: 65% said they were ‘very happy’ with their life, 25% said they were ‘quite happy’ 7% said ‘neither happy nor unhappy’ while 3% said either ‘quite unhappy’ or ‘very unhappy’

Grandparents: 97% of children who had living grandparents said that they were important in their lives, and 62% saw their grandparents at least a few times a week. Almost half of the children said their grandparents looked after them while their parents were at work. Almost a third said their grandparents helped them with homework, played games with them and took them to social activities such as the cinema or sports events. Two thirds said that they had learned something useful from their grandparents, while a third of children said that they had taught their grandparents something useful to them, such as using technology.

Availability: The full data-set can be accessed on-line at www.ark.ac.uk, along with the results comic.
Title: Young Persons' Behaviour and Attitudes Survey

Theme: Survey of 7,616 11-16 year olds
Year of Publication: 2011
Authors: Central Survey Unit NISRA
Pages: 8
Aim of Publication: A periodic survey of 11-16 year olds which explores a range of issues.

Methodology: This is the fourth YP Behaviour and Attitudes Survey (YPBAS) conducted by NISRA, the previous surveys being conducted in 2000, 2003 and 2007. A total of 7616 school pupils aged 11-16 years completed the 2010 survey.

Findings: Among the numerous findings are:
Demographics: The majority of pupils' households comprise a mother (97%), a father(78%) and over half include at least one sibling. 10% of pupils reported that their household included persons from more than one community background. 81% of pupils' fathers and 69% of pupils' mothers were in employment. The majority (91%) of pupils were born in Northern Ireland while 84% of their fathers and 86% of their mothers were born in Northern Ireland.
Social support: Almost all pupils feel that they have family/friends who do things to make them happy (97%). The majority of pupils (93%) felt very or fairly good about their ability to be a friend to others, 89% felt very or fairly good about the things that they can do and 89% felt very or fairly good about their friendships in the 4 weeks prior to the survey. During the same timescale 16% felt fairly or very bad about their body and looks, 13% of pupils felt fairly or very bad about their ability to play sport and 9% of pupils felt fairly or very bad about their school work.
School: Over four fifths (83%) of pupils like school at present. 85% of pupils feel a certain amount of stress due to the school work they have to do and 22% agree that they have difficulty falling asleep because they are thinking about school. 75% find school boring at least some days, 17% have skipped classes or school this term and 6% have been expelled or suspended from school. Three quarters of pupils have received education on the culture and traditions of people of a different race or colour and 89% of these pupils say that they know more about this as a result. 85% of pupils would feel comfortable being friends with someone of a different race or colour. 73% have the chance to give their views about issues that affect them in school. 71% of pupils have a school council at their school and 59% of these pupils think that it is an effective way for pupils to get their views across.
Next steps: Immediately after they finish year 12, 65% of pupils in years 11 and 12 plan to do A Levels, 10% want to do Vocational Qualifications and 6% are not planning to stay on in education. 29% of pupils said that they would only stay in education if they receive an Education Maintenance Allowance.
Nutrition: 85% of pupils have been taught about healthy eating at school (not including Primary School)
Sport/physical activity: 49% of pupils normally spend at least 2 hours a week doing organised PE or games or playing for a school team. Almost half (46%) are a
member of a school sports club or team while 59% are a member of other sports clubs or teams not connected with their school. In the week prior to the survey, 27% of pupils spent more than 10 hours watching TV, videos or DVDs and the same proportion (27%) spent more than 10 hours playing computer or console games.

Play/leisure: 53% of pupils think that the play and leisure facilities in their area are good while 61% would like more opportunities to take part in challenging and stimulating activities. The main reasons stopping pupils from accessing play and leisure facilities in their local area are; not enough time (42%), not enough facilities close to where they live (23%) and the cost of activities (19%). Two thirds of pupils agree that public spaces (e.g. shopping centres and sports centres) create a welcoming environment for young people. The majority of pupils (91%) use social media networks with Facebook being the most popular, used by 84% of pupils.

Libraries/arts: 20% of pupils go to a Public Library at least once a month. Almost two thirds (65%) of pupils had been to a museum in the 12 months prior to the survey. 17% had not done or taken part in an arts activity (reading, painting etc) in the past 12 months.

Travel to school: 44% of pupils qualify for free school transport and of these, 82% use this to or from school everyday. Of those pupils who travel to or from school by bus, 75% find it to be a pleasant experience while 12% feel unsafe mainly because of overcrowding (69%) and passenger behaviour (63%).

Smoking: Just under a fifth of pupils (19%) have smoked tobacco, with just over three fifths (62%) of those having smoked at 13 or under. 56% of those who have smoked no longer do, whilst a quarter smoke everyday.

Alcohol: 46% have taken an alcoholic drink (31% of Key stage 3 pupils and 68% of Key stage 4). Of those who have ever had an alcoholic drink, under half (49%) were aged 13 or under when they had their first drink.

Solvents and drugs: On at least one occasion, 13% of pupils have been offered solvents and 7% of pupils have inhaled solvents. A fifth (20%) of pupils have been offered drugs (not counting solvents) on at least one occasion and 11% of pupils have used or tried drugs (not counting solvents) at some time. The three most common drugs for pupils to have ever used or tried are Cannabis (7%), Legal Highs (4%) and Cocaine (3%).

Personal safety: In relation to their own personal safety, almost a quarter of pupils (23%) are worried about being bullied, 22% are worried about being physically abused and 20% are worried about being sexually abused. In the 12 months prior to the survey, 15% of pupils have been bullied, 7% of pupils have been called names or been harassed because of their religion and 6% of pupils have been harassed/bullied via the internet. During this time over a quarter of pupils (28%) have seen someone else being a victim of physical abuse, while 8% of pupils have become aware of someone else being a victim of sexual abuse.

Sexual experience: 67% of pupils have had a boyfriend or girlfriend. 8% of pupils have had sexual intercourse – four fifths of these pupils had sex for the first time between the ages of 13 and 15. Just under four fifths (79%) of those who have had sex used something to prevent pregnancy.

Attitudes to sexual & domestic violence: Nearly two thirds (63%) of pupils in years 11 and 12 think that girls are more likely to be victims of child sexual abuse.

Availability: The bulletin is available to download at www.csu.nisra.gov.uk following the link to ‘Current Surveys’. The full dataset and questionnaire can be accessed at the same site.
Ref: PN:31

**Title:** The mental and emotional health of 16 year olds in Northern Ireland: evidence from the Young Life and Times survey

**Theme:** Mental well-being of 16 year olds

**Year of Publication:** 2010

**Authors:** Schubotz, D

**Publishers/Agency:** Patient and Client Council

**Pages:** 65

**Aim of Publication:** To investigate young people’s views of mental health and well-being

**Methodology:** The report draws on the finding of successive Young Life and Times surveys, which have monitored the mental and emotional health of 16 year olds since 2004. YLT surveys are conducted annually (for details of methodology, see PN:22).

**Findings:** The following contains extracts from the Key Findings:

**GHQ scale:** From 2004-2008 YLT monitored the mental health of respondents through the 12-item version of the General Health Questionnaire (GHQ12). The GHQ is used to detect the potential of psychiatric disorders in the general population or in particular patient groups. In 2008, 29% of YLT respondents were potential sufferers of a psychiatric disorder, measured by the GHQ12. Females (35%), those from not well-off backgrounds (37%) and respondents who were same-sex attracted (males 25%, females 44%) were disproportionately likely to be GHQ12 cases.

**Self perceptions:** In 2008 and 2009 YLT respondents were asked whether they had experienced serious mental or emotional health problems in the past year for which they felt they needed professional support. The results in both survey years were nearly identical. In 2009, nearly three quarters of respondents (74%) reported that they had not had such problems. Of the 26% of 16-year olds who had experienced serious personal, emotional or mental health problems, only 9% had sought professional help for these problems. Males were less likely than females to report emotional or mental health problems (79% and 71% respectively saying they had no such problems. Those from less well-off backgrounds, as well as those with caring responsibility and those with a longstanding illness or disability were more likely to report emotional or mental health problems.

**Stress:** In 2004, 2005 and 2008, YLT asked respondents about the level of stress
they experienced and about the nature of these stressors. In the 2004 and 2005 YLT surveys 29% and 27% of respondents respectively said that they were often or very often stressed. This figure had increased by 2008 when 39% responded in this way. Females were much more likely than males to say that they were stressed often or very often (36% and 20% respectively in 2004; 35 and 15% respectively in 2005 and 51% and 20% respectively in 2008). Schoolwork and exams were identified by most respondents as the main cause of their stress. Seven out of ten respondents in the 2004 and 2005 YLT surveys identified school as the main source of their stress. This had risen to eight out of ten respondents in 2008. This was followed by family problems which were identified by 26% of respondents in 2004 and 21% in 2005 and by 21% in 2008. Financial problems, being under pressure and problems with friends were the next most common stressors.

Social pressures: High proportions of 16-year olds experienced social pressures to engage in health-adverse behaviours. 76% felt pressurised to drink alcohol, 39% felt pressurised to smoke, 32% felt pressured to lose weight, 22% experienced the pressure to have sexual intercourse and 15% felt pressurised to take illegal drugs. The pressure among females to lose weight was almost 5 times higher than among males (46% and 10% respectively). Social pressures were also much more experienced by same-sex attracted and not well-off respondents.

School bullying: The most recent data available on school bullying in YLT are from the 2008 YLT survey. In that survey, 37% of all respondents said they had been bullied in school. This figure was lower among females (32%) than males (40%)

Causes of mental and emotional problems: Appearance and body shape (50%), too much homework (45%) and criticism from parents and teachers (37%) were identified by YLT respondents as the three main reasons why young people suffer from mental health problems. Females were more likely to identify any of the problems listed, except for the pressure to take drugs (6% males, 4% females). Same-sex attracted respondents were also significantly more likely to experience any of these problems as causes for their emotional health problems.

Sources of support: When asked how helpful a range of people would be to offer support if faced with a mental health problem, the most highly rated responses were friends, parents, siblings, GP or counsellor. Interestingly these were followed in popularity by ‘youth group’, which ranked higher than ‘the internet’, ‘a religious leader’ and ‘a school nurse’.

Self injury: The 2009 YLT survey duplicated many questions used in the international CASE study of self harm. It found that 14% of respondents said they had in the past seriously thought about taking and overdose or harming themselves, and 10% had self harmed. Females were more likely than males to have both thought about and actually self harmed (13% of females had self harmed, compared to 5% of boys).

Availability: Report can be downloaded from www.patientclientcouncil.hscni.net following the link to Publications and 2010